

CRIMSON CABARET DANCE TEAM



2008 AUDITIONS



Dance and cheer with The University of Alabama's official dance team—the
CRIMSON CABARET!

- A** Perform half-time and sideline routines at Crimson Tide basketball games
 - A** Travel to the Southeastern Conference Basketball Tournament and NCAA Tournaments
 - A** Perform at University of Alabama events including homecoming activities—parade, pre-game quad performances, and football game
 - A** Perform for charitable organizations, local schools, and spirit events
 - A** Attend UDA Summer College Dance Camp
 - A** Promote spirit and support all University of Alabama athletic teams
 - A** Serve as ambassadors of The University of Alabama and to uphold, reflect, and project the goals and ideals of The University of Alabama
 - A** Maintain a positive attitude and approach every challenge in a professional manner
 - A** Compete for a spot at the National UDA Dance Team Competition in Orlando, Florida
 - A** Operate with a minimum of twelve dancers
 - A** Program consist of dance technique, cardiovascular, and strength training classes
-

QUALIFICATIONS AND APPLICATION INCLUDED IN THIS PACKET

AUDITION REQUIREMENTS

- A** Must be currently enrolled or accepted to The University of Alabama. Attach to the Cabaret application your official letter of acceptance from the University of Alabama's Admissions Office, or for current students indicate current status on the Cabaret application.
- A** Current students must have a cumulative GPA of 2.0 or better.
- A** Must attend a one-day audition on Saturday, April 12, where dance routines and skills will be evaluated; if selected to the team, must attend a ½ day work session on Sunday, April 13. No audition video submission. Refer to the "Audition Schedule of Events" for audition schedule.
- A** Must be able to attend all rehearsals, technique classes, workouts, games, summer rehearsals and other related activities during the 2008-2009 year. Refer to the "Audition Schedule of Events" for summer dates.
- A** No names will be taken prior to mid-January of the audition year.
- A** Must submit the following documentation to be placed on the audition roster:
 1. Application—Attach picture
 2. Proof of Acceptance to The University of Alabama
 3. Student Athlete Information Form
 4. Physician's Physical Release Form dated within the last 12 months and signed by a doctor
 5. Consent to Participate (Walk-On) form
 6. Copy of Medical Insurance Card (front and back)
 7. Crimson Cabaret Rules and Regulations (signed copy)
 8. Disclosure of Confidential Information form

Interested young ladies should complete and mail the eight (8) required documents to The University of Alabama Crimson Cabaret office and a non-returnable photograph of yourself. (Photograph for identification only.)

Send to: Marion Powell, Crimson Cabaret Coordinator
Audition Application
Box 870393
Tuscaloosa, AL 35486-0393

APPLICATIONS FOR THE CRIMSON CABARET AUDITIONS MUST BE IN THE CRIMSON CABARET OFFICE IN COLEMAN COLISEUM, ROOM 202, BY FRIDAY, MARCH 28, 2008, NO LATER THAN 5:00 PM.

Auditions are held in the back gym of Coleman Coliseum, located on Bryant Drive.

QUESTIONS AND ANSWERS

ARE THERE ANY HEIGHT & WEIGHT REQUIREMENTS? You should look well proportioned in dancewear. We DO NOT have specific height and weight requirements; however, a lean figure is demanded by our uniform. Body fat testing and weight is taken and monitored by the coordinator, trainer, team doctor, and/or nutritionist. Dancers should remain in a range of 12-20% body fat and will be taken off the performance roster if varied.

IF I AM CURRENTLY A HIGH SCHOOL SENIOR, CAN I STILL AUDITION? Yes, if you are accepted to The University of Alabama.

WHAT SHOULD I WEAR TO AUDITIONS? You should wear a 2-piece dance attire of your choice. Top—Dance midriff or athletic sports bra top; bottom—dance hot shorts; (optional) skin colored dance tights; and dance shoes of any type

WHAT DOES IT TAKE TO MAKE THE CRIMSON CABARET DANCE TEAM?

Our judges will use the following selection criteria:

Dance Technique and Skills	Showmanship and Projection	Flexibility--High Kicks/Splits
Enthusiasm and Energy	Personal Appearance	Punctuality
Poise	Personality	Team player

WHAT DANCE SKILLS SHOULD I BE ABLE TO EXECUTE?

