

AIR FORCE

CROSS COUNTRY

MEN'S YEAR-BY-YEAR HISTORY



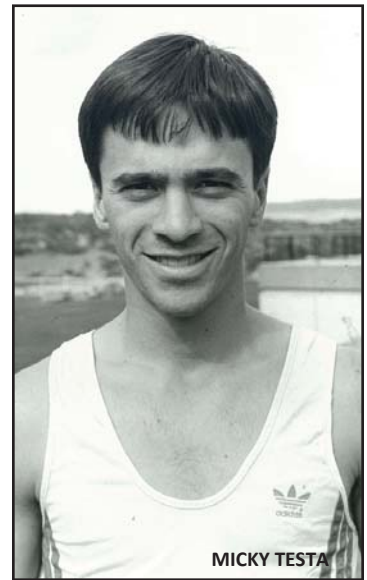
MEN'S YEAR-BY-YEAR RESULTS

Year	Coach	Conf	Reg	Natl	W	L	T
1956	1Lt Russell Thoburn	--	--	--	1	1	0
1957	Tommy Thomson	--	--	--	1	3	0
1958	Capt Ed Matthews	--	--	--	5	4	0
1959	Capt Ed Matthews	--	--	9th	7	2	0
1960	Capt Ed Matthews	--	--	7th	8	1	0
1961	Capt Ed Matthews	--	--	10th	7	5	0
1962	Arne Arnesen	--	--	--	3	5	0
1963	Arne Arnesen	--	--	--	6	1	1
1964	Arne Arnesen	--	--	10th	9	1	0
1965	Arne Arnesen	--	--	--	2	3	0
1966	Arne Arnesen	--	--	--	3	6	0
1967	Arne Arnesen	--	--	2nd	9	0	0
1968	Arne Arnesen	--	--	22nd	6	4	0
1969	Arne Arnesen	--	--	--	5	2	0
1970	Arne Arnesen	--	--	--	5	4	0
1971	Arne Arnesen	--	--	23rd	7	1	0
1972	Arne Arnesen	--	--	--	3	3	0
1973	Arne Arnesen	--	--	--	4	3	0
1974	Arne Arnesen	--	--	--	4	3	0
1975	Arne Arnesen	--	--	--	8	4	0
1976	Arne Arnesen	--	--	--	5	4	0
1977 (&)	Maj Dick Elliott	--	11th	--	4	5	1
1978	Maj Dick Elliott	--	7th	--	5	2	0
1979	Maj Dick Elliott	--	13th	--	9	1	0
1980 (#)	Maj Dick Elliott	3rd	8th	--	5	1	0
1981	Maj Pete Jones	2nd	3rd	22nd	3	1	0
1982 (^)	Maj Pete Jones	6th	7th	--	2	5	0
1983	Capt Jim Trego	8th	--	--			
1984	Capt Jim Trego	7th	14th	--			
1985	Capt Jim Trego	8th	--	--			
1986	Capt Jim Trego	7th	14th	--			
1987	Maj Jim Trego	8th	14th	--			
1988	Maj Jim Trego	4th	6th	--			
1989	Ralph Lindeman	6th	12th	--			
1990	Ralph Lindeman	3rd	9th	--			
1991	Ralph Lindeman	1st	2nd	14th			
1992	Mark Stanforth	3rd	5th	--			
1993	Mark Stanforth	3rd	7th	--			
1994	Mark Stanforth	1st	4th	--			
1995	Mark Stanforth	2nd	7th	--			
1996	Mark Stanforth	1st	10th	--			
1997	Mark Stanforth	3rd	7th	--			
1998 (*)	Mark Stanforth	2nd	8th	--			
1999 (+)	Mark Stanforth	2nd	8th	--			
2000	Mark Stanforth	3rd	6th	16th			
2001	Mark Stanforth	2nd	5th	26th			
2002	Mark Stanforth	4th	10th	--			
2003	Mark Stanforth	1st	3rd	8th			
2004	Mark Stanforth	2nd	3rd	14th			
2005	Mark Stanforth	3rd	7th	--			
2006	Mark Stanforth	2nd	8th	--			
2007	John Hayes	3rd	6th	--			
2008	Ralph Lindeman	2nd	5th	--			
2009	Juli Benson	3rd	6th	--			
2010	Juli Benson	3rd	5th	--			
2011	Juli Benson	2nd	8th	--			
2012	Juli Benson	2nd	6th	--			
2013	Juli Benson	3rd	5th	20th	3	0	0
2014	Ryan Cole	2nd	9th	--			
2015	Ryan Cole	1st	5th	--			

MEN'S MVP

1968.....	Mike Ryan
1969.....	Mike Ryan
1970.....	Dennis Sbach
1971.....	Dennis Sbach
1972.....	Ernie Maravilla
1973.....	Bill Frank
1974.....	Pat Rupel
1975.....	Jeff Ford
1976.....	Gary Sheppard
1977.....	Dave McKinney
1978.....	John Evans
1979.....	Bret Hyde
1980.....	Bret Hyde
1981.....	Dan Rooney
1982.....	Gary Droze
1983.....	Robert Langstaff
1984.....	Micky Testa
1985.....	Micky Testa
1986.....	Micky Testa
1987.....	Alan Anzai
1988.....	Caesar Garduno
1989.....	Dave Fresella
1990.....	Chris Nelson
1991.....	Chris Nelson
1992.....	Phil Swenson
1993.....	Phil Swenson
1994.....	Eric Mack
1995.....	Eric Mack
1996.....	Zach Smith
1997.....	Zach Smith
1998.....	Matt Allen
1999.....	Jim Nelson
2000.....	Chris Acs
2001.....	David Romero
2002.....	Ben Payne
2003.....	Ben Payne
2004.....	Brian Dumm
2005.....	Nick Wilson
2006.....	Richard Elmore
2007.....	Matt Williams
2008.....	Sean Houseworth
2009.....	Justin Tyner
2010.....	Justin Tyner
2011.....	Justin Tyner
2012.....	Jim Walmsley
2013.....	Jim Walmsley
2014.....	Riley Coates
2015.....	Patrick Corona

No awards given prior to 1968



MICKY TESTA



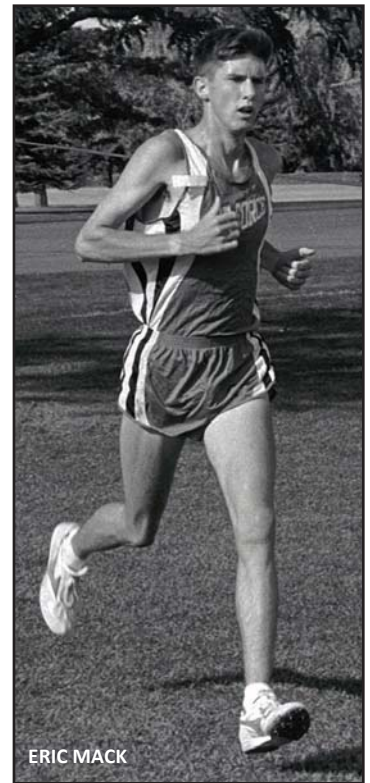
JUSTIN TYNER

(&) First year of NCAA District 7 competition | (#) First season of WAC competition | (*) Last season in WAC | (+) First season of MWC competition | (^) There were no dual meets between 1982-2012 | Overall dual record of 136-75-2

MEN'S TEAM CAPTAINS

1956..... James Chapman, Don Livingston
 1957..... James Bilello
 1958..... James Bilello
 1959..... James Bilello
 1960..... Dave Carlstom
 1961..... John Fer
 1962..... Tom Cardoza
 1963..... James Murphy
 1964..... Kirk Hall, Jesse Overall
 1965..... Lewis Moore
 1966..... n/a
 1967..... Terry Gruters, Doug Everett
 1968..... Lindsey Parris
 1969..... John Jones
 1970..... John Jones
 1971..... Dennis Sbach
 1972..... Ernie Maravilla
 1973..... Bill Frank
 1974..... Pat Rupel
 1975..... Jeff Ford
 1976..... Keith Haines
 1977..... Dave Wynn
 1978..... Dave McKinney
 1979..... John Evans
 1980..... Bret Hyde
 1981..... Andy Ferguson
 1982..... Brian Maas
 1983..... Robert Langstaff
 1984..... Ivan McKnight, John Weight
 1985..... Joe Martin, David Carpenter

1986..... Bert Morales, Micky Testa
 1987..... Alan Anzai
 1988..... Craig DeBoni, Caesar Garduno
 1989..... Dave Fresella
 1990..... Brad Hamby
 1991..... Chris Nelson
 1992..... Chris Juarez
 1993..... Phil Swenson
 1994..... Cliff Volpe
 1995..... Eric Mack, Andy Meehan
 1996..... Andrew Marx
 1997..... Steve Radtke, Zach Smith
 1998..... Matt Allen, Todd Moenster
 1999..... Jim Nelson
 2000..... Joe Monaco, Shane Rogers
 2001..... David Romero, Albert Kelly
 2002..... Rudy Taute
 2003..... Ben Payne, Chris Acs
 2004..... Brian Dumm, Abe Wengel
 2005..... Matt Hellier, Mark Walter
 2006..... Jason Beck, Richard Elmore
 2007..... Kenny Grosselin, Josh van Wyngaarden
 2008..... Sean Houseworth, Matt Williams
 2009..... Zach Nordahl
 2010..... Tyler Small, Justin Tyner
 2011..... Jim Walmsley
 2012..... Jeremy Drenckhahn, Andrew Quallio
 2013..... Isaiah Bragg
 2014..... Riley Coates, Zach Perkins
 2015..... Patrick Corona



MEN'S NATIONAL USTFCCA WEEK-BY-WEEK RANKINGS



Year	P-Season	Poll 1	Poll 2	Poll 3	Poll 4	Poll 5	Poll 6	Poll 7	NCAA Finish
2015	--	--	--	--	29	26	21	29*	--
2014	RV	RV	RV	RV	--	--	29	-- *	--
2013	RV	RV	RV	RV	RV	28	29	24 *	20
2012	--	--	--	--	--	--	--	-- *	--
2011	--	--	RV	RV	RV	RV	--	-- *	--
2010	--	--	--	--	--	--	--	-- *	--
2009	--	--	--	--	--	--	--	-- *	--
2008	--	--	--	--	--	--	--	-- *	--
2007	--	--	--	--	--	--	--	-- *	--
2006	--	--	--	--	--	--	-- *	--	--
2005	14	20	21	26	28	RV	-- *	--	--
2004	11	13	13	13	12	14	14 *	--	14
2003	RV	29	RV	RV	9	8	8 *	--	8
2002	RV	RV	--	--	--	--	-- *	--	--
2001	24	25	--	--	9	15	20 *	--	26
2000	--	--	--	--	--	--	RV *	--	16
1999	--	--	--	--	--	RV	-- *	--	--
1998	--	--	--	--	--	RV	-- *	--	--

