

# MEN'S ALL-TIME OUTDOOR TOP-10 LIST

<b>100-METER DASH</b> ..... <b>10.46</b> ... <b>Travis Picou</b> ..... <b>2006</b> 10.52 ... Mike Profit ..... 1988 10.53 ... Carlos Hattix ..... 1995 10.58 ... Bobby Wright ..... 1979 10.58 ... Deric Dobbs ..... 1983 10.61 ... Danta Johnson ..... 1996 10.63 ... Kevin Griswold ..... 1997 10.64* ... Russ Clemons ..... 1976 10.64* ... Todd Stewart ..... 1989 10.68 ... Eric Jenkins ..... 1985	<b>200-METER DASH</b> ..... <b>20.73</b> ... <b>Travis Picou</b> ..... <b>2006</b> 20.96 ... Kevin Griswold ..... 2000 21.24 ... Danta Johnson ..... 1996 21.34 ... Nick Luina ..... 2006 21.34 ... Nick Bromberek ..... 2002 21.34#* ... Morgan Lankford ..... 1977 21.36 ... Alonzo Babers ..... 1982 21.39 ... Carlos Hattix ..... 1995 21.44#* ... Jim Thompson ..... 1966 21.54#* ... Three With Time	<b>400-METER DASH</b> ..... 45.36 ... Alonzo Babers ..... 1983 46.43 ... Kevin Griswold ..... 2000 46.54#* ... Mark Webster ..... 1976 46.74#* ... Don Walters ..... 1980 46.90 ... Nick Luina ..... 2005 46.94 ... Marcus Alexander ..... 1996 47.04#* ... Gary Hightower ..... 1980 47.06 ... Deonte Day ..... 1996 47.14#* ... Three With Time	<b>800-METER RUN</b> ..... <b>1:48.66</b> ... <b>Kevin Hawkins</b> ..... <b>2007</b> 1:48.68 ... Jeff Kuzma ..... 1994 1:48.9 ... Dan Rojas ..... 1981 <b>1:49.93a</b> ... <b>Calvin Glass</b> ..... <b>2006</b> 1:50.14 ... Alonzo Babers ..... 1983 1:50.5 ... John MacGilvra ..... 1977 1:50.80 ... Bryant Bevan ..... 2003 1:50.8 ... Gary Myers ..... 1980 1:51.1# ... Mike Wetterer ..... 1969 1:51.2 ... Mark Cummings ..... 1980
<b>1500-METER RUN</b> ..... 3:44.42 ... Brian Carpenter ..... 2001 3:44.49 ... Mark Walter ..... 2005 3:44.4 ... Nick MacFalls ..... 1995 3:44.9 ... Eric Mack ..... 1995 3:45.51 ... Rob Langstaff ..... 1984 3:45.65a ... Joe Lopez ..... 2000 3:46.14 ... Gary Myers ..... 1980 3:46.37a ... Travis Patterson ..... 2006 3:47.2a ... John Mizell ..... 1996 3:48.47 ... Mark Cummings ..... 1980	<b>STEEPLECHASE</b> ..... 8:32.44a ... Bret Hyde ..... 1981 8:46.73 ... Shane Rogers ..... 2001 8:59.3 ... Andy Meehan ..... 1996 9:00.29 ... David Romero ..... 2002 9:08.43 ... Kyle Davidson ..... 2005 9:09.0 ... Trey Culbertson ..... 1990 9:10.4a ... Paul Messerli ..... 1992 9:10.72 ... Todd Moenster ..... 1999 9:11.71 ... Chris Ederle ..... 1994 9:13.16 ... Al Kelly ..... 2002	<b>5000-METER RUN</b> ..... 13:48.76 ... Eric Mack ..... 1996 14:01.5 ... Andy Ferguson ..... 1982 14:03.63 ... Brian Dumm ..... 2004 14:06.72 ... Chris Acs ..... 2003 14:07.20 ... Ben Payne ..... 2003 14:09.06 ... Bret Hyde ..... 