



2009 AIR FORCE VOLLEYBALL

WEEKLY RELEASE 12
09 NOV 09

OVERALL RECORD: 8-18 ... MWC RECORD: 0-13
HOME: 0-6 ... ROAD: 2-9 ... NEUTRAL: 6-3

2009 SCHEDULE

Aug. 28	vs Cleveland State \$L, 0-3
Aug. 28	at LaSalle \$W, 3-2
Aug. 29	vs Fairleigh Dickinson \$W, 3-1
Aug. 29	vs Canisius \$W, 3-0
Sept. 4	at Denver #W, 3-0
Sept. 4	vs West Virginia # (KAFA)L, 0-3
Sept. 5	vs Southern Utah # (KAFA)W, 3-2
Sept. 5	vs Eastern Illinois # (KAFA)L, 0-3
Sept. 11	vs Louisiana Tech %W, 3-2
Sept. 11	at Central Arkansas %L, 0-3
Sept. 12	vs Arkansas-Pine Bluff %W, 3-0
Sept. 12	vs Louisiana Monroe %W, 3-0
Sept. 17	at Utah**L, 1-3
Sept. 19	at BYU**L, 0-3
Sept. 24	UNLV** (KAFA)L, 0-3
Oct. 1	at TCU**L, 0-3
Oct. 3	at New Mexico**L, 0-3
Oct. 8	Wyoming** (MTN / KAFA)L, 0-3
Oct. 10	Colorado State** (KAFA)L, 0-3
Oct. 16	at San Diego State**L, 0-3
Oct. 21	Northern Colorado (KAFA)L, 0-3
Oct. 24	at UNLV**L, 0-3
Oct. 29	New Mexico**L, 0-3
Oct. 31	TCU** (KAFA)L, 1-3
Nov. 5	at Colorado State** (KAFA)L, 0-3
Nov. 7	at Wyoming** (KAFA)L, 0-3
Nov. 13	San Diego State** (KAFA)	... 5:00 p.m.
Nov. 19	BYU** (KAFA)	... 7:00 p.m.
Nov. 21	Utah** (KAFA)	... 1:00 p.m.

\$ LaSalle Invitational (Philadelphia, Pa.)
 # Denver Invitational (Denver, Colo.)
 % Sugar Bear Classic (Conway, Ark.)
 ** Mountain West Conference matches
 Remaining home matches in **bold**.

With just two weeks left in the season, the Air Force volleyball team will embark on its longest homestand of 2009. This week, the Falcons host travel partner San Diego State in Mountain West Conference action on Friday, Nov. 13. It is just the third time this season that the Falcons have played only one match during the week. Action is slated for an early 5 p.m., start time at the Academy's Clune Arena.



SAN DIEGO STATE UNIVERSITY

Radio: KAFA

Friday, Nov. 13 - 5:00 p.m.

2009 Record: 11-13 (5-8 MWC)

USAF Academy, Colo. (Clune Arena)

Head Coach: Deitre Collins-Parker

TUNIN' IN

The Falcons' match against San Diego State will not be video-streamed, but will still be broadcast live on KAFA, the Academy's cadet-run radio station. Fans can access the radio feed on GoAirForceFalcons.com.

SAN DIEGO STATE QUICK HITS

The Aztecs will be making their second trip to Colorado in as many weeks when they travel to the Academy. San Diego State is coming off a weekend split along the Front Range. The Aztecs defeated Wyoming in a five-set match on Nov. 5, before falling in a tight three-set match at Colorado State on Nov. 7. Six Aztecs average at least two kills a match, highlighted by Hannah Evans and Lauren Salisbury's 2.54 kills per set. Setter Lauren Van Orden currently leads the MWC with 11.01 assists per set.

HISTORY 101

San Diego State holds a 25-1 all-time advantage over Air Force. The Falcons' only win in the series came in 1999, when Air Force defeated SDSU by a 3-1 margin. Air Force took a set from the Aztecs last year in San Diego. First-year coach Dietre Collins-Parker, who spent eight years as the head coach at UNLV (1996-03), holds a 15-2 mark over the Falcons.

HANSEN IS HANDS-ON

Junior Julia Hansen had a stellar weekend (Nov. 5-7), as she got a hand on eight blocks. At Colorado State, she assisted on three blocks, before helping on a career-best five blocks at Wyoming. With the impressive weekend, Hansen improved her season total to 22 blocks (one solo, 21 assists).

HOME SWEET HOME

After playing 20 of its first 26 matches away from the friendly confines of Clune Arena, Air Force concluded its road schedule on Nov. 7, with an 8-12 mark.

GETTING UP TO THE NET

With three assisted blocks at Wyoming, junior Nichole Stilwell moved into fifth on the program's Division I record book for total blocks. With 172 total stops, Stilwell overtook Jasmine Pettie (171) for fifth on the list. Stilwell, who currently has 144 assisted stops during her first three years, is just five assisted stops away from overtaking Pettie for fifth in that category.

CAN I GET AN ACE?

With three service aces against Colorado State on Nov. 5, freshman Maiya Perich took over the team lead in that category with 26 total aces. Junior Caroline Kurtz retook the lead with a pair of aces two days later at Wyoming on Nov. 7. With back-to-back aces to open the match, Kurtz has now tallied 27 aces on the year. Kurtz and Perich are ranked third and fourth, respectively, in the Mountain West Conference in that category.

ON THE HORIZON...

Air Force closes out the 2009 season next weekend, when it hosts BYU and Utah at Clune Arena. The Falcons will face BYU at 7 p.m., on Nov. 19, before closing out the season on Nov. 21, against Utah at 1 p.m.