Skills and dances could incorporate but are not limited to the following: Turns—Pirouettes—double, triple, quad (left and right), Fouettes in second, Chaine, á la seconde turn, Pique, Right needle turn (preferably a double), Illusion turn; Leaps—Grand Jete, Switch Split Leap, Axle, Leap to second or switch second, Straddles, reverse Jetes; Other—Leg extension with and/or without hold

HOW SHOULD I WEAR MY MAKE-UP AND HAIR? Use make-up shades that complement your natural beauty. Hair should be worn in a current hairstyle that compliments your features. Make sure your hair does not hide your face.

HOW WILL I KNOW IF MY APPLICATION WAS RECEIVED? You will receive an e-mail that your application was processed. Any application received without the required forms (8) will not be processed.

WHEN DO I REPORT FOR AUDITIONS? Registration will begin promptly at 8:00 a.m. on Saturday morning in the back gym of Coleman Coliseum. An audition number will be given to each candidate. Numbers must be worn at all times. Auditions will begin at 8:30 a.m. DO NOT BE LATE!

WHAT DO I NEED TO BRING TO AUDITIONS? No food or drinks are allowed in the back gym where auditions will be held, however, water will be provided at breaks. You may bring a snack for the break.

HOW LONG WILL THE AUDITION LAST?

Saturday: 8:30 a.m. until approximately 1:00 p.m.; Cuts will be made after skill evaluations. Should your number be announced, you will advance to the next round and new materials will be taught.

Sunday: If selected to the team on Saturday, you will be required to attend a workshop on Sunday, 9:00 a.m. to 12:30 p.m.

CAN I BELONG TO OTHER DANCE TEAMS and/or DANCE GROUPS? Because of the demanding program requirements associated with the Crimson Cabaret, dancers selected to the Crimson Cabaret team will not be allowed to perform or participate with any other dance teams/groups with the exception of Dance Alabama, ARDT, or those events approved by the Crimson Cabaret Coordinator. Teaching and/or choreographic commitments must be approved by the Coordinator of the Crimson Cabaret.

CAN MY FAMILY WATCH AUDITIONS? No. The auditions are closed to the public.

CRIMSON CABARET DANCE TEAM

Rules and Regulations

SCHOLARSHIPS and ACADEMICS

- ✘ Dancers will receive a stipend that is credited to the individual's fall and spring semester account. In the event a dancer is removed, dismissed, or voluntarily leaves the program, the current scholarship award may be reduced or cancelled and scholarship monies must be reimbursed to The University of Alabama student receivables department. All future scholarship awards will be forfeited. Dancers must participate in all aspects of the program to receive a stipend.
- ✘ Dancers must maintain a 2.0 cumulative GPA, remain a full-time student making satisfactory progress toward degree completion, and pass 24 hours of class work during the academic calendar of fall, spring, and summer.

PERFORMANCE FUNCTIONS

- ✘ Any appearances made by the Crimson Cabaret must be set up and approved by the Coordinator and the Athletic Department.
- ✘ Dancers shall appear only at events/activities which will reflect positively on them as individuals and as representatives of The University of Alabama and Athletic Department.
- ✘ There will be no appearances at political events.
- ✘ Performances include home basketball games, SEC Tournament, and special events.
- ✘ Dancers must be at home games two (2) hours prior to game time.
- ✘ Dancers should report and leave performance functions, including games, in official Crimson Cabaret uniform, applied makeup, and fixed hair.

UNIFORM

- ✘ Basic uniform is provided (consisting of jazz shoes, game attire, pom poms, half-time costumes, national's costumes.)
- ✘ Dance team is responsible for maintaining all uniforms.
- ✘ Uniform must be kept clean at all times. Any articles lost or damaged must be paid for by the dance team member.
- ✘ All uniforms and property of The University of Alabama must be turned in before the next season's final auditions. Uniform items should be worn only by dance team members.
- ✘ Any dance team member terminated from the team should return all uniforms upon termination.
- ✘ "In uniform" means groomed short nails, and no jewelry other than uniform earrings. (practices, appearances, and games)
- ✘ Smoking or drinking is not allowed while in Alabama uniforms or practice wear.