RV: Receiving Votes | Number in **bold** is highest ranking of that year | * Last week of polling for each season

WOMEN'S YEAR-BY-YEAR HISTORY



WOMEN'S YEAR-BY-YEAR RESULTS

Year	Coach	Conf	Reg	Natl	W	L	T
1976	Maj Vik Hackley	--	--	--	3	0	0
1977	Capt Jim Scott	--	5th	--	1	0	0
1978	Capt Jim Scott	--	10th	--	3	0	0
1979	Ernie Cuncliffe	--	1st	1st	5	1	0
1980	Ernie Cuncliffe	--	1st	3rd	3	0	0
1981	Ernie Cuncliffe	--	2nd	2nd	4	0	0
1982 (\$)	Ernie Cuncliffe	--	2nd	6th	4	0	0
1983	Ernie Cuncliffe	--	1st	8th	2	0	0
1984	Ernie Cuncliffe	--	3rd	--			
1985	Capt Gus Schalkham	--	5th	--			
1986	Capt Gus Schalkham	--	2nd	9th			
1987	Capt Mark Sperre	--	2nd	9th			
1988	Capt Mark Sperre	--	1st	2nd			
1989	Capt Gail Conway	--	1st	2nd			
1990	Capt Gail Conway	--	2nd	2nd			
1991	Capt Gail Conway	--	6th	--			
1992	Mark Stanforth	--	3rd	6th			
1993	Mark Stanforth	--	4th	11th			
1994	Mark Stanforth	--	4th	14th			
1995	Mark Stanforth	--	3rd	6th			
1996 (#)	Mark Stanforth	10th	13th	--			
1997	Mark Stanforth	8th	15th	--			
1998 (%)	Mark Stanforth	4th	12th	--			
1999 (+)	Mark Stanforth	3rd	12th	--			
2000	Mark Stanforth	3rd	9th	--			
2001	Mark Stanforth	3rd	7th	--			
2002	Mark Stanforth	3rd	6th	--			
2003	Mark Stanforth	3rd	14th	--			
2004	Mark Stanforth	5th	11th	--			
2005	Mark Stanforth	6th	10th	--			
2006	Mark Stanforth	7th	13th	--			
2007	John Hayes	6th	16th	--			
2008	Ralph Lindeman	6th	13th	--			
2009	Juli Benson	4th	13th	--			
2010	Juli Benson	4th	14th	--			
2011	Juli Benson	4th	13th	--			
2012	Juli Benson	4th	11th	--			
2013	Juli Benson	4th	5th	--	3	0	0
2014	Ryan Cole	5th	15th	--			
2015	Ryan Cole	3rd	6th	--			

(*) AIAW Div-II National Championships | (\$) First year of NCAA competition | (#) First season in NCAA Division I, First season of WAC competition | (%) Last season in WAC | (+) First season of MWC competition | Overall dual record of 25-1-0 | Affiliations: 1976-81 -- AIAW Region 7; 1982-95 -- NCAA South Central Region; 1996-97 -- NCAA District 7

WOMEN'S MVP

1979.....	Rita Burr
1980.....	Theresa Hanrahan
1981.....	Dana Lindsley
1982.....	Rita Burr
1983.....	Gail Conway
1984.....	Princess Harrison
1985.....	Carol Travis
1986.....	Jill Wood
1987.....	Shannen Karpel
1988.....	Jill Wood
1989.....	Jill Wood
1990.....	Callie Calhoun
1991.....	Kelly Kirkpatrick
1992.....	Jennifer Kornacker
1993.....	Jennifer Kornacker
1994.....	Michelle Truesdale
1995.....	Michelle Truesdale
1996.....	Rachel Smith
1997.....	Heather Johnson
1998.....	Rachel Smith
1999.....	Rachel Smith
2000.....	Jaime Flood
2001.....	Brandess Pardue
2002.....	Brandess Pardue
2003.....	Anne Chumlea
2004.....	Kelly Robinson
2005.....	Nicole Graham
2006.....	Kelly Robinson
2007.....	Brittany Morreale
2008.....	Katie Lynch
2009.....	Ally Romanko
2010.....	Katherine Ward
2011.....	Melissa Fuerst
2012.....	Jen Bremser
2013.....	Hannah Everson
2014.....	Hannah Everson
2015.....	Hannah Everson

No awards given prior to 1979



JILL WOOD



RACHEL SMITH

DANA LINDSLEY



WOMEN'S TEAM CAPTAINS

1977.....	Anne Martin	1997.....	Jennifer Young
1978.....	Donna Cliff	1998.....	Cathy Majauskas
1979.....	Amy McCarthy, Tanya Senz	1999.....	Heather Johnson, Rachel Smith
1980.....	Anetta Weber, Jan Wiley	2000.....	Jaime Flood
1981.....	Rita Burr, Dana Lindsley	2001.....	Lara Coppinger
1982.....	Dana Lindsley	2002.....	Elissa Ballas
1983.....	Joy Meyen	2003.....	Kelly McPherson
1984.....	Laureli Mazik	2004.....	Cindy Dawson
1985.....	Carol Travis	2005.....	Andrea Pinchak
1986.....	Brenda Lewis	2006.....	Margaret Frash
1987.....	Rebecca Sivacek	2007.....	Danielle Pozen, Kelly Robinson
1988.....	Jill Wood	2008.....	Brittany Morreale, Ally Romanko
1989.....	Jill Wood	2009.....	Katie Lynch
1990.....	Callie Calhoun, Suzanne Henke	2010.....	Auriele Fain, Katherine Ward
1991.....	Kelly Kirkpatrick	2011.....	Auriele Fain
1992.....	Rachel Call	2012.....	Jen Bremser, Melissa Fuerst
1993.....	Renae Bartolone	2013.....	Annette Eichenberger
1994.....	Renae Bartolone	2014.....	Taylor Drolshagen, Rebecca Esselstein
1995.....	Sara Whittingham	2015.....	Hannah Everson
1996.....	Sierra Gould		

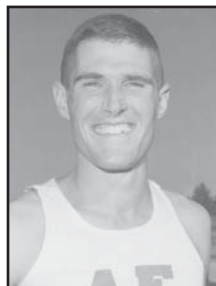
ALL-AMERICANS* [NCAA DIVISION I, NCAA DIVISION II, AIAW]



Jim Murphy
1964



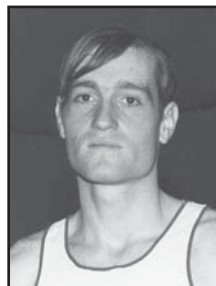
Terry Gruters
1967



Mike Ryan
1967-68-69



Dennis Sbach
1971



Jim Koster
1973



Rita Burr
1979-80-81-82



Anetta Weber
1979-81



Kim Sheridan
1981



Lisa Yoha
1981



Jill Wood
1986-87-88-89



Shannen Karpel
1987-88-89-90



Kelly Kirkpatrick
1988



Callie Calhoun
1988-89-90



Suzanne Henke
1988-90



Cindy Craig
1989



Chris Nelson
1990-91



Amy Reecy
1990



Jennifer Kornacker
1992



Phil Swenson
1993



Michelle Truesdale
1994-95



Eric Mack
1995



Dolly Patel
1995



Chris Acs
2003



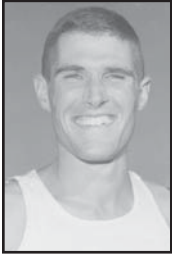
Kyle Eller
2015



Hannah Everson
2015

* All men's All-America accolades came at the NCAA Division I level, while the women's were awarded at the AIAW (1979-81), NCAA DII (1982-1995) and NCAA DI (1996-present) level.

MEN'S NATIONAL CHAMPIONSHIP HIGHLIGHTS



Left: Mike Ryan, the 1968 NCAA national champion; Right: Eric Mack, the top American finisher in 1995

NCAA TEAM FINISHES

1959.....	9th place
1960.....	7th place
1961.....	10th place
1964.....	10th place
1967.....	2nd place
1968.....	22nd place
1971.....	23rd place
1981.....	22nd place
1991.....	14th place
2000.....	16th place
2001.....	26th place
2003.....	8th place
2004.....	14th place
2013.....	20th place

NCAA INDIVIDUAL RESULTS

1959.....	9TH PLACE
John Fer.....	32nd 20:00
James Bilello.....	39th 22:14
Joe Mandel.....	59th 22:37
Dave Carlstrom.....	66th 22:47
Austin Wedemeyer.....	67th 22:47
Will Holbrow.....	98th 24:09
Roy Stafford.....	100th 24:13
1960.....	7TH PLACE
David Carlstrom.....	33rd 21:00
John Fer.....	39th 21:04
Tom Cardoza.....	57th 21:31
Austin Wedemeyer.....	58th 21:35
Dick Parker.....	60th 21:42
Joe Mandel.....	68th 22:10
Will Holbrow.....	87th 23:03
1961.....	10TH PLACE
John Fer.....	39th 21:09
Tom Cardoza.....	60th 21:31
Austin Wedemeyer.....	68th 21:37
Dick Parker.....	81st 21:59
Will Holbrow.....	place n/a time n/a
1964.....	10TH PLACE
Jim Murphy **.....	3rd 20:17.5
Bob Foley.....	42nd 21:11.1
Dave Brown.....	82nd 21:37.1
1967.....	2ND PLACE
Mike Ryan **.....	3rd 31:06
Terry Gruters **.....	14th 32:15
Greg Wright.....	33rd 32:58
Howard Parriss.....	41st 33:12
Roy Almeida.....	53rd 33:40
Doug Everett.....	64th 34:08
Tim Mason.....	67th 34:17

** All-America selections

1968.....	22ND PLACE
Mike Ryan **.....	1st 29:17
John Jones.....	208th 34:16
1969.....	
Mike Ryan **.....	2nd 29:01
John Jones.....	102nd 31:43
1970.....	
John Jones.....	96th 29:48
Dennis Sbach.....	98th 29:50
1971.....	23RD PLACE
Dennis Sbach **.....	23rd 30:21
Jim Koster.....	95th 31:21
David Daley.....	206th 32:40
Ernie Maravilla.....	237th 33:11
Howard Frank.....	248th 33:30
Richard Lower.....	263rd 34:11
William Miller.....	264th 34:14
1973.....	
Jim Koster **.....	26th 29:17.6
1980.....	
Bret Hyde.....	169th 31:37.6
1981.....	22ND PLACE
Dan Rooney.....	69th times n/a
Andy Ferguson.....	71st times n/a
Brian Maas.....	82nd times n/a
Mike Kubitschek.....	112th times n/a
Gary Droze.....	123rd times n/a
Bob Langstaff.....	144th times n/a
Blake Pierson.....	153rd times n/a
1990.....	
Chris Nelson **.....	29th 30:05
1991.....	14TH PLACE
Chris Nelson **.....	20th 31:02.2
Chris Juarez.....	68th 32:03.3
Phil Swenson.....	72nd 32:05.9
Chris Lindhorst.....	113th 32:45.7
Eli Ricca.....	137th 33:14.3
Nick MacFalls.....	149th 33:39.7
Peter Ohotnicky.....	164th 34:25.8
1993.....	
Phil Swenson **.....	28th 30:29.7
1994.....	
Eric Mack.....	67th 31:52.8
1995.....	
Eric Mack **.....	3rd 30:46
1996.....	
Andrew Marx.....	171st 36:29