2009 AIR FORCE VOLLEYBALL

ACADEMY QUICK FACTS

AIR FORCE ACADEMY INFORMATION

LocationUSAF Academy, Colo.
Founded1954
Enrollment4,400
NicknameFalcons
ColorsBlue and Silver
AffiliationNCAA Division I
ConferenceMountain West
SuperintendentLt Gen Michael Gould
Athletics DirectorDr. Hans Mueh
Department Phone(719) 333-4008

COACHING STAFF INFORMATION

Head CoachPenny Lucas-White (14th year)
Alma MaterMemphis (1993)
Office Phone(719) 333-7229
Office Fax(719) 333-7570
AFA Record97-299 (13 years)
Career Record192-379 (18 years)
Assistant CoachVerna Julaton (14th year)
Office Phone(719) 333-2274
Assistant CoachRuth Lawanson (2nd year)
Office Phone(719) 333-6789

ARENA INFORMATION

Home CourtClune Arena
Capacity5,393
Press Row Phone(719) 333-7809

MEDIA INFORMATION

Media ContactValerie Perkin
Emailvalerie.perkin@usafa.edu
Office Phone(719) 333-8286
Cell Phone(719) 440-5315

All information regarding Air Force volleyball is available at GoAirForceFalcons.com

INTERVIEWS: To set up an interview with the Air Force players and coaches, please contact the media relations office. All requests must be made at least one day in advance. After each match, head coach Penny Lucas-White will be available following a 10-minute cooling off period. Upon request, players will also be available at that time.

CREDENTIALS: Press and photo credentials can be obtained by contacting the media relations office. Requests must be made at least one day in advance of the match.

NUMERICAL ROSTER

##	NAME	POS	HT	YR	HOMETOWN HIGH SCHOOL
1	Julianne Haun	OH/RS	5-11	Fr.	Navarre, Fla. Navarre HS
2	Grace Konstanzer	OH	5-10	Fr.	Irvine, Calif. Woodbridge HS
3	Kelly Spencer	DS/L	5-5	Jr.	Sharpsburg, Ga. Northgate HS
4	Briana Jones	RS	5-10	Fr.	Chicago, Ill. St. Ignatius College Prep
6	Dani Griffith	S	5-4	Fr.	The Woodlands, Texas College Park HS
7	Jackie Norton	S	5-7	Jr.	Highland, Calif. Redland East Valley HS
11	Michelle Harrington	MH	6-1	Sr.	Stuttgart, Germany Reagan (Texas) HS
12	Nichole Stilwell	MB	6-0	Jr.	Divide, Colo. Woodland Park HS
13	Caroline Kurtz	OH	5-10	Jr.	Albuquerque, N.M. St. Pius X HS
14	Emily Frick	OH	5-9	Jr.	Colorado Springs, Colo. Doherty HS
16	Julia Hansen	OH	6-2	Jr.	Golden, Colo. Lakewood HS
17	Jessica Hellmann	S	5-10	Jr.	Palisade, Colo. Palisade HS
20	Preslee Maki	RS	6-1	Fr.	Florence, Mont. Frenchtown HS
23	Maiya Perich	DS/L	5-6	Fr.	Houston, Texas James E. Taylor HS

ALPHABETICAL ROSTER

##	NAME	POS	HT	YR	HOMETOWN HIGH SCHOOL
14	Emily Frick	OH	5-9	Jr.	Colorado Springs, Colo. Doherty HS
6	Dani Griffith	S	5-4	Fr.	The Woodlands, Texas College Park HS
16	Julia Hansen	OH	6-2	Jr.	Golden, Colo. Lakewood HS
11	Michelle Harrington	MH	6-1	Sr.	Stuttgart, Germany Reagan (Texas) HS
1	Julianne Haun	OH/RS	5-11	Fr.	Navarre, Fla. Navarre HS
17	Jessica Hellmann	S	5-10	Jr.	Palisade, Colo. Palisade HS
4	Briana Jones	RS	5-10	Fr.	Chicago, Ill. St. Ignatius College Prep
2	Grace Konstanzer	OH	5-10	Fr.	Irvine, Calif. Woodbridge HS
13	Caroline Kurtz	OH	5-10	Jr.	Albuquerque, N.M. St. Pius X HS
20	Preslee Maki	RS	6-1	Fr.	Florence, Mont. Frenchtown HS
7	Jackie Norton	S	5-7	Jr.	Highland, Calif. Redland East Valley HS
23	Maiya Perich	DS/L	5-6	Fr.	Houston, Texas James E. Taylor HS
3	Kelly Spencer	DS/L	5-5	Jr.	Sharpsburg, Ga. Northgate HS
12	Nichole Stilwell	MB	6-0	Jr.	Divide, Colo. Woodland Park HS

PRONUNCIATION GUIDE

Haunhahn
Julatonjewel-a-ton
Konstanzercon-stan-sir
Kurtzcurts
Lawansonluh-wahn-son
Maiyamay-yah
Makimack-ee
Perichpair-ick

MOUNTAIN WEST CONFERENCE

TEAM STANDINGS (CONF, OVERALL)

Team (Nat'l Rank)	W	L	W	L
Colorado State (rv)	12	1	20	4
TCU	12	2	23	5
Utah	8	4	15	9
New Mexico	9	5	18	8
BYU	6	6	12	12
San Diego State	5	8	11	13
UNLV	4	8	7	14
Wyoming	2	11	12	16
Air Force	0	13	8	18

PLAYERS OF THE WEEK

Date	Name, School
Aug. 31	.Bartkowiak, Utah
Sept. 7	.Edwards, TCU
Sept. 14	.Stilwell, Air Force Edwards, TCU
Sept. 21	.Walker, BYU
Sept. 28	.Bartkowiak, Utah Jackson, UNLV
Oct. 5	.Edwards, TCU Rhoades, New Mexico
Oct. 12	.Bartkowiak, Utah
Oct. 19	.Sexton, San Diego State
Oct. 26	.Munce, TCU
Nov. 2	.Edwards, TCU Lehne, New Mexico
Nov. 9	.Edwards, TCU Lehne, New Mexico

UPCOMING SCHEDULE (MWC ONLY)

Thursday, Nov. 12	.Wyoming at BYU
	.New Mexico at UNLV
	.Colorado State at Utah
Friday, Nov. 13	.San Diego State at Air Force
Saturday, Nov. 14	.Wyoming at Utah
	.TCU at UNLV
	.Colorado State at BYU

OVERALL MWC RANKINGS (AF ONLY)

Kills Per Set

7th .Caroline Kurtz (3.03 kps)

Assists Per Set

7th .Jessica Hellmann (7.73 aps)

Service Aces Per Set

3rd .Caroline Kurtz (0.31 saps)

4th .Maiya Perich (0.30 saps)

Digs Per Set

10th .Kelly Spencer (2.61 dps)

SHOWING OFF THE BOOK SMARTS

Junior Caroline Kurtz was named to the ESPN the Magazine University Division Academic All-District VII second-team on Nov. 5. With a 3.85 GPA in biology, she is the sixth Air Force player to earn the district award. In addition, Kurtz is also the third different Air Force player over the last three years to claim the honor.