REHEARSALS and TRAINING CLASSES

- ✘ The program consists of team rehearsals, team workouts, and technique class.
- ✘ Rehearsals are from 2-5 times per week. You are expected to attend ALL rehearsals.
- ✘ All rehearsals are scheduled in the evenings; extra rehearsals are scheduled as needed; Fall/Spring semesters: Sunday – Thursday 6:00 p.m. – 9:00 p.m. Rehearsals are subject to change due to available facilities.
- ✘ Cardiovascular and strength work-outs are required. Morning workouts are held at 6:00 a.m. and will be determined at the beginning of each semester.
- ✘ Enrollment and participation for both fall and spring semesters in Advanced Jazz (technique class) through the Arts and Sciences Department at the University of Alabama are required. Class must be attended on a regular basis and dancers must be on time.
- ✘ Any dancer missing a rehearsal prior to a game will not be allowed to perform at the game.
- ✘ Any dancer missing two performances or events is subject to dismissal from the team.
- ✘ Tardiness is inexcusable; a rehearsal tardy will result in not being allowed to perform at a game.
- ✘ Candidates who do not feel they can attend all rehearsals, workouts, and Advanced Jazz classes and be punctual should not audition for the dance team.
- ✘ Dancers will wear a provided practice uniform at all rehearsals. Rehearsal dress code will be strictly enforced.

DRUGS/DRUG TESTING

- ✘ Conduct, which involves the unlawful possession, use, dispersion, distribution, or manufacture of controlled substances by a squad member, shall result in termination from the dance program.
- ✘ Members of the squad are subject to random drug testing by The University of Alabama Athletic Department. If a squad member has a positive test, the Athletic Department will dictate the consequences based on NCAA standards and University policy.

GENERAL

- ✘ Program consists of dance technique, cardiovascular, and strength training classes
- ✘ Dancers must return to Tuscaloosa for summer practices and college dance camp.
- ✘ If selected, your commitment is for an academic year, and may include Thanksgiving, spring break, and a major portion of Christmas break due to athletic tournaments and rehearsals for college nationals.
- ✘ Smoking or drinking is not allowed while “in uniforms” or practice wear, during dance team functions, or on official travel with The University of Alabama. Violations shall be subject to serious disciplinary measures and may include dismissal from the team.
- ✘ Only uniform jewelry is to be worn with the uniform. No body piercing, which also includes the tongue; only acceptable piercing is female’s ears. No exposed tattoos at practices, performances, appearances, or games.
- ✘ A DUI or any arrest issued to a Crimson Cabaret dancer at any time or place may result in termination from the team. An act of stealing will result in termination from the team.
- ✘ Dancers must conduct themselves in an orderly, professional manner and show respect toward Coordinator and team members. They will not use profanity nor pose themselves in an offensive manner toward anyone. Use of profanity at a game or practice will dismiss you from that activity. You may be terminated or suspended for offensive language.
- ✘ Dancers should maintain a neat personal appearance that prohibits a safety hazard and represents The University of Alabama in a manner which upholds its traditions and expectations.
- ✘ When only a part of the team can perform at an event or a competition, a team audition will be held to determine who will represent the team.
- ✘ Dancers should be present at the following spring’s auditions and clinics to assist dancers and the Coordinator.

AUDITIONS and ELIGIBILITY

- ✘ Anyone interested in auditioning for the Crimson Cabaret dance team must submit the following documentation by the deadline date: (1) Application with photograph, (2) proof of acceptance to The University of Alabama, (3) Student Athlete Information Form, (4) Physician’s Physical Release Form dated within the last 12 months and signed by a doctor, (5) Consent to Participate (Walk-On) form, (6) copy of medical insurance form (front and back), (7) Rules and Regulations (signed copy), (8) Disclosure of Confidential Information form.
- ✘ Current University of Alabama students or transfers must have a cumulative GPA of 2.0 or better.
- ✘ Special permission of the Crimson Cabaret Coordinator and the Athletic Department is required if a former squad member wishes to be reinstated after a voluntary absence or team suspension.
- ✘ Auditions will be held in April each year. Skills for the auditions will be posted in January prior to the audition. Current dance team members are judged on their overall yearly performance, and new candidates are evaluated on their performance during the audition or other witnessed by the coordinator.
- ✘ Must commit to the full program and be able to attend all rehearsals, technique classes, workouts, University of Alabama men’s basketball home games, summer rehearsals and other related activities during the year.
- ✘ Must serve as an ambassador of The University of Alabama and set standards for leadership, academic excellence and project the goals and ideals of The University of Alabama.
- ✘ Maintain a positive attitude and approach every challenge in a professional manner.
- ✘ Because of the demanding program requirements associated with the Crimson Cabaret, dancers selected to the Crimson Cabaret team will not be allowed to perform or participate with any other dance teams/groups with the exception of Dance Alabama, ARDT, or those events approved by the Crimson Cabaret Coordinator. Teaching and/or choreographic commitments must be approved by the Coordinator of the Crimson Cabaret.
- ✘ One is eligible to dance on the squad for a maximum of four years.