2000.....	16TH PLACE
Albert Kelly.....	85th 31:38
Chris Acs.....	91st 31:40
Joe Monaco.....	103rd 31:46
Zach Richter.....	145th 32:08
David Romero.....	167th 32:18
Ben Payne.....	173rd 32:20
Shane Rogers.....	219th 32:57
2001.....	26TH PLACE
David Romero.....	75th 30:42
Chris Acs.....	121st 31:11
Al Kelly.....	144th 31:27
Ben Payne.....	190th 31:57
Brian Carpenter.....	221st 32:39
Jim Blech.....	229th 32:57
Brian Dumm.....	242nd 33:44
2003.....	8TH PLACE
Chris Acs **.....	36th 30:21.8
Brian Dumm.....	58th 30:39.1
Ben Payne.....	62nd 30:42.9
Mark Walter.....	80th 30:52.8
Abe Wengel.....	94th 31:01.6
Jeff Gosselin.....	98th 31:03.6
Kalib Wilkinson.....	142nd 31:30.3
2004.....	14TH PLACE
Brian Dumm.....	57th 32:26
Jeff Gosselin.....	61st 32:27
Nick Wilson.....	85th 32:44
Abe Wengel.....	89th 32:48
Matt Hellier.....	90th 32:49
Mark Walter.....	124th 33:14
Kalib Wilkinson.....	167th 33:50
2007.....	
Matt Williams.....	136th 31:25
2009.....	
Justin Tyner.....	71st 30:38
2010.....	
Justin Tyner.....	89th 31:03
Jeremy Drenckhahn.....	134th 31:28
2013.....	20TH PLACE
Isaiah Bragg.....	56th 30:57.1
Patrick Corona.....	89th 31:14.1
Gavin Owens.....	101st 31:19.8
Charlie Perkins.....	130th 31:34.7
Zach Perkins.....	140th 31:42.3
Elliot Myers.....	202nd 32:30.3
Riley Coates.....	206th 32:25.2
2014.....	
Riley Coates.....	77th 31:20.3
2015.....	
Kyle Eller **.....	28th 30:17.3
Patrick Corona.....	115th 31:06.6

WOMEN'S NATIONAL CHAMPIONSHIP HIGHLIGHTS



LEFT: The 1979 AIAW national championship team with head coach Ernie Cuncliff; ABOVE: Callie Calhoun, the 1990 NCAA Division II national champion

AIAW TEAM FINISHES

1979.....	National Champions
1980.....	3rd place
1981.....	2nd place

AIAW INDIVIDUAL RESULTS

1979 1ST PLACE

Rita Burr **.....	7th 17:49.0
Annetta Weber **.....	10th 17:57.4
Theresa Hanrahan.....	18th 18:16.3
Tanya Senz.....	19th 18:17.4
Dana Lindsley.....	43rd 18:46.4

1980 3RD PLACE

Rita Burr **.....	13th 18:38
Annetta Weber.....	24th 18:58
Gay Weaver.....	31st 19:03
Margaret Waszkiewicz.....	48th 19:15
Joy Meyen.....	80th 19:35

1981 2ND PLACE

Kim Sheridan **.....	9th times n/a
Rita Burr **.....	13th times n/a
Lisa Yoha **.....	17th times n/a
Annetta Weber **.....	22nd times n/a

NCAA TEAM FINISHES

1988.....	2nd place
1989.....	2nd place
1990.....	2nd place
1992.....	6th place
1995.....	6th place

NCAA DIVISION II INDIVIDUAL RESULTS

1982 6TH PLACE

Rita Burr **.....	25th 22:14.5
Dana Lindsley.....	32nd 22:22.5
Jean Garvin.....	37th 22:26.6
Joy Meyen.....	48th 22:36.1
Laureli Mazik.....	73rd 23:46.8
Shelly Ginder.....	79th 24:21.1
Lisa Yoha.....	81st 24:27.6

1983 8TH PLACE

Gail Conway.....	31st 18:22
Princess Harrison.....	39th 18:40
Joy Meyen.....	47th 18:51
Shelly Ginder.....	50th 18:53
Laureli Mazik.....	63rd 19:10
Theresa Hanrahan.....	69th 19:28
Jean Garvin.....	73rd 19:37

1982 6TH PLACE

Rita Burr **.....	25th 22:14.5
Dana Lindsley.....	32nd 22:22.5
Jean Garvin.....	37th 22:26.6
Joy Meyen.....	48th 22:36.1
Laureli Mazik.....	73rd 23:46.8
Shelly Ginder.....	79th 24:21.1
Lisa Yoha.....	81st 24:27.6

1983 8TH PLACE

Gail Conway.....	31st 18:22
Princess Harrison.....	39th 18:40
Joy Meyen.....	47th 18:51
Shelly Ginder.....	50th 18:53
Laureli Mazik.....	63rd 19:10
Theresa Hanrahan.....	69th 19:28
Jean Garvin.....	73rd 19:37

1984

Laureli Mazik.....	place n/a time n/a
Princess Harrison.....	place n/a time n/a

1986 9TH PLACE

Jill Wood **.....	7th 17:27
Brenda Pippel.....	38th 18:23
Rebecca Sivacek.....	44th 18:33
Brenda Lewis.....	81st 19:46
Sherry Teague.....	84th 19:50
Marcy Houston.....	85th 19:52
Jeanette Howard.....	97th 21:36

1987

Shannen Karpel **.....	23rd time n/a
Jill Wood.....	30th time n/a
Amy Reecy.....	44th time n/a
Callie Calhoun.....	73rd time n/a
Rebecca Sivacek.....	76th time n/a
Kristi Swain.....	77th time n/a
Jeanette Howard.....	87th time n/a

1988 2ND PLACE

Jill Wood **.....	2nd 17:05.3
Kelly Kirkpatrick **.....	4th 17:20.1
Callie Calhoun **.....	11th 17:56.5
Shannen Karpel **.....	20th 18:09.2
Suzanne Henke **.....	21st 18:10.4
Amy Reecy.....	28th 18:18.3
Brenda Pippel.....	39th 18:28.7

1989 2ND PLACE

Jill Wood **.....	2nd 17:20.7
Callie Calhoun **.....	5th 17:43.4
Shannen Karpel **.....	10th 18:02.7
Cindy Craig **.....	24th 18:26.2
Suzanne Henke.....	44th 18:52.1
Brenda Pippel.....	49th 18:58.4
Amy Reecy.....	91st 21:30.8

1990 2ND PLACE

Callie Calhoun **.....	1st 16:57
Shannen Karpel **.....	2nd 17:14
Amy Reecy **.....	8th 17:31
Suzanne Henke **.....	18th 17:46
Kelly Kirkpatrick.....	49th 18:45
Jennifer Atcheley.....	58th 19:06
Jennifer Elsing.....	61st 19:14

1992 6TH PLACE

Jennifer Kornacker **.....	23rd 19:44
Sara Whittingham.....	38th 20:09
Renaee Bartolone.....	45th 20:19
Dolly Patel.....	47th 20:25
Eve Burke.....	49th 20:28
Jennifer Robinson.....	51st 20:32
Rita Perez.....	60th 20:47

1993 11TH PLACE

Jennifer Robinson.....	44th 19:25
Jennifer Kornacker.....	60th 19:40
Dolly Patel.....	63rd 19:41
Sierra Gould.....	70th 19:51
Renaee Bartolone.....	78th 20:01
Sara Whittingham.....	81st 20:06
Sandra Acosta.....	98th 20:34

1994 14TH PLACE

Michelle Truesdale **.....	25th 18:48
Sierra Gould.....	67th 19:40
Renaee Bartolone.....	68th 19:41
Sara Whittingham.....	72nd 19:45
Dolly Patel.....	75th 19:46
Rita Perez.....	104th 20:26
Eve Burke.....	111th 20:39

1995 6TH PLACE

Michelle Truesdale **.....	13th 17:45
Dolly Patel **.....	17th 17:52
Sara Whittingham.....	38th 18:27
Sierra Gould.....	67th 19:01
Rita Perez.....	83rd 19:15
Irene Hobbs.....	98th 19:35
Sharon Rohde.....	100th 19:36

NCAA DIVISION I INDIVIDUAL RESULTS

2001

Brandess Pardue.....	223rd 23:38.0
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2015

Hannah Everson **.....	22nd 30:15.5
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** All-America selections

MEN'S TOP-20 TIMES . 1995-PRESENT

5K DISTANCE

14:55.1	Jake Hawkins, at Colorado State Open	2013
14:56.9	Isaiah Bragg, at Colorado State Open	2013
15:03.5	Andrew Johnston, at Colorado State Open	2015
15:03.8	Kyle Eller, at Colorado State Open	2015
15:03.9	Patrick Corona, at Colorado State Open	2015
15:05.2	Riley Coates, at Colorado State Open	2013
15:07.9	Matt Dorsey, at Colorado State Open	2015
15:08.0	Patrick Corona, at Colorado State Open	2013
15:16.3	Gavin Owens, at Colorado State Open	2013
15:21.5	Daniel Shellhouse, at Colorado State Open	2015
15:21.6	Dan Caddigan, at Colorado State Open	2015
15:27.0	Sean Bapty, at Colorado State Open	2015
15:29.3	Grant Caswell, at Colorado State Open	2015
15:31.0	Jacob Bivlado, at Colorado State Open	2015
15:34.1	Andrew Milliron, at Colorado State Open	2015
15:35.4	Jason Engel, at Colorado State Open	2015
15:36.7	Charlie Perkins, at Colorado State Open	2013
15:38.4	Trevor Siniscalchi, at Colorado State Open	2015
15:41.9	Dan Caddigan, at Colorado State Open	2013
15:47.3	Mikey Davey, at Colorado State Open	2015