1981 <b>14:11.23</b> ... <b>Sean Houseworth</b> ... <b>2007</b> 14:12.3 ... Jim Murphy ..... 1964 14:19.01 ... Jim Nelson ..... 2000 14:19.44 ... Steve Radtke ..... 1997	<b>10,000-METER RUN</b> ..... 29:04.55 ... Brian Dumm ..... 2005 29:25.34 ... Ben Payne ..... 2004 29:40.52 ... Nick Wilson ..... 2005 29:43.69a ... Chris Nelson ..... 1992 30:15.4a ... Bret Hyde ..... 1981 30:24.72a ... Chris Juarez ..... 1992 30:30.80 ... Dan Rooney ..... 1982 30:32.13 ... Steve Radtke ..... 1997 <b>30:41.70</b> ... <b>Parker Cowles</b> ..... <b>2007</b> 30:42.16 ... Joe Monaco ..... 2001
<b>110-METER HURDLES</b> ..... 13.80 ... Sean Temple ..... 2004 14.00 ... Luke Marker ..... 2004 14.01 ... Mike Profit ..... 1988 14.04 ... Thomas Clark ..... 2003 14.10 ... Jim Campbell ..... 2004 14.14*y ... Dick McIntosh ..... 1975 14.14*y ... T.G. Parker ..... 1977 14.19 ... Gary Tew ..... 1985 14.24*y ... Dave Dick ..... 1965 14.24*y ... Ahart Powers ..... 1975	<b>400-METER HURDLES</b> ..... 50.39 ... Thomas Clark ..... 2003 50.93 ... Cliff Alexander ..... 1992 51.25 ... Sean Temple ..... 2004 51.66 ... Paul Gomez ..... 1995 51.78 ... Kory Pearson ..... 2004 51.83 ... Jim Campbell ..... 2003 51.84 ... Javier Esparza ..... 1999 51.97 ... Ted Holloway ..... 1983 52.04* ... Mark Webster ..... 1977 52.16 ... Roosevelt Boyland ..... 1992		
<b>4x100-METER RELAY</b> ..... 40.48 ... Smith-Alexander-Day-Johnson ..... 1996 40.52 ... Smith-Brazier-Edwards-Griswold ..... 1997 40.54 ... Jenkins-Tew-Shedd-Lamb ..... 1985 40.70 ... Luina-Picou-Payne-Curry ..... 2007 40.74* ... Wright-McReynolds-Clemons-Stoval ..... 1978 40.74 ... Esparza-Butkus-Dahlke-Griswold ..... 1999 40.77 ... Baldwin-Temple-Marker-Bromberek ..... 2002 40.84*# ... Bellamy-McReynolds-Clemons-Shirey ..... 1976 41.03 ... Royster-Hattix-Day-Johnson ..... 1995 41.04*# ... Bellamy-McReynolds-Kailawai-Lankford ..... 1977	<b>4x400-METER RELAY</b> ..... 3:09.1# ... Withers-Thompson-Clements-Stovall ..... 1966 3:09.84 ... Alexander-Gomez-Reed-Kuzma ..... 1994 3:09.95 ... Day-Gomez-Smith-Alexander ..... 1996 3:10.00 ... Scott-Byrd-Lamb-Shedd ..... 1985 3:10.11 ... Holloway-Scott-Babers-Goddard ..... 1983 3:10.66 ... Temple-Clark-Fulson-Bromberek ..... 2002 3:10.95 ... Smith-Alexander-Wallace-Griswold ..... 1997 3:10.4# ... Brown-Lee-Webster-Remington ..... 1977 3:11.14 ... Reed-Munhenga-Boyland-Alexander ..... 1992 3:11.0 ... Kuenzli-Coley-Jenkins-Speight ..... 1988		

**KEY FOR TIMES:** # - mark converted from yards to metric; \* - mark converted from "hand-timed" to "fully automatic timed."; a - mark converted for altitude.