TRAVEL

- ✎ Should travel to any dance function be necessary, travel will be approved and funded by The University of Alabama Athletic Department.
- ✎ Members must travel with the dance team.
- ✎ The Crimson Cabaret Coordinator will choose who will travel to any away function when only a part of the team can attend.

INJURIES/ILLNESSES

- ✎ Any injury or illness must be reported to the Coordinator and Athletic Department trainer immediately.
- ✎ Any injury suffered during rehearsals, games, or other office dance functions shall be treated first by Athletic Department's trainer and/or doctor.
- ✎ Any absence from rehearsal or events due to a dancer attending an appointment with a personal physician must be approved by the Coordinator and/or Athletic Department's trainer.
- ✎ If an injury or illness incapacitates a dancer, she will not be permitted to rehearse or dance for a period of time as determined by the Athletic Department's trainer or doctor. Return to participation at games or rehearsals will be determined by the Athletic Department's trainer/or doctor.
- ✎ An injured dancer is required to attend practices and functions, not necessarily participating.
- ✎ If an Athletic Department's doctor recommends that a dancer no longer participate, due to injury or a health problem, the dancer shall be removed from the team. If chronic illness or injury causes a team member to miss rehearsals or games repeatedly, the team member may be removed from the team by the Coordinator.

WEIGHT, NUTRITION, and SAFETY

- ✎ A Crimson Cabaret dancer should focus on good nutrition, exercise, and safety.
- ✎ The Crimson Cabaret team will be provided with information and counseling relative to body weight, nutrition, personal health and exercise.
- ✎ A dancer must participate in a scheduled exercise program consisting of cardiovascular and strength training exercises.
- ✎ A dancer should look well proportioned in dancewear. There is not a specific height or weight requirement; however, a lean figure is demanded by our uniform.
- ✎ A dancer will be weighed and tested for body fat content. The dancer's body fat range should be 12% to 20%. If a dancer's body fat range varies above or below 12% to 20%, the dancer will be referred to the trainer, team physician, or nutritionist for review and taken off the performance roster until cleared for performance status.
- ✎ A toned, well fit body is vital in the prevention of injury.
- ✎ A dancer voluntarily assumes the risk involved by participating in dance rehearsals, games, and other functions/activities.

The preceding guidelines shall govern The University of Alabama Crimson Cabaret program. The members of this program shall follow these terms in order to be in good standing and remain active.

I have read carefully these guidelines and understand the information and requirements contained in it. I further understand that failure to abide by these guidelines will result in immediately disciplinary actions to include possible dismissal from the dance team.

Student's Signature

Date

Social Security Number

UA Student Number

Parent/Guardian Signature

Date

**CRIMSON CABARET DANCE TEAM
2008
APPLICATION**

PERSONAL DATA

First Name _____ Last Name _____ Middle Name _____
*Email Address _____ (*Must include for confirmation notice.)
Social Security Number _____ Birthdate ____ / ____ / ____ Age _____
Home Address _____
City, State _____ Zip _____
Home Phone# _____ Cell Phone # _____
Father's Name _____ Occupation _____ Phone # _____
Mother's Name _____ Occupation _____ Phone # _____

EDUCATIONAL DATA

University of Alabama Student Number _____
College _____ GPA _____
Major _____ Anticipated Date of Graduation _____
High School _____ GPA _____
City, State _____ Year Graduated _____
Check your current status:
____ High School SR ____ College FR ____ College SOPH ____ College JR ____ College SR
High School Dance Coach _____ Phone # _____
College Dance Coach _____ Phone # _____
(College) _____

DANCE EXPERIENCE

AWARDS or HONORS and SCHOLARSHIPS

HOBBIES & INTERESTS

SAFETY CONDITIONS For safety and training purposes, please list any prior orthopedic injuries, dates of injuries, and any unusual physical conditions that should be brought to our staff's attention: _____

Submit the following forms in order and meet the deadline date to be placed on the audition roster.