6K DISTANCE

18:30.7	Jim Walmsley, at Rust Buster Invitational	2011
18:41.4	Kyle Eller, at Fresno State Invitational	2014
18:41.9	Dan Caddigan, at Fresno State Invitational	2014
18:41.9	Riley Coates, at Fresno State Invitational	2014
18:42.0	Zach Perkins, at Fresno State Invitational	2014
18:42.2	Patrick Corona, at Fresno State Invitational	2014
18:47.8	Matt Bell, at Rust Buster Invitational	2011
18:50.8	Dan Shellhouse, at Fresno State Invitational	2014
18:58.3	Matt Dorsey, at Fresno State Invitational	2014
18:59.1	J Drenckhahn, at Rust Buster Invitational	2011
18:59.1	Jason Engel, at Fresno State Invitational	2014
19:05.1	Sean Bapty, at Fresno State Invitational	2014
19:09.0	Zach Nordahl, at Rust Buster Invitational	2009
19:20.3	Isaiah Bragg, at Rust Buster Invitational	2011
19:22.0	Jim Walmsley, at Rust Buster Invitational	2010
19:23.0	Jim Walmsley, at Rust Buster Invitational	2009
19:25.0	Justin Tyler, at Rust Buster Invitational	2009
19:26.1	Andrew Quallio, at Rust Buster Invitational	2011
19:26.6	Jake Hawkins, at Rust Buster Invitational	2011
19:39.7	Ted Artz, at Rust Buster Invitational	2011

4-MILE DISTANCE

21:40.0	Matt Bell, at Colorado State Classic	2009
21:47.0	Steve Radtke, at Colorado Open	1995
21:47.0	Steve Schell, at Colorado Open	1995
21:55.0	Jim Nelson, at Colorado Open	1996
22:00.0	Kyle Davidson, at Air Force Open	2003
22:01.0	Andrew Quallio, at Colorado State Classic	2009
22:05.0	Mark Stevens, at Colorado Open	1996
22:06.0	Seth Pelletier, at Colorado State Classic	2009
22:08.0	Zach Smith, at Colorado Open	1995
22:19.0	Matt Hellier, at Air Force Open	2003
22:20.0	Stephen Pinchak, at Colorado Open	1995
22:21.0	Jake Nay, at Colorado Open	1995
22:24.0	Chris Acs, at Air Force Open	2001
22:24.0	Brian Carpenter, at Air Force Open	2001
22:24.0	Albert Kelly, at Air Force Open	2001
22:24.0	Ben Payne, at Air Force Open	2001
22:24.0	David Romero, at Air Force Open	2001
22:24.0	Jason Clark, at Colorado Open	1995
22:26.0	Matt Allen, at Colorado Open	1995
22:31.0	Conor Murphy, at Colorado State Open	2005



4.1-MILE DISTANCE

22:12.0	Ben Payne, at Air Force Open	2002
22:12.0	Abe Webgel, at Air Force Open	2002
22:12.0	Nick Wilson, at Wyoming Inv	2005
22:12.0	Matt Williams, at Wyoming Inv	2006
22:18.0	Sean Houseworth, at Wyoming Inv	2006
22:22.0	Jeff Gosselin, at Wyoming Inv	2005
22:23.0	Josh van Wyngaarden, at Wyoming Inv	2006
22:24.0	Ian McFarland, at Wyoming Inv	2006
22:25.0	Richard Elmore, at Wyoming Inv	2006
22:30.0	Kalib Wilkinson, at Air Force Open	2002
22:34.0	Mark Walter, at Air Force Open	2002
22:37.0	Mark Walter, at Wyoming Inv	2005
22:38.0	Matt Hellier, at Wyoming Inv	2005
22:40.0	Kyle Davidson, at Wyoming Inv	2004
22:45.0	Brian Dumm, at Air Force Open	2002
22:48.0	Kenny Gosselin, at Wyoming Inv	2006
22:49.0	Jason Beck, at Wyoming Inv	2004
22:49.0	Richard Elmore, at Wyoming Inv	2005
22:50.0	Nick Wilson, at Air Force Open	2002
22:53.0	Derek Storbeck, at Wyoming Inv	2004

4.25-MILE DISTANCE

22:07.0	Sean Houseworth, at Wyoming Inv	2007
22:13.0	Ian McFarland, at Wyoming Inv	2007
22:34.0	J van Wyngaarden, at Wyoming Inv	2007
22:37.0	Kenny Gosselin, at Wyoming Inv	2007
22:44.0	Thomas Richter, at Wyoming Inv	2007
22:45.0	Justin Mason, at Wyoming Inv	2008
22:46.0	Daniel Castle, at Wyoming Inv	2008
22:47.0	Justin Tyner, at Wyoming Inv	2008
22:48.0	Joe Curran, at Wyoming Inv	2007
22:54.0	Parker Cowles, at Wyoming Inv	2007
22:56.0	Zachary Marx, at Wyoming Inv	2008
23:10.0	Scott Balcao, at Wyoming Inv	2008
23:19.0	Sebastian Ortiz, at Wyoming Inv	2007
23:19.0	Zach Nordahl, at Wyoming Inv	2007
23:23.0	Jim Walmsley, at Wyoming Inv	2008
23:31.0	Sebastian Ortiz, at Wyoming Inv	2008
23:43.0	Austin Fritzer, at Wyoming Inv	2007
23:49.0	Brad Cronkster, at Wyoming Inv	2008
23:53.0	Jon Rock, at Wyoming Inv	2008
23:56.0	Arthur Grijalva, at Wyoming Inv	2007

5-MILE DISTANCE

23:55.7	Riley Coates, at Notre Dame Inv	2014
24:15.4	Zach Perkins, at Notre Dame Inv	2014
24:19.0	Jim Walmsley, at Notre Dame Inv	2011
24:24.4	Kyle Eller, at Notre Dame Inv	2014
24:26.6	D Shellhouse, at Notre Dame Inv	2014
24:33.0	Patrick Corona, at Notre Dame Inv	2014
24:43.0	A Johnston, at Notre Dame Inv	2014
24:46.7	Dan Caddigan, at Notre Dame Inv	2014
24:48.0	J Drenckhahn, at Notre Dame Inv	2011
24:53.2	Matt Dorsey, at Notre Dame Inv	2014

5.2-MILE DISTANCE

25:16.0	Eric Mack, at Penn State Inv	1995
26:23.0	John Mizell, at Penn State Inv	1995
26:27.0	Paul Graddon, at Penn State Inv	1995
26:30.0	Andy Meehan, at Penn State Inv	1995
26:33.0	Steve Schell, at Penn State Inv	1995
26:41.0	Zach Smith, at Penn State Inv	1995
26:58.0	Andrew Marx, at Penn State Inv	1995
27:14.0	Jake Nay, at Penn State Inv	1995
27:26.0	Brandon Maroon, at Penn State Inv	1995
27:40.0	Steve Radtke, at Penn State Inv	1995

8K DISTANCE

23:23.1	Patrick Corona, at Washington Inv	2015
23:33.1	Patrick Corona, at Pre-National Inv	2015
23:35.4	Kyle Eller, at Washington Inv	2015
23:40.0	Kyle Eller, at Washington Inv	2015
23:41.5	Patrick Corona, at MW Championships	2014
23:45.0	Justin Tyner, at MW Championships	2009
23:48.0	Eric Mack, at Auburn Inv	1995
23:49.9	Andy Johnston, at Washington Inv	2015
23:50.2	Riley Coates, at MW Championships	2014
23:51.0	Brian Dumm, at Notre Dame Inv	2004
23:53.0	Isaiah Bragg, at adidas Inv	2013
23:54.0	Nick Wilson, at Willamette Inv	2005
23:58.0	Justin Tyner, at adidas Inv	2010
23:59.0	Ben Payne, at Pre-Nationals	2003
24:01.0	Ben Payne, at Lobo Inv	2002
24:04.8	Matt Dorsey, at Washington Inv	2015
24:06.0	Ian McFarland, at Pre-Nationals	2007
24:08.4	Isaiah Bragg, at MW Championships	2013
24:09.0	Patrick Corona, at adidas Inv	2013
24:09.0	Mark Walter, at Willamette Inv	2005

8.1K DISTANCE

27:34.0	David Romero, at Rocky Mtn Shootout	1998
27:49.0	Zach Ritcher, at Rocky Mtn Shootout	1998
27:50.0	Brennan Vincello, at Rocky Mtn Shootout	1998
27:56.0	Mark Stevens, at Rocky Mtn Shootout	1997
28:08.0	Aaron Mihajevich, at Rocky Mtn Shootout	1998
28:12.0	Kevin Crofton, at Rocky Mtn Shootout	1998
28:16.0	Albert Kelly, at Rocky Mtn Shootout	1998
28:28.0	Chris Robertson, at Rocky Mtn Shootout	1997
28:35.0	Joe Lopez, at Rocky Mtn Shootout	1998
28:56.0	Ryan O'Hara, at Rocky Mtn Shootout	1997
28:57.0	Joe Monaco, at Rocky Mtn Shootout	1997
29:03.0	Kevin Crofton, at Rocky Mtn Shootout	1997
29:15.0	Mark Hanson, at Rocky Mtn Shootout	1998
29:22.0	Patrick Shanahan, at Rocky Mtn Shootout	1997
29:24.0	Seth Malley, at Rocky Mtn Shootout	1997
29:26.0	Chris Pace, at Rocky Mtn Shootout	1998
29:28.0	John Kopecky, at Rocky Mtn Shootout	1998
29:42.0	Brian Carpenter, at Rocky Mtn Shootout	1998
29:43.0	Joe Lopez, at Rocky Mtn Shootout	1997
29:47.0	Mark Fogel, at Rocky Mtn Shootout	1998

10K DISTANCE

29:37.9	Eric Mack, at District 7 Championships	1995
29:49.6	Isaiah Bragg, at Mountain Regionals	2013
29:58.1	Kyle Eller, at Mountain Regionals	2015
30:00.2	Patrick Corona, at Mountain Regionals	2015
30:00.4	Patrick Corona, at Mountain Regionals	2013
30:07.0	Matt Williams, at Mountain Regionals	2008
30:10.0	Mark Walter, at Mountain Regionals	2004
30:12.0	Justin Tyner, at Mountain Regionals	2010
30:16.2	Zach Perkins, at Mountain Regionals	2013
30:17.0	J Drenckhahn, at Mountain Regionals	2010
30:17.3	Kyle Eller, at NCAA Championships	2015
30:20.9	Riley Coates, at Mountain Regionals	2014
30:21.3	Charlie Perkins, at Mountain Regionals	2013
30:21.5	Gavin Owens, at Mountain Regionals	2013
30:21.8	Chris Acs, at NCAA Championships	2003
30:22.0	S Houseworth, at Mountain Regionals	2008
30:30.0	Justin Tyner, at Mountain Regionals	2009
30:32.6	Zach Perkins, at Mountain Regionals	2014
30:33.5	Eric Mack, at WAC Championships	1994
30:35.0	Abe Wengel, at Mountain Regionals	2004