# MEN'S ALL-TIME OUTDOOR TOP-10 LIST

<b>HIGH JUMP</b> 7'2½" ... Clayton Cole ..... 1997 6'11¾" .. Mike Claborn ..... 1994 6'11½" .. Mark Webster ..... 1989 6'11" .... Scott Parman ..... 1997 6'10¾" .. Rob Mishev ..... 1998 6'10¾" .. Leonard Medle ..... 1994 6'10½" .. Marc Duncan ..... 1980 6'10¼" .. Marcus Nichols ..... 1996 6'10" .... Walt Pate ..... 1978 6'9¼" .... Randy White ..... 1985	<b>POLE VAULT</b> 18'0½" .. Paul Gensic ..... 2004 17'10½" .. Marcus Nichols ..... 1996 17'9" .... Makisi Haleck ..... 2005 <b>17'5½" .. Nick Frawley ..... 2007</b> 17'2¼" .. David Pike ..... 1995 17'0¾" .. Jake Gensic ..... 2000 16'8¾" .. Christian Morgan ..... 2003 16'6¾" .. Jason Jones ..... 2004 16'5½" .. Ben Gensic ..... 2001 16'2¾" .. Joel Nolan ..... 2006	<b>LONG JUMP</b> 24'5" .... Anthony Park ..... 2003 24'2" .... Nathan Golden ..... 1985 24'1" .... John Giffit ..... 1993 23'11½" .. Tom Stone ..... 1970 23'10¾" .. Chris Banks ..... 2003 23'10" .... Russ Clemons ..... 1978 23'9" .... Brian Walsh ..... 2007 23'8½" .. Tom Brandon ..... 1966 23'6½" .. Park Hinman ..... 1963 23'6½" .. Robert Jertberg ..... 1998	<b>TRIPLE JUMP</b> 51'1½" .. Chris Banks ..... 2004 50'4¼" .. Robert Jertberg ..... 1998 50'2" .... Anthony Park ..... 2002 49'10" .... Roscoe Moore ..... 1993 49'9¾" .. Russ Clemons ..... 1978 49'2¼" .. Gerry O'Hara ..... 1983 49'2¼" .. Phil Franklin ..... 1990 48'10¾" .. Mike Hilton ..... 1983 48'10¾" .. Paul Golando ..... 2002 48'10" .... Tracy Golden ..... 1989
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<b>SHOT PUT</b> 59'9½" .. Shawn Johnson ..... 2001 56'6" .... Doug Applegate ..... 1983 56'0¼" .. Drew Schaeffer ..... 1983 55'8¼" .. Shawn Larcher ..... 1993 54'5½" .. Bryan Jones ..... 2005 54'5" .... David Thomas ..... 1977 54'3½" .. Ken Clark ..... 1965 53'1½" .. Bob Sadler ..... 1998 52'8½" .. Clark Baldwin ..... 1973 52'8½" .. Mike Flynn ..... 1982	<b>DISCUS THROW</b> 183'9" .. Shawn Larcher ..... 1993 178'6" .. Drew Schaeffer ..... 1983 177'7" .. Dan St. Clair ..... 2006 177'2" .. David Thompson ..... 2003 <b>176'6" .. Kirk Devine ..... 2007</b> 176'4" .. Shawn Johnson ..... 2001 175'3" .. Rick Mandas ..... 1968 174'8" .. Doug Applegate ..... 1984 <b>167'10" .. David Lissy ..... 2006</b> 167'1" .. Rich Lewis ..... 1988	<b>HAMMER THROW</b> 203'10" .. Vern Conaway ..... 1992 192'6" .. Jason McNeal ..... 2004 190'11" .. Josh Chekinsky ..... 2003 <b>189'9" .. Dan Paladino ..... 2007</b> 189'9" .. Reggie Wesley ..... 1998 188'1" .. Jason Anderson ..... 1994 186'11" .. Dan Macsary ..... 2000 <b>186'9" .. Kirk Devine ..... 2007</b> 182'3" .. Craig Fisher ..... 1999 177'8" .. Rob Renner ..... 1980	<b>JAVELIN THROW</b> 224'9" .. Joe Bonner ..... 1999 219'6" .. Tim Fritz ..... 2003 218'7" .. Matt Schwandt ..... 2006 212'2" .. Robert Gibson ..... 1988 208'4" .. Brandon Murphy ..... 2005 207'6" .. Marcus Wells ..... 2006 199'8" .. Jeromy Williams ..... 1992 197'4" .. Mike Schone ..... 1988 197'1" .. Chris Sheehan ..... 2002 196'1" .. David Hoffecker ..... 2003
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<b>DECATHLON</b> 7723 .... Marcus Nichols ..... 1996 7334 .... Brian Walsh ..... 2007 7178 .... Jeromy Williams ..... 1992 7051 .... Tim Robert ..... 1981 6745 .... Nick Herald ..... 2003 6652 .... Kurt Duffy ..... 2001 6587 .... Caleb Pelger ..... 2005 6486 .... Joel Nolan ..... 2006 6417 .... Lantz Balthazar ..... 1981 <b>6334 .... Skylar Morgan ..... 2007</b>