DOUBLE TROUBLE

The Falcons had recorded just one double-double since Sept. 17, but three different Falcons earned that stat mark over the Oct. 29-31 weekend. Dani Griffith earned her first such mark on Oct. 29, collecting 17 assists and 11 digs, while Grace Konstanzer tallied her first double-double on Oct. 31 with 15 kills and 10 digs. Caroline Kurtz also picked up a double-double on Halloween (10 kills-11 digs) for her eighth of the year.

SAVE THE DATE

The Falcons' last MWC victory came on Nov. 7, 2005. This Falcons' match at Wyoming also falls on Nov. 7. It is the first time since that year that the Falcons have played on the seventh day of November.

FALCONS TAKE A SET FROM TCU

Air Force picked up its first 'set' victory at Clune Arena this season, and its first overall since Sept. 17, with a 25-23 win over TCU on Oct. 31. It is the Falcons' first individual set win over TCU since 2005.

THE RIGHT COMBINATION

Grace Konstanzer, Nichole Stilwell and Caroline Kurtz combined for 36 of the Falcons' 45 kills during the 3-1 loss to TCU on Oct. 31. Konstanzer paced the squad with 15 kills, while Stilwell and Kurtz added respective totals of 11 and 10. In addition, Konstanzer and Kurtz dug up 10 and 11 balls respectively, while Stilwell posted a team-high three blocks.

HOT OFF THE BENCH

Jessica Hellmann came in off the bench to lead the Falcons with 22 assists during their four-set loss to TCU on Oct. 31. In addition to recording one of the team's two service aces, Hellmann connected on two of five kill opportunities. The 22 helpers vaulted Hellmann from 10th to eighth on the program's NCAA Division I single-season assist list (627 total).

IN THE ZONE

Grace Konstanzer had a stellar night against New Mexico on Oct. 29. The freshman put down kills at a team-leading clip of .294. Pacing the team with seven kills, the freshman committed just two errors on 17 attempts for the second-best single-match performance of her career when having at least 10 attempts.

CRACKING THE TOP 10

Junior Jessica Hellmann accumulated 571 assists in 20 matches this season. That total is ranked 10th in the program's Division I single-season record book. She is just 37 helpers behind Kat Dehne's ninth-place total, set in 1997. She is the first Falcon to crack the top-10 list since Kim Kallabis tallied 671 during the 2007 campaign.

A NIGHT OF FIRSTS

Two Falcons recorded a career "first" during the Falcons' three-set loss to San Diego State on Oct. 16. Junior Nichole Stilwell, who only began serving four matches earlier, accounted for her first career service ace during the second set, while freshman Julianne Haun picked up her first-ever kill in the third set. Haun added another kill, connecting on two of three attempts (no errors) for an impressive .667 hitting percentage.

PUTTING ON THE DIFFERENT JERSEY

For the first time in her young career, freshman Maiya Perich wore the libero's jersey during the third set of the Falcons' match at San Diego State on Oct. 16. Perich collected three of her five digs during the final set. Perich, who has become a defensive specialist for Air Force over the first 20 matches, is ranked third on the team with 2.01 digs per game. In addition, with 22 service aces, she is just one serve shy of the team lead.

DOUBLING UP

Caroline Kurtz tallied her seventh double-double of the season on Oct. 10, collecting 15 kills and 14 digs against Colorado State. It is the Falcons' first double-double since she posted a 15 kill/10 dig output against Utah. Kurtz has seven of the Falcons' nine double-doubles on the year, while classmate Jessica Hellmann has the other two.

2009 AIR FORCE VOLLEYBALL

STEPPING UP TO THE COMPETITION

Air Force fought hard against league-leading Colorado State (5-0) on Oct. 10. In their best-ever Division I performance against the Rams, the Falcons fell by just 10 combined points over the three-set match, including a 26-24 score in the second set. Air Force out-killed CSU 44-32, while hitting five points better than the visitors.

WHAT A DIFFERENCE A DAY MAKES

After collecting just 22 kills against Wyoming on Oct. 8, the Falcons roared back to double that total (44) on against Colorado State on Oct. 10. In addition, the Falcons improved their hitting percentage from .011 to .149.

STARTING UP

The Falcons started three freshmen against the Rams on Oct. 10. Grace Konstanzer was in the starting lineup for the 18th time in 19 matches, while Preslee Maki earned her second assignment in the starting rotation. And, for the first time since Aug. 28, Dani Griffith was selected as the starting setter. Konstanzer recorded 10 kills and eight digs, while Maki recorded three strikes and assisted on a team-high two blocks. Griffith added a pair of kills, while adding 10 assists.

THE FALCONS ON TV

Oct. 8 marked the first televised volleyball match ever at Clune Arena. It was the third straight year that Air Force and Wyoming have faced off on television, although both prior televised matches came in Laramie.

THE 500 CLUB

Jessica Hellmann recorded her 500th assist of the season on Oct. 3 at New Mexico. She is just the 13th Air Force setter at the Division I level to record over 500 assists in a single season.

SERVE IT UP

With Grace Konstanzer's service ace in the second set at home against New Mexico on Oct. 29, the Falcons tallied their 100th ace of the season. It is the 11th time since joining Division I in 1996 that they Falcons have surpassed the 100-ace plateau in a single season. The 2005 squad holds the DI record of 183.

STILWELL STRIKES!

Junior Nichole Stilwell had no problem finding the Rebels' floor on Oct. 24, as she posted kills at a match-best clip of .625. Stilwell connected on 11 of 16 attempts, while committing just a single error. The average is the second-highest on the team, falling just shy of Michelle Harrington's .667 (10k-0e-15a) performance on Sept. 24, which, ironically, also came against UNLV.

FALCONS FINISH 8-5 IN NON-CONFERENCE ACTION

With a 3-0 loss to Northern Colorado at the Academy on Oct. 21, the Falcons wrapped up non-conference action with an impressive 8-5 mark. It is Air Force's best non-MWC record since going 10-5 during the 2003 campaign. The Falcons' 2009 slate of 8-5 is the third-best non-conference mark in Division I history, falling only behind the 2003 and 1999 (Academy record 12-2) seasons.