WOMEN'S TOP-20 TIMES . DIVISION I TIMES ONLY

4K DISTANCE

14:43.9	Kate Kanetzky, at Rust Buster Inv	2011
14:44.2	Melissa Fuerst, at Rust Buster Inv	2011
14:55.5	Jen Bremser, at Rust Buster Inv	2011
15:13.6	Katie Carroll, at Rust Buster Inv	2011
15:18.0	Heather Connick, at Rust Buster Inv	2011
15:27.0	Katherine Ward, at Rust Buster Inv	2010
15:29.0	Ally Romanko, at Rust Buster Inv	2009
15:32.0	Katie Anderson, at Rust Buster Inv	2009
15:33.0	Elyse Willard, at Rust Buster Inv	2009
15:35.0	Katie Carroll, at Rust Buster Inv	2010
15:36.0	Katie Lynch, at Rust Buster Inv	2009
15:37.0	Aurielee Fain, at Rust Buster Inv	2009
15:38.9	Carley Gross, at Rust Buster Inv	2011
15:39.0	Katherine Ward, at Rust Buster Inv	2009
15:41.0	Morgan Mosby, at Rust Buster Inv	2010
15:44.1	Amanda Blain, at Rust Buster Inv	2011
15:45.0	Jen Bremser, at Rust Buster Inv	2009
15:45.4	Rachel Sykes, at Rust Buster Inv	2011
15:52.0	Rebecca Esselstein, at Rust Buster Inv	2011
15:52.3	Adrianna Dong, at Rust Buster Inv	2011

4200-METER DISTANCE

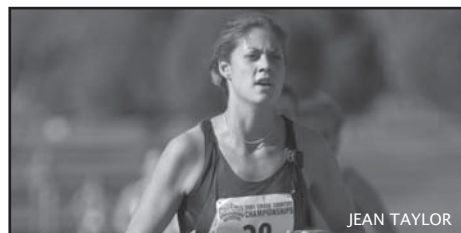
14:53.3	Hannah Everson, at Fresno St Inv	2014
15:00.3	Heather Connick, at Fresno St Inv	2014
15:02.6	Taylor Drolshagen, at Fresno St Inv	2014
15:10.6	Lindy Long, at Fresno St Inv	2014
15:17.6	Nicole Hahn, at Fresno St Inv	2014
15:20.4	Rebecca Esselstein, at Fresno St Inv	2014
15:22.0	Carina Gillespie, at Fresno St Inv	2014
15:28.2	Giuliana Vessa, at Fresno St Inv	2014
15:52.5	Katie Burnham, at Fresno St Inv	2014

2.5-MILE DISTANCE

15:12.0	Nicole Graham, at Wyoming Inv	2005
15:18.0	Beth Catherwood, at Wyoming Inv	2004
15:27.0	Aurielee Fain, at Wyoming Inv	2008
15:29.0	Ashley Culp, at Wyoming Inv	2004
15:29.0	Margaret Frash, at Wyoming Inv	2004
15:43.0	Kelly Robinson, at Wyoming Inv	2006
15:46.0	Margaret Frash, at Wyoming Inv	2006
15:48.0	Brittany Morreale, at Wyoming Inv	2006
15:50.0	Andrea Pinchak, at Wyoming Inv	2005
15:53.0	Ashley Snyder, at Wyoming Inv	2004
15:53.0	Katherine Ward, at Wyoming Inv	2007
15:54.0	Andrea Pinchak, at Wyoming Inv	2004
15:58.0	Vivien Aspden, at Wyoming Inv	2004
16:02.0	Kate Papenberg, at Wyoming Inv	2006
16:05.0	Ally Romanko, at Wyoming Inv	2006
16:08.0	Kelly Robinson, at Wyoming Inv	2004
16:10.0	Lindsay Grose, at Wyoming Inv	2004
16:11.0	Ally Romanko, at Wyoming Inv	2007
16:16.0	Kate Papenberg, at Wyoming Inv	2004
16:16.0	Elyse Willard, at Wyoming Inv	2008

5K DISTANCE

17:10.0	Hannah Everson, at Notre Dame Inv	2014
17:29.3	Lindy Long, at Notre Dame Inv	2014
17:30.0	Nicole Graham, at Willamette Inv	2005
17:31.8	Hannah Everson, at Colorado State Inv	2015
17:40.7	Carina Gillespie, at Colorado State Inv	2015
17:40.8	R Esselstein, at Notre Dame Inv	2014
17:49.0	Melissa Fuerst, at Notre Dame Inv	2011
18:01.0	Rachel Smith, at Stanford Inv	1999
18:01.7	Nicole Hahn, at Notre Dame Inv	2014
18:02.0	Hannah Everson, at Colorado State Inv	2013
18:04.0	Katie Burnham, at Colorado State Inv	2015
18:08.0	Margaret Frash, at Notre Dame Inv	2004
18:09.4	Samantha Skold, at Colorado State Inv	2015
18:10.0	Nicole Graham, at Wyoming Inv	2004
18:12.0	Margaret Frash, at Willamette Inv	2005
18:13.8	Jen Bremser, at Colorado State Inv	2012
18:14.0	Kate Kanetzky, at Notre Dame Inv	2011
18:17.0	Dawn Golding, at Roy Griak Inv	1996
18:17.0	Kelly Robinson, at Notre Dame Inv	2004
18:17.8	Lindy Long, at Colorado State Inv	2015



3-MILE DISTANCE

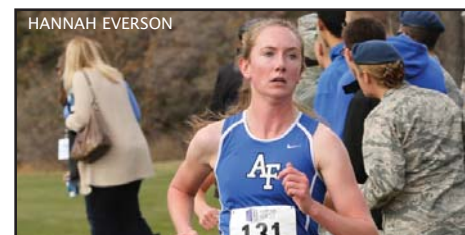
19:04.0	Jean Taylor, at Air Force Open	2001
19:11.0	Elissa Ballas, at Air Force Open	2001
19:12.0	Brandess Pardue, at Air Force Open	2002
19:13.0	Elissa Ballas, at Air Force Open	2002
19:18.0	Ilea Eskildsen, at Air Force Open	2003
19:22.0	Jean Taylor, at Air Force Open	2000
19:29.0	Anne Chumlea, at Air Force Open	2002
19:30.0	Brandess Pardue, at Air Force Open	2001
19:34.0	Kelly McPherson, at Air Force Open	2002
19:36.0	Jaime Flood, at Air Force Open	2000
19:40.0	Nicole Graham, at Air Force Open	2002
19:44.0	Sara Kinney, at Air Force Open	2000
19:50.0	Lindsay Grose, at Air Force Open	2002
19:51.0	Kelly McPherson, at Air Force Open	2001
20:00.0	Lara Coppinger, at Air Force Open	2001
20:02.0	Andrea Pinchak, at Air Force Open	2002
20:04.0	Lorraine Taylor, at Air Force Open	2002
20:12.0	Tracy Denaro, at Air Force Open	2000
20:12.0	Stephanie Cornell, at Air Force Open	2001
20:13.0	Cindy Dawson, at Air Force Open	2001

5.8K DISTANCE

22:41.0	A Eichenberger, at Rocky Mtn Shootout	2012
22:43.0	Aurielee Fain, at Rocky Mtn Shootout	2009
22:59.0	Aurielee Fain, at Rocky Mtn Shootout	2008
23:09.0	H Johnson, at Rocky Mtn Shootout	1997
23:13.0	Rachel Smith, at Rocky Mtn Shootout	1997
23:17.0	Adrianna Dong, at Rocky Mtn Shootout	2012
23:26.0	Lynn Alexander, at Rocky Mtn Shootout	1997
23:27.0	B Morreale, at Rocky Mtn Shootout	2009
23:27.8	Jaci Smith, at Rocky Mtn Shootout	2015
23:38.0	Chris Hagan, at Rocky Mtn Shootout	2011
23:38.0	Amanda Blain, at Rocky Mtn Shootout	2011
23:41.0	Meg Prinkey, at Rocky Mtn Shootout	2009
23:43.0	R Esselstein, at Rocky Mtn Shootout	2011
23:47.0	Elyse Willard, at Rocky Mtn Shootout	2008
23:48.0	Jaime Flood, at Rocky Mtn Shootout	1997
23:48.0	T Drolshagen, at Rocky Mtn Shootout	2011
23:59.0	Emily Hazen, at Rocky Mtn Shootout	2011
24:06.0	Ally Romanko, at Rocky Mtn Shootout	2007
24:09.0	Anne Chumlea, at Rocky Mtn Shootout	2000
24:09.0	Katie Carroll, at Rocky Mtn Shootout	2008

6K DISTANCE

19:50.2	Hannah Everson, at Washington Inv	2015
20:01.2	Hannah Everson, at Washington Inv	2015
20:15.5	Hannah Everson, at NCAA Championships	2015
20:29.3	Lindy Long, at Washington Inv	2015
20:31.6	Samantha Skold, at Washington Inv	2015
20:44.4	Katie Burnham, at Washington Inv	2015
20:45.4	Hannah Everson, at Mountain Regionals	2015
20:47.9	Hannah Everson, at MW Championships	2014
20:51.3	Carina Gillespie, at Washington Inv	2015
20:59.8	Jen Bremser, at Rim Rock Classic	2012
21:00.0	Hannah Everson, at adidas Classic	2013
21:00.2	Carina Gillespie, at Pre-Nationals	2015
21:02.4	Jen Bremser, at Pre-Nationals	2012
21:04.2	Katie Burnham, at Pre-Nationals	2015
21:06.6	Hannah Everson, at Mountain Regionals	2013
21:09.2	Melissa Fuerst, at adidas Inv	2011
21:12.2	Samantha Skold, at Pre-Nationals	2015
21:19.6	Melissa Fuerst, at MW Championships	2012
21:20.0	Katherine Ward, at Mountain Regionals	2010
21:20.1	A Eichenberger, at Mountain Regionals	2013



Times were not available for every year prior to joining NCAA Division I.