- | | |
|--|---|
| <input type="checkbox"/> 1. Application—Attach picture | <input type="checkbox"/> 5. Copy of medical insurance card (front and back) |
| <input type="checkbox"/> 2. Proof of Acceptance to The University of Alabama | <input type="checkbox"/> 6. Rules and Regulations (signed copy) |
| <input type="checkbox"/> 3. Student Athlete Information Form | <input type="checkbox"/> 7. Consent to Participate (Walk-On) form |
| <input type="checkbox"/> 4. Physician's Physical Release Form dated within the last 12 months and signed by a doctor | <input type="checkbox"/> 8. Disclosure of Confidential Information form |

APPLICATION PACKET MUST IN THE CRIMSON CABARET OFFICE BY FRIDAY, MARCH 28, 2008

THE UNIVERSITY OF ALABAMA
Student Athlete Information Form
School Year: 2008-2009

SPORT: DANCE TEAM

Name: (Last) _____ (First) _____

SS# _____ Date of Birth ____/____/____

Classification in Fall 2008: (FR., SO., JR., SR.) _____

Phone: _____ Parent's Phone: _____

Local Address: _____

Parent's Name: _____

Permanent Address: _____

Insurance Company Name: _____

Policy and Group Number: _____

Insurance Co. Address _____

Insurance Co. Phone: _____

Name of Insured: _____

Name of Insured SS# _____

Relation to Student Athlete: _____

I, the undersigned, understand that it is necessary for me to have medical insurance to be permitted to audition and to participate in the Crimson Cabaret program at The University of Alabama. It is also understood that my parents and I have and will maintain medical insurance that will cover me in the event of injury while participating in this program.

The Athletic Department has my permission to check my grade point average for the purpose of auditions and to continue to check each semester while I am participating in this program. If for any reason I am dismissed from the squad, I understand my stipend must be reimbursed to The University of Alabama.

Student's Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Preparticipation Physical Evaluation

History Date _____
 Name _____ Sex _____ Age _____ Date of birth _____
 Address _____ Phone _____
 School _____ Grade _____ Sport _____

Explain "Yes" answers below:

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. Have you ever been hospitalized? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had surgery? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Are you presently taking any medications or pills? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you have any allergies (medicine, bees or other stinging insects)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you ever passed out during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been dizzy during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had chest pain during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you tire more quickly than your friends during exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had high blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been told that you have a heart murmur? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had racing of your heart or skipped heartbeats? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has anyone in your family died of heart problems or a sudden death before age 50? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do you have any skin problems (itching, rashes, acne)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever had a head injury? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been knocked out or unconscious? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had a seizure? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had a stinger, bumer or pinched nerve? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you ever had heat or muscle cramps? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been dizzy or passed out in the heat? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Do you have trouble breathing or do you cough during or after activity? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Do you use any special equipment (pads, braces, neck rolls, mouth guard, eye guards, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you had any problems with your eyes or vision? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you wear glasses or contacts or protective eye wear? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you had any other medical problems (infectious mononucleosis, diabetes, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Have you had a medical problem or injury since your last evaluation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any bones or joints. | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Head <input type="checkbox"/> Back <input type="checkbox"/> Shoulder <input type="checkbox"/> Forearm <input type="checkbox"/> Hand <input type="checkbox"/> Hip <input type="checkbox"/> Knee <input type="checkbox"/> Ankle | | |
| <input type="checkbox"/> Neck <input type="checkbox"/> Chest <input type="checkbox"/> Elbow <input type="checkbox"/> Wrist <input type="checkbox"/> Finger <input type="checkbox"/> Thigh <input type="checkbox"/> Shin <input type="checkbox"/> Foot | | |
| 14. When was your first menstrual period? _____ | | |
| When was your last menstrual period? _____ | | |
| What was the longest time between your periods last year? _____ | | |

Explain "Yes" answers:

I hereby state that, to the best of my knowledge, my answers to the above questions are correct.

