



AIR FORCE SWIMMING & DIVING

2011-12 WOMEN'S TOP PERFORMANCE LIST (as of 2/4/12)

50 Free

1. Cassie Fletcher	23.90#	Cougar Classic, 11/17/11
2. Gabby Aranda	24.14L	Cougar Classic, 11/17/11
3. Heather Ireland	24.16	Cougar Classic, 11/17/11
4. Samantha Laughlin	24.22	Cougar Classic, 11/17/11
5. Hannah Cesare	25.16	CSU, 2/4/12

100 Free

1. Hannah Cesare	51.68#	Cougar Classic, 11/19/11
2. Cassie Fletcher	52.16#	Cougar Classic, 11/19/11
3. Heather Ireland	52.38	Cougar Classic, 11/19/11
4. Samantha Laughlin	53.27	Cougar Classic, 11/19/11
5. Erin Bleyl	53.42	Foster Duals, 1/14/12

200 Free

1. Hannah Cesare	1:51.71#	Cougar Classic, 11/18/11
2. Erin Bleyl	1:52.91	Cougar Classic, 11/18/11
3. Clara Heffernan	1:54.32	Cougar Classic, 11/18/11
4. Kim Davis	1:54.69	Wyoming, 11/11/11
5. Katharine Ernst	1:54.89	Cougar Classic, 11/18/11

500 Free

1. Clara Heffernan	5:05.16	Cougar Classic, 11/17/11
2. Hannah Cesare	5:05.58	Cougar Classic, 11/17/11
3. Erin Bleyl	5:05.98	IW Invite, 1/27/12
4. Elizabeth Keenan	5:07.70	Cougar Classic, 11/17/11
5. Michelle Kuyper	5:09.18	Cougar Classic, 11/17/11

1000 Free

1. Davis	10:36.62	ASC/CC/CM/CSM, 10/28/11
2. Clara Heffernan	10:44.00\$	Cougar Classic, 11/19/11
3. Michelle Kuyper	10:46.56\$	Cougar Classic, 11/19/11
4. Erin Bleyl	10:53.74	UNC, 10/21/11
5. Julie Grabarek	11:110.11\$	Cougar Classic, 11/19/11

1650 Free

1. Clara Heffernan	17:31.90	IW Invite, 1/28/12
2. Michelle Kuyper	17:46.99	Cougar Classic, 11/19/11
3. Julie Grabarek	18:30.21	Cougar Classic, 11/19/11

100 Backstroke

1. Samantha Laughlin	56.47#	Cougar Classic, 11/18/11
2. Heather Ireland	58.38	Cougar Classic, 11/18/11
3. Erin Bleyl	58.44L	Cougar Classic, 11/17/11
4. Sara Brooks	1:00.81	Cougar Classic, 11/18/11
5. Liz Harrison	1:01.81	Cougar Classic, 11/18/11

200 Backstroke

1. Samantha Laughlin	2:01.80#	Cougar Classic, 11/19/11
2. Erin Bleyl	2:05.59	Cougar Classic, 11/19/11
3. Heather Ireland	2:06.74	Cougar Classic, 11/19/11
4. Liz Harrison	2:09.28	Cougar Classic, 11/19/11
5. Sara Brooks	2:12.71	Cougar Classic, 11/19/11

100 Breaststroke

1. Kim Davis	1:06.17#	Foster Duals, 1/14/12
2. Rosie Mayou	1:08.14	Cougar Classic, 11/18/11
3. Noel Niccum	1:08.43	Cougar Classic, 11/18/11
4. Laura Haggerty	1:10.99	Cougar Classic, 11/18/11
5. Alison Ceranski	1:12.29	IW Invite, 1/28/12

200 Breaststroke

1. Kim Davis	2:18.78*	Cougar Classic, 11/19/11
2. Noel Niccum	2:28.72	Cougar Classic, 11/19/11
3. Rosie Mayou	2:28.97	Cougar Classic, 11/19/11
4. Laura Haggerty	2:35.14	Cougar Classic, 11/19/11

100 Butterfly

1. Gabby Aranda	56.62	Cougar Classic, 11/18/11
2. Haley Holcombe	56.79	Cougar Classic, 11/18/11
3. Katharine Ernst	57.13	Cougar Classic, 11/18/11
4. Elvira Chiccarelli	58.05	Cougar Classic, 11/18/11
5. Cassie Fletcher	58.85	Cougar Classic, 11/18/11

200 Butterfly

1. Katharine Ernst	2:05.53	Cougar Classic, 11/19/11
2. Gabby Aranda	2:05.77	Cougar Classic, 11/19/11
3. Haley Holcombe	2:06.25	Cougar Classic, 11/19/11
4. Elvira Chiccarelli	2:10.26	Cougar Classic, 11/19/11
5. Elizabeth Keenan	2:11.03	Cougar Classic, 11/19/11

200 IM

1. Kim Davis	2:03.21*	Cougar Classic, 11/17/11
2. Gabby Aranda	2:07.61	Cougar Classic, 11/17/11
3. Haley Holcombe	2:14.52	IW Invite, 1/27/12
4. Erin Bleyl	2:15.80	ASC/CC/CM/CSM, 10/28/11
5. Noel Niccum	2:15.83	IW Invite, 1/27/12

400 IM

1. Kim Davis	4:22.79*	Cougar Classic, 11/18/11
2. Michelle Kuyper	4:56.81	IW Invite, 1/28/12
3. Laura Haggerty	4:57.60	IW Invite, 1/28/12

200 Free Relay

1. Fletcher, Ireland Laughlin, Ceranski	1:36.64	Cougar Classic, 11/17/11
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400 Free Relay

1. Cesare, Ireland Laughlin, Fletcher	3:28.96	Cougar Classic, 11/19/11
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800 Free Relay

1. Cesare, Davis Heffernan, Bleyl	7:39.89	Cougar Classic, 11/18/11
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200 Medley Relay

1. Laughlin, Davis Aranda, Fletcher	1:47.11	Cougar Classic, 11/18/11
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400 Medley Relay

1. Laughlin, Davis Aranda, Cesare	3:53.15	Cougar Classic, 11/17/11
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1-Meter Diving

1. Moranda Hern	243.60	Foster Duals, 1/14/12
2. Lainie Long	237.67	Foster Duals, 1/14/12
3. Rachel Kennedy	221.41	CSU, 2/4/12
4. Jeanne Nolan	164.18	UNM, 10/8/11

3-Meter Diving

1. Moranda Hern	253.43	CSU, 2/4/12
2. Lainie Long	250.87	Foster Duals, 1/14/12
3. Rachel Kennedy	206.41	UNC, 10/21/11
4. Jeannie Nolan	196.20	Foster Duals, 1/14/12

Platform Diving

1. Moranda Hern	157.55	Trojan Invite, 11/4/11
2. Lainie Long	143.50	Trojan Invite, 11/4/11

* - school record

- Academy Top 10 time

\$ - split

L - relay lead-off leg