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 John Hayes 07
 Ralph Lindeman 08
 Juli Benson 09-10-11-12-13
 Ryan Cole 14-15

ALL-REGION (SINCE 2000)

MEN	Justin Tyner.....	2009, 2010
Chris Acs.....	Jim Walmsley.....	2011
Isaiah Bragg.....	Mark Walter.....	2003, 2004
Riley Coates.....	Abe Wengel.....	2004
Patrick Corona.....	Matt Williams.....	2007, 2008
Jeremy Drenckhahn.....	Nick Wilson.....	2005
Brian Dumm.....		
Kyle Eller.....		
Jeff Gosselin.....		
Sean Houseworth.....		
Ian McFarland.....		
Ben Payne.....		
David Romero.....		
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	Hannah Everson.....	2013, 2015
	Carina Gillespie.....	2015
	Nicole Graham.....	2005
	Brandess Pardue.....	2001, 2002
	Katherine Ward.....	2010

USTFCCCA AWARDS

NATIONAL RUNNER OF THE WEEK	
Hannah Everson 08 Sept.....	2015
MOUNTAIN REGION RUNNER OF THE YEAR	
Hannah Everson.....	2015



COSIDA ACADEMIC ALL-AMERICAN

Chris Nelson.....	1991
Nick Wilson.....	2005
Kenny Grosselin.....	2007
Brittany Morreale.....	2009
Matt Bell.....	2012
Jeremy Drenckhahn.....	2012
Rebecca Esselstein.....	2012, 2013, 2014

COSIDA ACADEMIC ALL-DISTRICT

Nick Wilson.....	2005
Margaret Frash.....	2005
Kenny Grosselin.....	2006, 2007
Joe Curran.....	2006
Brittany Morreale.....	2007, 2009
Matt Williams.....	2008
Kate Kanetzky.....	2010
Matt Bell.....	2012
Jeremy Drenckhahn.....	2012
Rebecca Esselstein.....	2012, 2013, 2014

USTFCCCA ALL-ACADEMIC

Chris Nelson.....	1990
Renee Bartolone.....	1992, 1993, 1994
Jennifer Kornacker.....	1993
Dolly Patel.....	1995
Matt Williams.....	2008
Jeremy Drenckhahn.....	2010
Women.....	2001, 2002, 2003, 2004, 2006, 2013
Men.....	1995, 1996, 1997, 2006, 2007, 2008

MAJOR ACADEMIC AWARDS

CAPITAL ONE ACADEMIC ALL-AMERICAN OF THE YEAR	
Rebecca Esselstein.....	2015

NCAA POSTGRADUATE SCHOLARSHIP	
Jim Murphy.....	1965-66
Mike Ryan.....	1969-70
John Jones.....	1970-71
Chris Nelson.....	1991-92
Dolly Patel.....	1995-96
Shane Rogers.....	2000-01
Kenny Grosselin.....	2007-08
Jeremy Drenckhahn.....	2012-13

RHODES SCHOLARSHIP	
Brittany Morreale.....	2009
Rebecca Esselstein.....	2014

MOUNTAIN WEST SCHOLAR-ATHLETE OF THE YEAR	
Rebecca Esselstein.....	2015

STAN BATES SCHOLARSHIP (PRESENTED BY THE WAC)	
Chris Nelson.....	1991-92

ATHLETIC DEPARTMENT AWARDS

1962 John Fer.....	Most Valuable Male
1965 Jim Murphy.....	Most Valuable Male
1970 Mike Ryan.....	Athletic Excellence
1972 Dennis Sbach.....	Athletic Leadership
1978 Ric Linares.....	Scholar-Athlete
1981 Bret Hyde.....	Athletic Leadership
1989 Rita Burr.....	Scholar Athlete
1991 Callie Calhoun.....	Athletic Excellence
1992 Chris Nelson.....	Scholar-Athlete
1996 Andy Meehan.....	Scholar-Athlete
1996 Eric Mack.....	Most Valuable Male
1998 Will Woodward.....	Scholar-Athlete
2001 Shane Rogers.....	Scholar-Athlete
2003 Ben Payne.....	Most Valuable Male
2003 Elissa Ballas.....	Athletic Leadership
2007 Kenny Grosselin.....	Scholar-Athlete
2008 Sean Houseworth.....	Athletic Excellence
2009 Brittany Morreale.....	Scholar Athlete
2011 Justin Tyner.....	Athletic Achievement
2012 Jim Walmsley.....	Athletic Excellence
2013 Jen Bremser.....	Most Valuable Female
2013 Jeremy Drenckhahn.....	Scholar-Athlete
2014 Annette Eichenberger.....	Most Valuable Female
2015 Rebecca Esselstein.....	Scholar-Athlete
2016 Patrick Corona.....	Athletic Excellence
2016 Hannah Everson.....	Most Valuable Female

USAF AATHLETIC HALL OF FAME

Class of 2009.....	Callie Calhoun
Class of 2011.....	Gail Conway
Class of 2013.....	Eric Mack

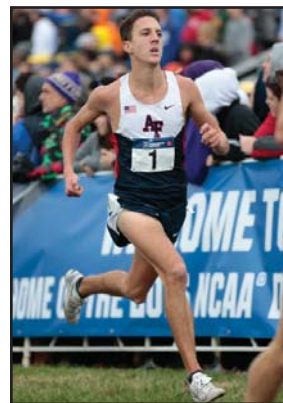
ESSELSTEIN NAMED ACADEMIC ALL-AMERICAN OF THE YEAR

Rebecca Esselstein was named the Capital One Academic All-American of the Year for Division I Women's Track/Field and Cross Country - as voted on by the College Sports Information Directors of America (CoSIDA) - on June 25, 2015. Esselstein, a 2015 Academy graduate and Rhodes Scholar, is the first Air Force athlete in any sport to ever earn the prestigious Academic All-American of the Year award.

A native of Dayton, Ohio, Esselstein made her third appearance on the Capital One Academic All-America® Division I Men's and Women's Track/Field and Cross Country Team, claiming first-team honors this season. Esselstein, who earned third-team status as a sophomore and second-team honors as a junior, is one of only two student-athletes on the full list of 90 to earn Academic All-America honors all three years.

Esselstein, who graduated with a 3.98 GPA in astronautical engineering, was named the top overall cadet for the Class of 2015 – an honor that recognizes excellence in academic, military and athletic performance. A Rhodes Scholar and Marshall Scholar, she was also named the top cadet, academically, among the Academy's 840 graduates, and received the athletic department's Scholar-Athlete Award.

CORONA NAMED MW MALE ATHLETE OF THE YEAR



Patrick Corona, a 2016 graduate of the Air Force track and field team, was named the Mountain West Male Athlete of the Year for the 2015-16 season, the league office announced this morning (July 27). Corona, a native of Fairfield, Conn., is the first Academy athlete in any sport to receive the conference's top athletic award.

As a senior, Corona picked up a pair of All-America accolades, set four Academy records and helped the Air Force men claim the "Mountain West Triple Crown", with conference titles in cross country, indoor track and field and outdoor track and field. The 2016 indoor champion at 3000 meters, Corona finished second at the MW Cross Country Championships and the MW Outdoor Championships (10,000-meter run), en route to four all-MW accolades.

WAC

INDIVIDUAL CONFERENCE CHAMPIONS

Chris Nelson1990, 1991
Eric Mack1995



ALL-CONFERENCE HONOREES

Dave Fresella1989
Chris Juarez1991
Nick MacFalls1994
Eric Mack1994, 1995
Andrew Marx1995, 1996
Chris Nelson1988, 1990, 1991
Jim Nelson1998
Zach Smith1996, 1997
Phil Swenson1992, 1993
Cliff Volpe1994

COACH OF THE YEAR

Ralph Lindeman1991
Mark Stanforth1994, 1996

TEAM CONFERENCE CHAMPIONS

1991 Men | 1994 Men | 1996 Men

MEN'S ACADEMIC ALL-CONFERENCE

Matt Allen1997, 1998
Mike Anderson1996
Tim Baumgartner1996
Chris Chaplin1991
Matt Compton1997
Chad Connor1996
Sean Dariushnia1991
Chad Erspamer1991, 1992, 1993
Ed McCormick1992, 1993
Andrew Meehan1993, 1994, 1995
Todd Moenster1996, 1997, 1998
Chris Nelson1990, 1991
Peter Ohotnicky1989, 1990, 1992
Chris Roberdeau1997, 1998
Shane Rogers1996
William Sabol1991
Patrick Shanahan1997, 1998
Todd Stratton1991, 1992, 1993
Rye Whitehead1996
Will Woodward1995, 1996, 1997

WOMEN'S ACADEMIC ALL-CONFERENCE

Amy Fitch1997
Heather Johnson1997, 1998
Dalia Wenckus1998



INDIVIDUAL CONFERENCE CHAMPION

Isaiah Bragg2013



ALL-CONFERENCE HONOREES

MEN'S HONOREES

Chris Acs2000, 2001, 2003
Matt Bell2012
Isaiah Bragg2011, 2012, 2013
Dan Caddigan2015
Brian Carpenter2001
Riley Coates2012, 2014
Patrick Corona2013, 2014, 2015
Joe Curran2007
Matt Dorsey2015
Jeremy Drenckhahn2011, 2012
Brian Dumm2003, 2004
Kyle Eller2015
Richard Elmore2006
Jeff Grosselin2005
Sean Houseworth2008
Ian McFarland2007
Joe Monaco1999
Elliot Myers2012
Jim Nelson1999
Zach Nordahl2008, 2009
Ryan O'Hara1999
Ben Payne2000, 2001, 2002, 2003
Andrew Quallio2011, 2012
Jon Rock2010
David Romero2001
Justin Tyner2009, 2010
Josh van Wyngaarden2007
Jim Walmsley2011
Mark Walter2003, 2004
Abe Wengel2002, 2003, 2004
Matt Williams2006, 2007, 2008
Nick Wilson2003, 2004, 2005

WOMEN'S HONOREES

Jen Bremser2012
Annette Eichenberger2013
Hannah Everson2013, 2014, 2015
Melissa Fuerst2011, 2012
Nicole Graham2005
Kelly Robinson2004
Rachel Smith1999
Katherine Ward2010

MAJOR CONFERENCE AWARDS

COACH OF THE YEAR

Juli Benson2010
Ryan Cole2015
Mark Stanforth1999, 2003

TEAM CONFERENCE CHAMPIONS

2003 Men | 2015 Men

STUDENT-ATHLETE OF THE YEAR

Isaiah Bragg2013

ATHLETES OF THE WEEK

MEN'S HONOREES

Chris Acs2000, 2001, 2003
Scott Balcao2006, 2008
Isaiah Bragg2012
Patrick Corona2015 (2x)
Jeremy Drenckhahn2009, 2011
Richard Elmore2004
Calvin Glass2007
Jake Hawkins2013
Andrew Milliron2015
Joe Monaco1999
Sebastian Ortiz2008
Gavin Owens2011
Ben Payne2001, 2002, 2003
David Romero2000
Pat Shanahan1999
Justin Tyner2009
Jim Walmsley2011 (2x)
Abe Wengel2004
Matt Williams2006
Nick Wilson2005 (2x)

WOMEN'S HONOREES

Elissa Ballas2002
Hannah Everson2013, 2015
Phaelen French2008
Melissa Fuerst2011
Nicole Graham2004
Lindsey Grose2005
Brittany Morreale2008
Brandess Pardue2002

Underlined years indicate first-team status from the MW.

