



2010 Atlantic 10 Conference
Men's & Women's Indoor Track Field Championship
Hosted by University of Rhode Island
Mackal Fieldhouse
February 19 – 20, 2010

Friday, February 19, 2010

<u>Time</u>	<u>Gender</u>	<u>Event</u>
<u>Multi Events</u>		
9:00 a.m.	Men	Hept. 55m
9:20 a.m.	Women	Pent. 55m Hurdles
9:40 a.m.	Men	Hept. Long Jump
10:00 a.m.	Women	Pent. High Jump
10:40 a.m.	Men	Hept. Shot Put
11:30 a.m.	Women	Pent. Shot Put
11:40 a.m.	Men	Hept. High Jump
12:30 p.m.	Women	Pent. Long Jump
1:30 p.m.	Women	Pent. 800m
<u>Field Events</u>		
1:00 p.m.	Women	Pole Vault Finals
1:30 p.m.	Men	Weight Throw Trials/Final
2:00 p.m.	Men	Long Jump Trials/Final
3:00 p.m.	Men	Pole Vault Final
3:30 p.m.	Women	Weight Throw Trials/Final
4:30 p.m.	Women	Long Jump Trials/Final
<u>Running Events</u>		
2:00 p.m.	Women	55m Hurdle Trials
2:15 p.m.	Men	55m Hurdle Trials
2:30 p.m.	Women	55m Dash Trials
2:45 p.m.	Men	55m Dash Trials
3:00 p.m.	Women	800m Run Trials
3:10 p.m.	Men	800m Run Trials
3:20 p.m.	Women	1000m Run Trials
3:30 p.m.	Men	1000m Run Trials
3:40 p.m.	Women	400m Dash Trials
3:55 p.m.	Men	400m Dash Trials
4:10 p.m.	Women	500m Dash Trials
4:25 p.m.	Men	500m Dash Trials
4:40 p.m.	Women	5000m Finals
5:25 p.m.	Men	5000m Finals
5:45 p.m.	Women	200m Dash Trials
6:00 p.m.	Men	200m Dash Trials
6:15 p.m.	Women	DMR Final
6:30 p.m.	Men	DMR Final

Saturday, February 20, 2010

<u>Time</u>	<u>Gender</u>	<u>Event</u>
<u>Multi Events</u>		
10:50 a.m.	Men	Hept. 55m Hurdles
11:30 a.m.	Men	Hept. Pole Vault
^TBD	Men	Hept. 1000m Run
<u>Field Events</u>		
9:00 a.m.	Women	High Jump Final
9:00 a.m.	Men	High Jump Final
10:00 a.m.	Men	Triple Jump Trials/Final
10:00 a.m.	Women	Shot Put Trials/Final
12:30 p.m.	Men	Shot Put Trials/Final
12:30 p.m.	Women	Triple Jump Trials/Final
<u>Running Events</u>		
11:00 a.m.	Men	55m Hurdle Final
11:10 a.m.	Women	55m Hurdle Final
11:20 a.m.	Men	Mile Run
11:35 a.m.	Women	Mile Run
11:50 a.m.	Men	55m Dash Final
11:55 a.m.	Women	55m Dash Final
12:00 p.m.	Men	400m Dash Final
12:10 p.m.	Women	400m Dash Final
12:20 p.m.	Men	500m Dash Final
12:30 p.m.	Women	500m Dash Final
12:40 p.m.	Men	800m Run Final
12:45 p.m.	Women	800m Run Final
12:50 p.m.	Men	1000m Run Final
12:55 p.m.	Women	1000m Run Final
1:00 p.m.	Men	200m Dash Final
1:10 p.m.	Women	200m Dash Final
1:20 p.m.	Men	3000m Run Final
1:45 p.m.	Women	3000m Run Final
2:10 p.m.	Men	4x800m Final
2:25 p.m.	Women	4x800m Final
2:40 p.m.	Men	1600m Relay
2:55 p.m.	Women	1600m Relay
3:30 p.m.		Awards Ceremony

^ To be placed on the schedule following the Hept. Pole Vault