LET THE YOUNGSTERS LEAD

With four freshmen in the Falcons' starting rotation, the Northern Colorado match on Oct. 21 marked the youngest starting lineup for Air Force this season. Grace Konstanzer (20th start), Maiya Perich (eighth), Dani Griffith (fourth) and Preslee Maki (third) received a spot in the Falcons' rotation, while Perich made her collegiate debut as the team's starting libero. Three of the Falcons paced the team in their respective statistical categories, as Griffith collected 16 assists, Perich tallied six digs and Maki had two blocks.

MATCH-BY-MATCH RALLY SCORES

TEAM	RALLY SCORES	MATCH
Cleveland State	17-25, 20-25, 15-25	0-3
LaSalle	22-25, 18-25, 25-22, 25-22, 15-11	3-2
Fairleigh Dickinson	25-19, 25-17, 20-25, 25-20	3-1
Canisius	25-20, 25-23, 25-21	3-0
Denver	25-18, 25-23, 25-19	3-0
West Virginia	21-25, 19-25, 22-25	0-3
Southern Utah	19-25, 25-17, 25-23, 22-25, 15-8	3-2
Eastern Illinois	22-25, 20-25, 24-26	0-3
Louisiana Tech	23-25, 25-18, 25-21, 21-25, 19-17	3-2
Central Arkansas	16-25, 23-25, 22-25	0-3
Arkansas-Pine Bluff	25-13, 25-16, 25-10	3-0
Louisiana Monroe	15-16, 25-12, 25-10	3-0
Utah	20-25, 20-25, 25-23, 14-25	1-3
BYU	12-25, 23-25, 11-25	0-3
UNLV	23-25, 18-25, 23-25	0-3
TCU	23-25, 10-25, 18-25	0-3
New Mexico	07-25, 22-25, 20-25	0-3
Wyoming	15-25, 20-25, 14-25	0-3
Colorado State	22-25, 24-26, 20-25	0-3
San Diego State	19-25, 12-25, 17-25	0-3
Northern Colorado	19-25, 17-25, 19-25	0-3
UNLV	12-25, 22-25, 20-25	0-3
New Mexico	09-25, 23-25, 20-25	0-3
TCU	15-25, 20-25, 25-23, 11-25	1-3
Colorado State	17-25, 12-25, 25-27	0-3
Wyoming	20-25, 22-25, 12-25	0-3
San Diego State		
BYU		
Utah		

2009 HONORS & AWARDS

NAME	AWARD	DATE
Caroline Kurtz	La Salle All-Tournament Team	29 Aug.
Nichole Stilwell	La Salle All-Tournament Team	29 Aug.
Michelle Harrington	Sugar Bear Classic All-Tournament Team	12 Sept.
Jessica Hellmann	Sugar Bear Classic All-Tournament Team	12 Sept.
Nichole Stilwell	Sugar Bear Classic All-Tournament Team	12 Sept.
Jessica Hellmann	Air Force Athlete of the Week	14 Sept.
Nichole Stilwell	Mountain West Co-Player of the Week	14 Sept.
Caroline Kurtz	ESPN the Magazine Academic All-District	5 Nov.

HOME SWEET HOME

After playing 16 of its first 17 matches on the road, Air Force will play seven of its final 11 matches at home.

MAKING THEIR MARK

Freshmen Preslee Maki and Julianne Haun picked up their first statistics of their young career during the Oct. 1-3 matches. Playing in just her second match, Maki picked up a kill and assisted on a block at TCU (Oct. 1). In her collegiate debut, Haun earned her first dig at New Mexico (Oct. 3).

MIDWAY RAMBLINGS

At the unofficial midway point of the season, Air Force is 8-7. It is just the third time in Division I history that Air Force holds a winning margin 15 matches into the season. The 2009 squad joins the 2003 (10-5) and the 1999 (11-4) teams to accomplish that feat.

ON THE ROAD AGAIN

Including the two matches over the Oct. 1-3 weekend, the Falcons were on the road for 16 of their first 17 matches. The tallies are a far cry from last year's total, where Air Force was home for 15 of its first 17.

NOW SERVING

Jessica Hellmann tallied three service aces during the Falcons' 3-0 loss to UNLV on Sept. 24, tying for the third-best single-match performance of the season. Her first ace of the night was the Falcons' 79th of the season, matching the total output of aces that the Falcons accounted for one year ago in 29 total matches. In just 15 matches, the Falcons accumulated 81.

WE'RE ALL TIED UP

Air Force's match against UNLV on Sept. 24 featured 32 tied scores, including 15 during the first set.

ONE AND DONE

This will be a very quick week for the Falcons, as they have just one match in an 11-day span. Air Force opened the season with four matches in two days during each of the first three weeks, while playing two matches in three days over the past weekend.

PUT AWAY THE BROOMS

The Falcons defeated Utah 25-23 in the third set on Sept. 17 to claim its first "set" win over the Utes since Oct. 15, 2005. It was only the fifth time in 24 matches that the Falcons have taken a game from Utah.

EIGHT IS GREAT!

The Falcons picked up their eighth win of the season with a 3-0 victory over Louisiana-Monroe on Sept. 12. The eight wins are the most for an Air Force squad since 2003, when that team collected 14. The 8-4 start to the season is the best 12-match stretch for the Falcons since that year as well.

THE HARDWARE STORE

Air Force collected several accolades following their 3-1 weekend at the Sugar Bear Classic. Michelle Harrington, Jessica Hellmann and Nichole Stilwell were named to the all-tournament team. In addition, Hellmann was selected as the Air Force Academy's Athlete of the Week and Stilwell was selected as the Mountain West Conference Co-Player of the Week.

TOP OF THE MOUNTAIN

Junior Nichole Stilwell became the Falcons' first conference player of the week since the 2003 season, as she earned the honor on Sept. 15. At the Sugar Bear Classic, she averaged a team-high 3.57 kills, 1.00 blocks, 0.29 digs and 4.11 points per set, while hitting a team-best .455 (50-10-88) in 14 sets. Stilwell joins Shaylor Billings (1999), Summer Koons (1999), Delavane Diaz (2000, 2003) and Lamecca Jefferson (2003) as Air Force players who have earned a share of the MWC Player of the Week award.

SHE'S QUIT THE HELPER

Junior Jessica Hellmann recorded her 1,000th career assist over the Sept. 11-12 weekend in Arkansas. Hellmann, who split time at the setter position during her first two years, is just the sixth Air Force player to record over 1,000 helpers in the Division I era.