MEN'S YEAR-BY-YEAR MW FINISHES



1999.....
 Provo, Utah | East Bay GC | 8K
 48 Runners | 2nd of 6 | 58 Points

7. Jim Nelson **25:36
8. Joe Monaco **25:38
11. Ryan O'Hara **25:52
15. Patrick Shanahan26:05
17. Shane Rogers26:10
18. Perry Griffith26:11
20. Brain Carpenter26:12
30. Zach Richter26:50
25. Joe Lopez27:12

2000.....
 Fort Collins, Colo. | Collindale GC | 8K
 52 Runners | 3rd of 6 | 74 Points

8. Ben Payne **25:43
14. Chris Acs **25:55
15. David Romero25:56
16. Albert Kelly25:56
21. Joe Monaco26:07
22. Zach Richter26:13
28. Shane Rogers26:40
33. Joe Lopez26:49
42. Brian Carpenter27:36

2001.....
 Albuquerque, N.M. | Paradise Hills | 8K
 50 Runners | 2nd of 6 | 54 Points

3. David Romero **24:29
5. Ben Payne **24:33
9. Chris Acs **24:42
13. Brian Carpenter **24:57
24. Albert Kelly25:27
34. Jim Blech26:09
35. Rudy Taute26:24
39. Brian Dumm26:36
41. Luke Mostoller26:51

2002.....
 Provo, Utah | East Bay GC | 8K
 49 Runners | 4th of 6 | 94 Points

8. Ben Payne **24:47
11. Abe Wengel **24:54
16. Chris Acs25:02
30. Jim Blech25:37
33. Mark Walter25:50
34. Kalib Wilkenson25:53
39. Rudy Taute26:18
41. Nick Wilson26:22
42. Jeff Gosselin26:26

2003.....
 Albuquerque, N.M. | UNM North GC | 8K
 47 Runners | 1st of 6 | 37 Points

2. Ben Payne **24:31
5. Brian Dumm **24:52
7. Mark Walter **25:02
11. Abe Wengel **25:16
12. Chris Acs **25:21
14. Nick Wilson **25:38
15. Jeff Gosselin25:42
17. Kalib Wilkenson25:50
31. Anthony D'Amato26:58

2004.....
 San Diego, Calif. | Morley Field | 8K
 50 Runners | 2nd of 6 | 57 Points

8. Abe Wengel **25:28
9. Brian Dumm **25:29
11. Mark Walter **25:35
13. Nick Wilson **25:37
16. Jeff Gosselin25:47
18. Matt Hellier25:57
29. Travis Patterson26:36
31. Anthony D'Amato26:47
32. Kalib Wilkenson26:50

2005.....
 Fort Collins, Colo. | Collindale GC | 8K
 50 Runners | 3rd of 6 | 73 Points

2. Nick Wilson **24:28
9. Jeff Gosselin **24:49
16. Travis Patterson25:15
22. Anthony D'Amato25:36
24. Richard Elmore25:42
26. Calvin Glass25:48
27. Sean Houseworth25:52
28. Matt Williams25:51
30. Josh van Wyngaarden25:53

2006.....
 Salt Lake City, Utah | Rose Park GC | 8K
 49 Runners | 2nd of 6 | 76 Points

9. Richard Elmore **25:07
12. Matt Williams **25:14
15. Josh van Wyngaarden25:18
17. Ian McFarland25:31
24. Scott Balcao25:57
25. Sean Houseworth25:59
26. Sebastian Ortiz26:00
31. Kenny Grosselin26:12
37. Jason Beck26:33

2007.....
 Albuquerque, N.M. | UNM North GC | 8K
 45 Runners | 3rd of 6 | 52 Points

4. Matt Williams **24:57
6. Ian McFarland **25:02
10. Josh van Wyngaarden **25:22
12. Joe Curran **25:24
20. Sean Houseworth25:45
22. Zach Nordahl26:01
26. Parker Cowles26:08
32. Daniel Castle26:28
24. Kenny Grosselin26:49

2008.....
 San Diego, Calif. | Mission Bay Park | 8K
 50 Runners | 2nd of 6 | 62 Points

7. Sean Houseworth **24:51
8. Matt Williams **24:52
14. Zach Nordahl **25:06
16. Justin Tyner25:09
17. Daniel Castle25:10
24. Kyle Jones25:48
26. Brad Chronister25:51
34. Justin Mason26:18
38. Parker Cowles26:40

2009.....
 Orem, Utah | Cascade GC | 8K
 49 Runners | 3rd of 6 | 72 Points

3. Justin Tyner **23:45
13. Zach Nordahl **24:42
19. Jonathan Rock25:00
21. Jim Walmsley23:14
23. Andy Schweitzer24:34
31. Jeremy Drenckhahn26:13
32. Tyler Small26:15
38. Ryan Del Grosso27:00
45. Nick White27:50

2010.....
 Laramie, Wyo. | Jacoby GC | 8K
 52 Runners | 3rd of 6 | 68 Points

2. Justin Tyner **25:10
6. Jon Rock **25:16
15. Jeremy Drenckhahn25:38
18. Jim Walmsley25:48
30. Isaiah Bragg26:29
35. Tyler Small26:56
42. Lance Wolfsmith27:31
44. Andrew Quallio27:47
47. Seth Pelletier27:27

2011.....
 Fort Collins, Colo. | Collindale GC | 8K
 51 Runners | 2nd of 6 | 54 Points

2. Jeremy Drenckhahn **25:11
5. Jim Walmsley **25:25
12. Andrew Quallio **25:38
14. Isaiah Bragg **25:45
21. Gavin Owens26:04
25. Charlie Perkins26:16
30. Matt Bell26:28
33. Jake Hawkins26:35
42. Dan Bailey27:12

2012.....
 Las Vegas, Nev. | Silver Bowl Park | 8K
 46 Runners | 2nd of 6 | 49 Points

7. Isaiah Bragg **24:43
9. Matt Bell **24:44
10. Jeremy Drenckhahn **24:47
11. Elliot Myers **24:47
12. Riley Coates **24:51
13. Andrew Quallio **24:53
24. Lance Wolfsmith25:10
26. Gavin Owens25:13
36. Charlie Perkins25:41

2013.....
 USAFA, Colo. | Eisenhower GC | 8K
 64 Runners | 3rd of 8 | 80 Points

1. Isaiah Bragg **24:08
13. Patrick Corona **24:40
21. Zach Perkins24:50
22. Riley Coates24:54
23. Elliot Myers24:57
28. Charlie Perkins25:12
31. Gavin Owens25:20
38. Dan Caddigan25:30
41. Kyle Eller25:47

2014.....
 Fresno, Calif. | Woodward Park | 8K
 65 Runners | 2nd of 8 | 73 Points

2. Patrick Corona **23:42
7. Riley Coates **23:50
18. Zach Perkins24:20
22. Kyle Eller24:26
24. Andrew Johnston24:27
40. Matt Dorsey24:59
42. Daniel Shellhouse25:00
47. Jason Engel25:07
55. Dan Caddigan25:26

2015.....
 Reno, Nev. | Montreux GC | 8K
 61 Runners | 1st of 8 | 49 Points

2. Patrick Corona **26:31
3. Kyle Eller **26:31
10. Dan Caddigan **21:02
13. Matt Dorsey **25:06
21. Daniel Shellhouse27:25
30. Andrew Johnston28:05
33. Andrew Milliron28:12
38. Jacob Bilvado28:17
51. Jason Engel29:14

WOMEN'S YEAR-BY-YEAR MW FINISHES

1999.....
Provo, Utah | East Bay GC | 6K
49 Runners | 3rd of 8 | 111 Points

11. Rachel Smith **18:22
21. Heather Johnson.....19:03
25. Jamie Flood19:12
28. Stephanie Fry19:32
35. Sarah Malberg.....19:50
36. Sara Kinney19:55
42. Cynthia Vincent.....20:11
45. Tracy Denaro.....20:19
48. Dalia Wenckus20:32

2000.....
Fort Collins, Colo. | Collindale GC | 6K
50 Runners | 3rd of 8 | 112 Points

19. Jamie Flood22:34
21. Jean Taylor22:44
22. Ellissa Ballas22:49
29. Anne Chumlea.....23:04
33. Brandess Pardue23:15
34. Tracy Denaro.....23:18
35. Kelly McPherson23:19
43. Sara Kinney23:50
46. Stephanie Cornell.....24:01

2001.....
Albuquerque, N.M. | Paradise Hills | 6K
49 Runners | 3rd of 8 | 113 Points

17. Brandess Pardue22:17
22. Elissa Ballas22:49
26. Jean Taylor23:02
29. Lara Coppinger.....23:19
33. Anne Chumlea.....23:25
37. Kelly McPherson23:38
38. Cindy Dawson23:43
39. Mary Uhler.....23:51
48. Stephanie Cornell.....24:47

2002.....
Provo, Utah | East Bay GC | 6K
64 Runners | 3rd of 8 | 98 Points

15. Brandess Pardue22:11
18. Elissa Ballas22:18
21. Nicole Graham22:36
26. Kelly McPherson23:00
28. Jean Taylor23:05
41. Vivien Aspden23:41
42. Cindy Dawson23:43
49. Anne Chumlea.....24:19
51. Andrea Pinchak24:24

2003.....
Albuquerque, N.M. | UNM North GC | 6K
65 Runners | 3rd of 8 | 106 Points

15. Lindsay Grose.....22:55
20. Anne Chumlea.....23:12
22. Vivian Aspden23:17
24. Ashley Culp23:20
25. Ashley Snyder23:22
28. Kelly McPherson23:32
32. Andrea Pinchak.....23:47
35. Beth Catherwood.....24:01
57. Jenna Dorsey-Spitz.....25:40

2004.....
San Diego, Calif. | Morley Field | 6K
63 Runners | 5th of 8 | 121 Points

13. Kelly Robinson **22:54
23. Lindsay Grose.....23:25
29. Ashley Snyder23:36
30. Ashley Culp23:38
33. Kristin Trichler.....23:57
34. Andrea Pinchak23:57
36. Elizabeth Catherwood.....24:02

2005.....
Fort Collins, Colo. | Collindale GC | 6K
65 Runners | 6th of 9 | 138 Points

8. Nicole Graham **21:27
19. Margaret Frash21:59
31. Andrea Pinchak22:35
40. Danielle Pozun23:11
51. Kelly Robinson.....23:38
57. Kate Papenberg.....24:29
61. Jamie Illig25:22