Date _____

Signature of athlete _____

Signature of parent/guardian _____

DUPLICATE AS NEEDED

Preparticipation Physical Evaluation

Rule 1, Sec. 13 — No student shall be eligible to represent his/her school in interscholastic athletics unless there is on file in the Superintendent's or Principal's office a physician's statement for the current year certifying that the student has passed an adequate physical examination, and that in the opinion of the examining physician he/she is fully able to participate in high school athletics.

Physical Examination

COMPLETE	LIMITED	Height _____ Weight _____ BP ____ / ____ Pulse _____	
		Vision R 20/ ____ L 20/ ____ Corrected: Y N	
		Normal	Abnormal findings
		Cardiovascular	
		Pulses	
		Heart	
		Lungs	
		Skin	
	COMPLETE	E.N.T.	
		Abdominal	
		Genitalia (males)	
		Musculoskeletal	
		Neck	
		Shoulder	
		Elbow	
		Wrist	
		Hand	
		Back	
		Knee	
		Ankle	
		Foot	
		Other	

Clearance:

- A. Cleared
- B. Cleared after completing evaluation/rehabilitation for: _____
- C. Not cleared for: Collision
 Contact
 Noncontact ____ Strenuous ____ Moderately strenuous ____ Nonstrenuous

Due to: _____

Recommendation: _____

Name of physician _____ Date _____

Address _____ Phone _____

Signature of physician _____, M.D. or D.O.

CONSENT TO PARTICIPATE AND ACKNOWLEDGEMENT OF RISKS

I/We hereby acknowledge awareness that participation in ***Walk on Try-Out*** for the sport of **Dance Team** involves risk of injury, paralysis permanent mental disability, or death and that these injuries may occur in some instances as the result of unavoidable accidents. I/We accept these risks in giving consent to participate in **Dance Team** ***Walk on Try-Out*** on this date of _____ by the undersigned persons.

I/We also understand that a copy of **CURRENT MEDICAL INSURANCE** and a **PHYSICIAN'S PHYSICAL** dated within one year must be presented to the sport's representing parties in order to participate in the ***Walk on Try-Out*** of aforementioned sport.

Return this document, copy of insurance, and physician's physical to parties representing The University of Alabama Athletics and the varsity sport's *Walk On Try-out* of which undersigned persons are participating in PRIOR TO TIME OF TRY-OUT.

Print Full Name

Date of Birth

Participant's Signature

Date

Parent/Guardian Signature

Date

STATE OF ALABAMA)
TUSCALOOSA COUNTY)

**CONSENT TO RELEASE AND
DISCLOSURE OF CONFIDENTIAL INFORMATION**

I, _____, the undersigned student, hereby voluntarily and knowingly **consent to authorize** the Athletics Director (or his designee); The University of Alabama, Tuscaloosa, Alabama, to receive complete information and records concerning any of the following:

- (a) My academic progress, including, but not limited to, grades, class standing, course work and results of academic counseling;
- (b) My physical and/or mental health, including but not limited to, medical treatment, diagnoses, prescriptions, mental health counseling, and results for drug testing for substance abuse;
- (c) All academic and non-academic misconduct charges, proceedings, and sanctions and all violations of any athletic training rules and sanctions imposed; and
- (d) The award, renewal, reduction or cancellation of institutional financial aid based in any degree on athletics ability, including any facts or circumstances of any hearing conducted by the University in connection therewith.

A also hereby give permission to and authorize the Athletics Director (or his designee), The University of Alabama, to disclose any or all of the above said information and/or records to my parents or legal guardian and to athletics governing organizations for the purposes of and in connection with establishing and maintaining my eligibility as a student-athlete, the awarding, renewing, reducing, or canceling of institutional financial aid based in any degree on athletics ability, or counseling with my parents or legal guardian with regard to my academic progress, my physical and/or mental health, any academic or non-academic misconduct, or the awarding, renewing, reducing, or canceling of institutional financial aid based in any degree on athletics ability.

I hereby voluntarily and knowingly waive on behalf of myself and any persons who may have an interest in the matter all provisions of law, federal and state, relating to the disclosure of educational records or other confidential information and to the right of privacy.

I understand and acknowledge that this **Consent to Release and Disclosure** shall remain in effect unless and until revoked by me in written notice to the Athletics Department.

Dated this _____ day of _____, 20 _____

Student's Signature _____