BLOCK TRACKER**DIVISION I CAREER SOLO BLOCKS**

1.	Summer Koons	1996-99	122
2.	Kristin Hamlett	2002-05	92
3.	Michelle Harrington	2006-present	65
4.	Shaylor Billings	1997-99	60
5.	Brooke Akers	2004-05	47
6.	Tiffany Bishop	2001-02	43
7.	Nichole Stilwell	2007-present	28
8.	Jaime Rempel	1997-00	25
9.	Jasmine Pettie	2005-08	22
10.	Lamecca Jefferson	2001-04	19

DIVISION I CAREER ASSISTED BLOCKS

1.	Summer Koons	1996-99	282
2.	Kristin Hamlett	2002-05	249
3.	Michelle Harrington	2006-present	204
4.	Shaylor Billings	1997-99	158
5.	Jasmine Pettie	2005-08	149
6.	Nichole Stilwell	2007-present	144
7.	Molly White	2001-04	120
8.	Brooke Akers	2004-05	108
9.	Robyn Duncan	1996-99	107
10.	Jaime Rempel	1997-00	102

DIVISION I CAREER TOTAL BLOCKS

1.	Summer Koons	1996-99	404
2.	Kristin Hamlett	2002-05	341
3.	Michelle Harrington	2006-present	269
4.	Shaylor Billings	1997-99	218
5.	Nichole Stilwell	2007-present	172
6.	Jasmine Pettie	2005-08	171
7.	Brooke Akers	2004-05	155
8.	Molly White	2001-04	137
9.	Jaime Rempel	1997-00	127
10.	Tiffany Bishop	2001-02	122

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IT'S TOURNEY TIME

Michelle Harrington, Jessica Hellmann and Nichole Stilwell were named to the all-tournament team of the Sugar Bear Classic. All three were instrumental to the Falcons' 3-1 weekend, both offensively and defensively. Stilwell led the Falcons with 50 kills and a .465 hitting percentage, while tying with Hellmann for second on the team with 14 total blocks. Hellmann contributed 132 assists, while adding 15 kills, two service aces and 27 digs. Harrington, the weekend leader in blocks with 17, posted 29 kills and three service aces.

STARTING OUT HOT

Air Force's 8-4 start to the 2009 season is its best 12-match opening since 2003. That year, the Falcons also posted an 8-4 mark in their first 12 matches. Air Force's best 12-match start to a season since joining Division I was in 1999, when the Falcons rolled to an early 10-2 record.

GETTING TO THE POINT

The Falcons have cleared the 20-point plateau during 34 of their first 40 non-conference sets this season, not counting the 15-point fifth set. Air Force, which reached the winning 25-point mark on 21 occasions, has only missed that mark six times.

NOW SERVING

Air Force accounted for 21 combined service aces in a pair of 3-0 victories on Sept. 12. The Falcons blasted out 12 aces in the win over Arkansas-Pine Bluff, before adding nine in the nightcap win over Louisiana-Monroe. Freshman Maile Lolohea paced the Falcons with four against UAPB, while juniors Caroline Kurtz and Kelly Spencer each added three. Against ULM, Kurtz paced the team with five aces, including a span of four straight.

TAKE A SEAT

The Falcons dominated their opponents on Sept. 12, allowing the two teams to average just 12.8 points per set in a pair of sweeping victories. The Falcons stingy defense allowed Arkansas-Pine Bluff and Louisiana-Monroe to hit -.023 on the day (29-32-129). Air Force is currently ranked second in the conference with an opponent hitting percentage of .151 – an average just .001 off of the conference lead.

WELCOME TO THE SHOW

Junior Jackie Norton and freshman Preslee Maki made their collegiate debuts in the Falcons' victory over Arkansas-Pine Bluff. Maki narrowly missed recording her first kill, while Norton, who has been hampered by injuries during her first two years, had some solid serves, but accumulated no stats.

OVERTIME, VOLLEYBALL-STYLE

With a huge rally in the final set, Air Force improved to 3-0 in five-set matches this season, after defeating Louisiana Tech in thrilling 23-25, 25-18, 25-21, 21-25, 19-17 fashion on Sept. 11. It is the first time in the program's NCAA Division I history that Air Force has won three five-set matches in a single season.

PUT THE RALLY HATS ON!

Air Force rallied from an 11-5 deficit to defeat LaTech 19-17 in the fifth set.

FALCONS TAKE FIVE

With its victory over Southern Utah on Sept. 5, Air Force collected its fifth win of the season. In just eight matches, the Falcons have already matched their win total from all of last season (a span of 29 total matches).

HOT OUT OF THE GATES

Air Force's 5-3 start to the 2009 season is its best eight-match opening since 2003. That year, the Falcons posted a record of 6-2 during their first eight matches. Air Force's best eight-match start to a season since joining Division I was in 1999, when the Falcons rolled to an early 7-1 record.

AIR FORCE SWEEPS DENVER IN TOURNAMENT OPENER

The Falcons made it an unhappy homecoming for Denver, sweeping the host Pioneers during the first match of the DU Invitational on Sept. 4. It is the first time since 2003 that Air Force has defeated Denver.

RECORD BOOK WATCH

DIVISION I CAREER KILLS

1.	Delavane Diaz2000-031468
2.	Kristin Hamlett2002-051178
3.	Brooke Effland1996-991092
4.	Lamecca Jefferson2001-04887
5.	Summer Koons1996-99797
6.	Shaylor Billings1997-99742
7.	Robyn Duncan1996-99741
8.	Michelle Harrington2006-present633
9.	Kristina Stewart2005-08607
10.	Katie Batchelder2006-08591

DIVISION I CAREER ASSISTS

1.	Kristin Huitt2000-033618
2.	Tharommony In1996-992214
3.	Carly Siefken2002-051941
4.	Kim Kallabis2004-071482
5.	Jessica Hellmann2007-present1345
6.	Katherine Dehne1996-97*1054
7.	Kylie Adams1998-99652
8.	Stephanie Stanford2007-08470
9.	Katie Dildy2000-02399
10.	Hannah Sorber2006148