2006.....
Salt Lake City, Utah | Rose Park GC | 6K
63 Runners | 7th of 9 | 159 Points

21. Kelly Robinson.....22: 07
24. Ally Romanko22:49
32. Margaret Frash23:01
39. Katie Anderson23:30
53. Kate Papenberg.....24:47
56. Sara Juback25:26
60. Jamie Illig27:04

2007.....
Albuquerque, N.M. | UNM North GC | 6K
70 Runners | 6th of 9 | 160 Points

22. Brittany Morreale22:44
24. Katie Anderson.....22:49
40. Katherine Ward.....23:52
41. Kelly Robinson.....23:54
46. Danielle Pozun24:15
52. Ally Romanko24:40
57. Jessie Stimpson.....25:21
67. Whitney Beck26:25

2008.....
San Diego, Calif. | Mission Bay Park | 6K
73 Runners | 6th of 9 | 175 Points

21. Katie Lynch.....22:29
31. Auriele Fain22:58
41. Ally Romanko23:22
44. Katie Anderson.....23:29
50. Meghan Prinkey23:52
52. Elyse Willard23:53
57. Katherine Ward.....24:08
58. Phaelen French24:12
67. Katie Carroll25:16

2009.....
Orem, Utah | Cascade GC | 6K
73 Runners | 4th of 9 | 124 Points

20. Jen Bremser22:36
23. Katherine Ward.....22:43
24. Auriele Fain22:44
27. Katie Lynch.....22:49
37. Kate Kanetzky23:15
38. Meghan Prinkey23:18
46. Brittany Morreale24:04
51. Melissa Fuerst24:12

2010.....
Laramie, Wyo. | Jacoby GC | 6K
72 Runners | 4th of 9 | 132 Points

13. Katherine Ward **22:28
24. Melissa Fuerst23:03
29. Carley Gross23:23
30. Morgan Mosby.....23:29
43. Kate Kanetzky24:12
45. Jen Bremser24:16
63. Stephaney Saari25:50
64. Katie Carroll25:55
65. Tasha Mayne.....26:08

2011.....
Fort Collins, Colo. | Collindale GC | 6K
68 Runners | 4th of 8 | 122 Points

9. Melissa Fuerst **21:22
21. Jen Bremser22:17
27. Kate Kanetzky.....22:35
34. Katie Carroll.....22:50
35. Morgan Mosby.....22:53
40. Heather Connick23:11
43. Annette Eichenberger23:31
49. Adrianna Dong23:44
51. Carley Gross23:54

2012.....
Las Vegas, Nev. | Silver Bowl Park | 6K
74 Runners | 4th of 9 | 92 Points

9. Melissa Fuerst **21:20
11. Jen Bremser **21:27
20. Morgan Mosby.....21:48
27. Kate Kanetzky.....22:06
28. Rebecca Esselstein22:07
31. Annette Eichenberger22:12
36. Heather Connick22:17
37. Hannah Everson22:21
42. Anna Olesinski.....22:33

2013.....
USAFA, Colo. | Eisenhower GC | 6K
86 Runners | 4th of 11 | 118 Points

5. Hannah Everson **21:41
9. Annette Eichenberger **21:59
34. Samantha Skold22:54
37. Lindy Long.....22:58
39. Taylor Drolshagen22:59
42. Heather Connick23:06
51. Rebecca Esselstein23:34
63. Emily Wagemaker24:12
72. Kirsten Linnartz.....24:30

2014.....
Fresno, Calif. | Woodward Park | 6K
87 Runners | 5th of 11 | 141 Points

7. Hannah Everson **20:48
29. Taylor Drolshagen21:35
35. Carina Gillespie21:48
36. Nicole Hahn.....21:55
41. Rebecca Esselstein22:07
44. Anna Olesinski.....22:13
67. Lindy Long.....22:46
75. Katie Burnham23:16

2015.....
Reno, Nev. | Montreux GC | 8K
83 Runners | 3rd of 11 | 98 Points

3. Hannah Everson **22:13
17. Samantha Skold23:55
23. Carina Gillespie24:18
27. Katie Burnham24:31
31. Lindy Long.....24:49
39. Giulianna Vessa25:01
81. Shanna Burns.....28:36



ACADEMIC ALL-CONFERENCE

MEN'S HONOREES

Ted Artz	2010, 2011, 2012
Sean Bapty	2012, 2013, 2014, 2015
Jason Beck	2005, 2006
Matt Bell	2010, 2011, 2012
Jim Blech	2000, 2001
Matthieu Caldwell	2013
Brian Carpenter	1999, 2000, 2001, 2002
Daniel Castle	2007, 2008
Grant Caswell	2013, 2014, 2015
Patrick Corona	2012, 2014, 2015
Joe Curran	2007
Mikey Davey	2015
Ryan Del Grosso	2008, 2009, 2010
Matt Dorsey	2013, 2014, 2015
Jeremy Drenckhahn	2009, 2010, 2011, 2012
Brian Dumm	2002, 2003, 2004
Jason Engel	2014, 2015
Austin Fritzke	2007
Jacob Fulton	2008
Jeff Gosselin	2002, 2003
Arthur Grijalva	2007
Kenny Grosselin	2006, 2007
Jake Hawkins	2011, 2013
Tommy Heikkinen	2009
Matt Hellier	2004, 2005
Andrew Hood	2012, 2013
Andrew Johnston	2014, 2015
Thomas Kubler	2001
Daniel Lara	2013
Justin Mason	2006, 2008
Ian McFarland	2006, 2007
Kevin Mihalik	2012, 2014
Elliot Myers	2011, 2012, 2013
Zach Nordahl	2007, 2008, 2009
Gage Owens	2009, 2010, 2011, 2012

Ben Payne	2002, 2003
Casey Peloquin	2012
Andrew Quallio	2009, 2010, 2011, 2012
Nikolai Rhodes	2015
Noah Riley	2015
Shane Rogers	1999, 2000
Andy Schweitzer	2008, 2009
Parker Seale	2015
Patrick Shanahan	1999
Daniel Shellhouse	2013, 2014, 2015
Tyler Small	2008, 2009, 2010
Andrew Tankersley	2015
Nathan Thomas	2015
Josh van Wyngaarden	2005, 2006, 2007
Chase Welch	2008
Matt Williams	2005, 2006, 2007, 2008
Nick Wilson	2002, 2003, 2004, 2005
Ryan Workman	2007
Alex Zubey	2008

WOMEN'S HONOREES

Dominique Amor	2009
Vivien Aspdn	2002, 2004
Elissa Ballas	2000, 2001, 2002
Amanda Blain	2011
Jen Bremser	2009, 2010, 2011, 2012
Becca Burditt	2008
Katie Burnham	2014, 2015
Katie Carroll	2008, 2009, 2010, 2011
Elizabeth Catherwood	2003, 2004
Anne Chumlea	2000, 2001, 2002, 2003
Cindy Dawson	2001, 2002
Tracy Denaro	1999, 2000
Adrianna Dong	2012
Jenna Dorsey-Spitz	2003
Taylor Drolshagen	2011, 2013, 2014

Rebecca Esselstein	2011, 2012, 2013, 2014
Hannah Everson	2015
Morgan Fagnant	2013
Aurielee Fain	2009
Margaret Frash	2004, 2005, 2006
Stephanie Fry	1999
Melissa Fuerst	2012
Michelle Ferguson	2011
Nicole Hahn	2014
Emily Hazen	2011
Kara Hovseth	2009
Heather Johnson	1999
Kate Kanetzky	2009, 2010, 2011, 2012
Kirsten Linnartz	2013
Kelly McPherson	2003
Brittany Morreale	2006, 2007, 2009
Kate Papenberg	2005, 2006
Andrea Pinchak	2002, 2004, 2005
Meghan Prinkey	2008, 2009
Alexa Ramsier	2008
Kelly Robinson	2004, 2005, 2006, 2007
Ally Romanko	2006, 2007
Taylor Schwenke	2013
Samantha Skold	2013, 2015
Jaci Smith	2015
Rachel Smith	1999
Danielle Snider	2006
Ashley Snyder	2003, 2004
Jean Taylor	2000, 2001, 2002
Kristin Trichler	2004
Mary Uhler	2001
Kathleen Vardell	2009
Cynthia Vincent	1999
Dalia Wenckus	1999, 2000
Elyse Willard	2008

MOUNTAIN WEST SCHOLAR-ATHLETE

MEN'S HONOREES

Ted Artz	2009-10, 2010-11, 2011-12, 2012-13
Sean Bapty	2012-13, 2013-14
Jason Beck	2006-07
Matt Bell	2010-11, 2011-12, 2012-13
Daniel Castle	2005-06, 2006-07, 2007-08, 2008-09
Joe Curran	2005-06, 2006-07, 2007-08
Mikey Davey	2015-16
Jeremy Drenckhahn	2009-10, 2010-11, 2011-12, 2012-13
Evan Fortney	2012-13
Austin Fritzke	2006-07, 2007-08, 2009-10
Arthur Grijalva	2006-07
Kenny Grosselin	2004-05, 2005-06, 2006-07, 2007-08
Jake Hawkins	2010-11, 2011-12, 2013-14
Matt Hellier	2003-04, 2004-05, 2005-06
Andrew Hood	2012-13
Justin Mason	2005-06, 2006-07, 2007-08, 2008-09
Elliot Myers	2011-12, 2012-13, 2013-14
Zach Nordahl	2006-07, 2007-08, 2008-09, 2009-10
Gage Owens	2009-10
Casey Peloquin	2012-13
Noah Riley	2015-16
Parker Seale	2015-16
Daniel Shellhouse	2015-16
Tyler Small	2008-09, 2009-10, 2010-11
Josh van Wyngaarden	2004-05, 2005-06, 2006-07
Matt Williams	2007-08, 2008-09
Nick Wilson	2003-04

WOMEN'S HONOREES

Vivien Aspdn	2003-04, 2004-05
Amanda Blain	2010-11, 2011-12
Jen Bremser	2012-13
Katie Burnham	2014-15
Elizabeth Catherwood	2004-05
Anne Chumlea	2003-04
Cindy Dawson	2003-04
Jessica Drewicz	2007-08
Rebecca Esselstein	2011-12, 2012-13, 2013-14, 2014-15
Michelle Ferguson	2011-12
Margaret Frash	2003-04, 2004-05, 2005-06, 2006-07
Kate Kanetzky	2009-10, 2010-11, 2011-12, 2012-13
Kirsten Linnartz	2013-14
Brittany Morreale	2006-07, 2007-08, 2009-10
Meghan Prinkey	2008-09
Taylor Schwenke	2013-14
Samantha Skold	2013-14, 2015-16
Ashley Snyder	2003-04