DIVISION I CAREER DIGS

1.	Brooke Effland1996-99925
2.	Delavane Diaz2000-03842
3.	Kristin Huitt2000-03740
4.	Robyn Duncan1996-99688
5.	Kristina Stewart2005-08686
6.	Tracy Wilkerson1996-99671
7.	Caroline Kurtz2007-present574
8.	Kim Kallabis2004-07549
9.	Brittany Edmonds2000-03499
10.	Carly Siefken2002-05496

DIVISION I SINGLE SEASON ASSISTS

1.	Tharommony In19991249
2.	Kristin Huitt20031205
3.	Kristin Huitt20021163
4.	Carly Siefken20051097
5.	Carly Siefken2004805
6.	Kristin Huitt2000698
7.	Kim Kallabis2007671
8.	Jessica Hellmann2009657
9.	Kylie Adams1998615
10.	Katherine Dehne1997608

HIT ME WITH YOUR BEST SHOT

Air Force defeated Denver with its strong attacking, as the squad collectively hit .345. Three Falcons hit over .300 on the day. Michelle Harrington connected at a .800 clip, connecting eight kills on 10 attempts, while committing no errors. Caroline Kurtz hit .429 (10k-1e-21a), while Emily Frick provided a spark off the bench at .312 (6k-1e-16a). In addition, Jessica Hellmann, who assisted on 29 scores, was a perfect five-for-five in kills.

WHAT A WAY TO START!

Air Force's 3-1 season-opening weekend is the best start to a season since 1999. That season, the Falcons defeated Mississippi, Eastern Illinois and Fordham, before falling in four to Colorado. The Falcons went on to tally a 17-12 overall mark that year, including five victories that fell in Mountain West Conference action.

DUO NAMED TO ALL-TOURNEY TEAM

Instrumental to the Falcons' success this weekend, Caroline Kurtz and Nichole Stilwell were named to the LaSalle Invitational all-tournament team. Kurtz paced the team with 47 kills and nine aces, while tying for the team lead in digs (39). Stilwell, hitting .194 on the weekend, tallied nine blocks, while adding 38 kills.

FIVE ALIVE

The Falcons thrilling five-set victory (22-25, 18-25, 25-22, 25-22, 15-11) over La Salle on Aug. 28 marked the first time since 2006 that Air Force had rallied from a 2-0 deficit to win a match. That year, Air Force trailed Centenary by two (25-30, 24-30), before rolling off three straight wins (30-25, 38-36, 15-10) to earn the win.

SERVE IT UP

Last year, the Falcons' best single-match production of aces was three. Freshman Maiya Perich matched that record during the first set of her first match. Perich served up a pair of back-to-back aces during a 6-0 run by the Falcons, before tallying her third ace on the Falcons' next-to-last point.

NO LONGER NEW

Grace Konstanzer, Dani Griffith and Maiya Perich are no longer 'newcomers' to the program, after seeing significant action in the season opener against Cleveland State. As starters, Konstanzer accounted for six kills, one ace, six digs and an assisted block, while Griffith tallied seven assists and three digs. Perich came in off the bench and posted three aces and eight digs. Maile Lolohea and Briana Jones also saw action in the opener.

HOME SWEET HOME!?!?

The Falcons open the 2009 season with 14 consecutive road matches – a far cry from the 13-match homestand that started the 2008 campaign. In addition to not playing at home until Sept. 24, Air Force only sees the inside of Clune Arena on nine occasions this year. The Falcons will host all eight conference opponents and local rival Northern Colorado during the 2009 season.

COMING FROM ALL CORNERS

Air Force added eight freshmen from around the country to the 2009 roster. The Falcons added a pair from California (Grace Konstanzer, Jackie Bringman) and another pair from Texas (Dani Griffith, Maiya Perich), as well as players from Florida (Julianne Haun), Illinois (Briana Jones), Montana (Preslee Maki) and Utah (Maile Lolohea).

IT'S ALL ABOUT CONNECTIONS

Preslee Maki is the daughter of Air Force football All-American and Academy record-holder for tackles in a game, season and career, Terry Maki. She is one of five Falcons to have family connections to the Air Force Academy. Michelle Harrington's grandfather is an Academy graduate, as is Caroline Kurtz's older brother. Maiya Perich's older brother is currently a junior at USAFA.

OH CAPTAIN, MY CAPTAIN

Senior Michelle Harrington will serve as the Falcons' captain during the 2009 season. She is the first solo captain since 2006, but the 22nd in the program's 32-year history.

FALCONS PICKED NINTH IN MWC POLL

With 17 points, Air Force was picked to finish ninth in the annual MWC preseason poll, compiled by the league's coaches and select media. Utah was picked to win the league title, claiming eight of the 17 first-place votes and 138 points. Colorado State finished second in the voting with 135 points, while New Mexico was picked third with 112 points. BYU (96 points) and TCU (89) were ranked fourth and fifth, respectively. UNLV (87), San Diego State (53), Wyoming (38) and Air Force (17) rounded out the poll.

2009 AIR FORCE VOLLEYBALL

MATCH-BY-MATCH LEADERS

TEAM	KILLS	PCT*	DIGS	ACES	ASSISTS	BLOCKS
Cleveland State	Stilwell8	Harrington ...278	Spencer11	Perich3	Hellmann18	Harrington4
LaSalle	Stilwell17	Stilwell406	Kurtz15	Kurtz4	Hellmann33	Stilwell3
Fairleigh Dickinson	Kurtz12	Harrington ...421	Kurtz13	Kurtz3	Hellmann24	Stilwell4
Canisius	Kurtz15	Harrington ...600	Perich12	Konstanzer ...2 Perich2	Hellmann35	Three Players ...2
Denver	Kurtz10	Harrington ...800	Kurtz13	Four Players ...1	Hellmann29
West Virginia	Harrington8 Stilwell8	Harrington ...250	Spencer8	Konstanzer ...2	Hellmann22	Harrington5
Southern Utah	Kurtz16	Stilwell450	Kurtz19	Kurtz2	Hellmann43	Harrington6
Eastern Illinois	Kurtz13	Kurtz286	Spencer10 Hellmann10	Hellmann2	Hellmann28	Harrington4
Louisiana Tech	Kurtz19	Harrington ...469	Spencer21	Konstanzer ...2	Hellmann56	Harrington7 Stilwell7
Central Arkansas	Stilwell10	Stilwell474	Spencer12	Three Players ...1	Hellmann27	Harrington5
Arkansas-Pine Bluff	Stilwell15	Stilwell591	Konstanzer7	Lolohea4	Hellmann29	Three Players ...3
Louisiana Monroe	Stilwell10	Stilwell438	Kurtz9 Spencer9	Kurtz5	Hellmann20	Harrington4
Utah	Kurtz15	Stilwell320	Perich13	Kurtz5	Hellmann39	Stilwell3
BYU	Kurtz6 Konstanzer6	Konstanzer ...188	Kurtz11		Hellmann17	Three Players ...1
UNLV	Harrington10 Stilwell10	Harrington ...667	Spencer17	Hellmann3	Hellmann38	Harrington2
TCU	Kurtz11	Stilwell526	Kurtz6 Spencer6	Three Players ...1	Hellmann17	Harrington2 Frick2
New Mexico	Kurtz11	Harrington ...400	Spencer10	Perich3	Hellmann26	Stilwell2
Wyoming	Stilwell8	Stilwell160	Spencer11	Hellmann18	Stilwell4
Colorado State	Kurtz15	Kurtz300	Kurtz14	Hellmann25	Stilwell2 Maki2
San Diego State	Harrington9	Harrington ...333	Konstanzer6 Kurtz6	Konstanzer ...2	Hellmann27	Harrington3
Northern Colorado	Kurtz9	Stilwell438	Perich6	Spencer2	Griffith13	Maki2
UNLV	Kurtz11 Stilwell11	Stilwell625	Spencer10	Kurtz2	Hellmann20	Harrington2
New Mexico	Konstanzer7	Konstanzer ...294	Griffith11	Konstanzer1 Perich1	Griffith17	Stilwell2 Harrington2
TCU	Konstanzer15	Stilwell286	Perich17	Harrington1 Hellmann1	Hellmann22	Stilwell3
Colorado State	Stilwell9	Harrington ...071	Kurtz12	Perich3	Hellmann14	Hansen3
Wyoming	Kurtz7	Kurtz182	Perich7	Kurtz2	Hellmann16	Hansen5 Harrington5

San Diego State
BYU
Utah

* Minimum 10 attempts

INDIVIDUAL MATCH HIGHS

Pct.*	.667	Michelle Harrington	Sept. 24
	.625	Nichole Stilwell	Oct. 24
Kills	19	Caroline Kurtz	Sept. 11/1
	17	Nichole Stilwell	Aug. 28/2
Atts.	45	Caroline Kurtz	.2x, last Sept. 11/1
	43	Caroline Kurtz	Aug. 28/2
Assists	56	Jessica Hellmann	Sept. 11/1
	43	Jessica Hellmann	Sept. 5/1
Digs	21	Kelly Spencer	Sept. 11/1
	19	Caroline Kurtz	Sept. 5/1
Aces	5	Caroline Kurtz	.2x, last Sept. 17
	4	Caroline Kurtz	Aug. 28/2
	4	Maile Lolohea	Sept. 12/1
Blocks	7	Michelle Harrington	Sept. 11/1
	7	Nichole Stilwell	Sept. 11/1
	6	Michelle Harrington	Sept. 5/1

TEAM MATCH HIGHS

Pct.	.364	vs. Arkansas-Pine Bluff	Sept. 12
	.345	at Denver	Sept. 4
Kills	66	vs. Louisiana Tech	Sept. 11
	58	at La Salle	Aug. 28
Atts.	193	vs. Louisiana Tech	Sept. 11
	159	at La Salle	Aug. 28
Assists	62	vs. Louisiana Tech	Sept. 11
	52	vs. Southern Utah	Sept. 5
Digs	75	vs. Louisiana Tech	Sept. 11
	60	at La Salle	Aug. 28
Aces	12	vs. Arkansas-Pine Bluff	Sept. 12
	9	vs. Louisiana-Monroe	Sept. 12
	9	at Utah	Sept. 17
Blocks	15.0	vs. Louisiana Tech	Sept. 11
	9.0	at Central Arkansas	Sept. 11
	9.0	vs. Southern Utah	Sept. 5

* minimum of 10 kills

MISCELLANEOUS INFORMATION

Overall	8-18
Conference	0-13
Non-Conference	8-5
Tournament	8-4
Home	0-6
Away	2-9
Neutral	6-3
Three-Games	4-16
Four-Games	1-2
Five-Games	3-0
Wednesday	0-1
Thursday	0-6
Friday	3-4
Saturday	5-7
Morning	3-0
Afternoon	5-6
Evening	0-12
First Match of Doubleheader	5-1
Second Match of Doubleheader	3-3
Facing Ranked Opponents	
Facing Opponents Receiving Votes	0-2
On National Television	0-1
On Home Radio	1-9
On Visiting Radio	0-4
Against Atlantic 10 Conference	1-0
Against Big East Conference	0-1
Against Big Sky	0-1
Against Horizon League	0-1
Against Metro Atlantic Athletic Conference	1-0
Against Northeast Conference	1-0
Against Ohio Valley Conference	0-1
Against Southland Conference	0-1
Against Southwestern Athletic Conference	1-0
Against Summit League	1-0
Against Sun Belt Conference	2-0
Against Western Athletic Conference	1-0

DOUBLE DOUBLES

NAME	DATE	DOUBLES
Caroline Kurtz	Aug. 28/2	15 kills-15 digs
Caroline Kurtz	Aug. 29/1	12 kills-13 digs
Caroline Kurtz	Sept. 04/1	10 kills-13 digs
Caroline Kurtz	Sept. 05/1	16 kills-19 digs
Jessica Hellmann	Sept. 05/2	.28 assists-10 digs
Caroline Kurtz	Sept. 11/1	19 kills-15 digs
Jessica Hellmann	Sept. 11/1	.56 assists-12 digs
Caroline Kurtz	Sept. 17	15 kills-10 digs
Caroline Kurtz	Oct. 10	15 kills-14 digs
Dani Griffith	Oct. 29	.17 assists-11 digs
Grace Konstanzer	Oct. 31	15 kills-10 digs
Caroline Kurtz	Oct. 31	10 kills-11 digs

2009 AIR FORCE VOLLEYBALL

STATS SUMMARY	G	K	K/G	E	TA	PCT	A	A/G	SA	SE	SA/G	RE	D	D/G	BS	BA	TB	B/G	BE	HE	PTS
GRIFFITH, Dani	38	13	0.34	3	34	.294	111	2.92	0	7	0.00	0	36	0.95	0	1	1	0.03	0	9	13.5
STILWELL, Nichole	87	228	2.62	94	557	.241	11	0.13	1	5	0.01	4	31	0.36	7	46	53	0.61	6	0	259.0
HARRINGTON, Michelle	85	172	2.02	67	437	.240	9	0.11	10	28	0.12	2	30	0.35	17	50	67	0.79	6	2	224.0
HELLMANN, Jessica	85	57	0.67	20	156	.237	657	7.73	11	19	0.13	0	121	1.42	2	28	30	0.35	5	27	84.0
MAKI, Preslee	18	5	0.28	3	12	.167	0	0.00	0	0	0.00	0	0	0.00	0	7	7	0.39	1	1	8.5
KURTZ, Caroline	87	264	3.03	145	726	.164	26	0.30	27	46	0.31	28	220	2.53	2	15	17	0.20	10	2	300.5
LOLOHEA, Maile	20	8	0.40	5	21	.143	3	0.15	4	1	0.20	0	3	0.15	0	7	7	0.35	0	3	15.5
HAUN, Julianne	7	3	0.43	2	9	.111	0	0.00	0	1	0.00	0	2	0.29	0	0	0	0.00	0	0	3.0
FRICK, Emily	62	68	1.10	48	250	.080	7	0.11	1	4	0.02	2	22	0.35	1	9	10	0.16	2	2	74.5
KONSTANZER, Grace	86	140	1.63	114	476	.055	11	0.13	18	40	0.21	24	153	1.78	1	12	13	0.15	0	1	165.0
NORTON, Jackie	10	0	0.00	0	0	.000	0	0.00	0	0	0.00	1	0	0.00	0	0	0	0.00	0	0	0.0
PERICH, Maiya	87	2	0.02	5	41	-.073	29	0.33	26	20	0.30	23	191	2.20	0	0	0	0.00	0	2	28.0
HANSEN, Julia	45	25	0.56	25	112	-.089	10	0.22	0	0	0.00	0	8	0.18	1	21	22	0.49	7	3	36.5
SPENCER, Kelly	87	2	0.02	7	47	-.106	31	0.35	14	42	0.16	30	227	2.61	0	0	0	0.00	0	0	16.0
JONES, Briana	4	0	0.00	1	3	-.333	1	0.25	0	0	0.00	0	1	0.25	0	0	0	0.00	0	0	0.0
TEAM												3									
AIR FORCE	87	987	11.34	549	2881	.152	906	10.41	112	213	1.29	118	1045	12.01	31	196	129.0	1.48	37	52	1228.9
OPPONENT	87	1026	11.79	437	2685	.219	940	10.80	118	170	1.36	112	1108	12.74	33	310	188.0	2.16	33	25	1332.0

TEAM STATISTICS	AF	OPP	DATE	OPPONENT	W/L	RES.	SCORE BY SET	ATT.
ATTACK			Aug. 28	vs. Cleveland State	L	0-3	17-25, 20-25, 15-25	62
Kills	987	1026	Aug. 28	at La Salle	W	3-2	22-25, 18-25, 25-22, 25-22, 15-11	78
Errors	549	437	Aug. 29	vs. Fairleigh Dickinson	W	3-1	25-19, 25-17, 20-25, 25-20	50
Total Attacks	2881	2685	Aug. 29	vs. Canisius	W	3-0	25-20, 25-23, 25-21	50
Attack Percentage	.152	.219	Sept. 04	at Denver	W	3-0	25-18, 25-23, 25-19	310
Kills/Set	11.3	11.8	Sept. 04	vs. West Virginia	L	0-3	21-25, 19-25, 22-25	250
SET			Sept. 05	vs. Southern Utah	W	3-2	19-25, 25-17, 25-23, 22-25, 15-8	150
Assists	906	940	Sept. 05	vs. Eastern Illinois	L	0-3	22-25, 20-25, 24-26	200
Attempts	2823	2608	Sept. 11	vs. Louisiana Tech	W	3-2	23-25, 25-18, 25-21, 21-25, 19-17	140
Assist Percentage	.321	.360	Sept. 11	at Central Arkansas	L	0-3	16-25, 23-25, 22-25	230
Assists/Set	10.4	10.8	Sept. 12	vs. Arkansas-Pine Bluff	W	3-0	25-13, 25-16, 25-10	84
SERVE			Sept. 12	vs. Louisiana-Monroe	W	3-0	25-16, 26-12, 25-10	93
Aces	112	118	Sept. 17	at Utah	L	1-3	20-25, 20-25, 25-23, 14-25	407
Errors	213	170	Sept. 19	at BYU	L	0-3	12-25, 23-25, 11-25	846
Attempts	1774	1966	Sept. 24	UNLV	L	0-3	23-25, 18-25, 23-25	324
Serve Percentage	.880	.914	Oct. 01	at TCU	L	0-3	23-25, 10-25, 18-25	965
Aces/Set	1.3	1.4	Oct. 03	at New Mexico	L	0-3	07-25, 22-25, 20-25	1289
SERVE RECEPTIONS			Oct. 08	Wyoming	L	0-3	15-25, 20-25, 14-25	613
Errors	118	112	Oct. 10	Colorado State	L	0-3	22-25, 24-26, 20-25	411
Errors/Set	1.4	1.3	Oct. 16	at San Diego State	L	0-3	19-25, 12-25, 17-25	203
Attempts	1795	1561	Oct. 21	Northern Colorado	L	0-3	19-25, 17-25, 19-25	205
Reception Percentage	.934	.928	Oct. 24	at UNLV	L	0-3	12-25, 22-25, 20-25	326
DEFENSE			Oct. 29	New Mexico	L	0-3	09-25, 23-25, 20-25	183
Digs	1045	1108	Oct. 31	TCU	L	1-3	15-25, 20-25, 25-23, 11-25	386
Digs/Set	12.0	12.7	Nov. 05	at Colorado State	L	0-3	17-25, 12-25, 25-27	1092
BLOCKING			Nov. 07	at Wyoming	L	0-3	20-25, 22-25, 12-25	887
Solo Blocks	31	33						
Assisted Blocks	196	310						
Total Blocks	129.0	188.0						
Blocks/Set	1.5	2.2						
Block Errors	37	33						
Ball Handling Errors	52	25						
ATTENDANCE								
Total	2122	6633						
Average	6/354	11/603						