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# WOMEN'S ALL-TIME OUTDOOR TOP-10 LIST

<b>100-METER DASH</b> ..... 12.09 ... Genelle Chapman ..... 2005 12.22 ... Gail Conway ..... 1983 12.25 ... Apryl Ford ..... 1980 12.27 ... Jami Hodge ..... 2005 12.28 ... Stacy McClain ..... 1997 12.36 ... Sharon Rucker ..... 1983 12.37 ... Cathy Roberts ..... 1985 12.44 ... Gale Brown ..... 1981 12.55 ... Ida Lee ..... 1990 12.57 ... Tiffany Bishop ..... 2002	<b>200-METER DASH</b> ..... 24.44 ... Jami Hodge ..... 2005 24.81 ... Gail Conway ..... 1983 25.00 ... Stacy McClain ..... 1997 25.31 ... Genelle Chapman ..... 2005 25.64 ... Sharon Rucker ..... 1982 25.68 ... Barbara Fogel ..... 1985 25.70 ... Tiffany Bishop ..... 2002 25.74 ... Michele Johnson ..... 1994 25.79 ... Jill Adamek ..... 2003 25.84 ... Leslie Darby ..... 1989	<b>400-METER DASH</b> ..... 53.06 ... Gail Conway ..... 1983 54.99 ... Barbara Fogel ..... 1987 55.38 ... Jami Hodge ..... 2005 55.41 ... Stacy McClain ..... 1997 56.58 ... Arcolar Harrison ..... 1983 57.39 ... Katy Crow ..... 2002 <b>57.99</b> ... <b>Ally Romanko</b> ..... <b>2007</b> 58.02 ... Alana Eiland ..... 1999 58.04* ... Michele Johnson ..... 1994 <b>58.18</b> ... <b>Kelly Robinson</b> ..... <b>2005</b>	<b>800-METER RUN</b> ..... 2:03.92 ... Gail Conway ..... 1984 2:10.15 ... Kristin Trichler ..... 2005 <b>2:10.49</b> ... <b>Ally Romanko</b> ..... <b>2007</b> 2:10.61 ... Joy Meyen ..... 1983 <b>2:11.01</b> ... <b>Kelly Robinson</b> ..... <b>2005</b> 2:12.18 ... Cindy Dawson ..... 2004 2:14.16 ... Dolly Patel ..... 1996 2:14.16 ... Dalia Wenckus ..... 1998 2:15.21 ... Tisha David ..... 1999 2:15.96 ... Kathy Moore ..... 1995
<b>1500-METER RUN</b> ..... 4:24.48 ... Joy Meyen ..... 1983 <b>4:26.81</b> ... <b>Kelly Robinson</b> ..... <b>2006</b> 4:27.15 ... Kristin Trichler ..... 2005 4:30.56 ... Elissa Ballas ..... 2003 4:30.62 ... Jill Wood ..... 1987 4:31.11 ... Rita Burr ..... 1981 4:31.89 ... Dolly Patel ..... 1996 4:32.0a ... Shannen Karpel ..... 1991 4:32.09a ... Shelly Ginder ..... 1983 4:35.26 ... Rachel Smith ..... 2000	<b>3000-METER RUN</b> ..... 9:34.48 ... Callie Calhoun ..... 1990 9:41.79 ... Shannen Karpel ..... 1991 9:49.90 ... Rachel Smith ..... 1999 9:54.9 ... Rita Burr ..... 1980 9:56.45 ... Laureli Mazik ..... 1984 10:00.33 ... Michelle Truesdale ..... 1995 10:01.93 ... Heather Johnson ..... 1999 10:04.23 ... Jennifer Kornacker ..... 1993 10:07.19 ... Dolly Patel ..... 1996 10:08.2 ... Annetta Weber ..... 1980	<b>STEEPLECHASE</b> ..... 10:48.25 ... Margaret Frash ..... 2005 10:52.31 ... Jean Taylor ..... 2004 11:01.41 ... Lara Coppinger ..... 2002 11:22.82 ... Kate Papenberg ..... 2006 11:42.42a ... Ashley Culp ..... 2004 11:52.68 ... Nicole Graham ..... 2003	<b>5000-METER RUN</b> ..... 16:27.31 ... Callie Calhoun ..... 1990 17:01.45 ... Rachel Smith ..... 2000 17:02.65 ... Jaime Flood ..... 2001 17:15.4 ... Shannen Karpel ..... 1991 <b>17:19.23</b> ... <b>Brittany Morreale</b> ..... <b>2007</b> 17:24.57 ... Suzanne Henke ..... 1991 17:30.74 ... Kristin Trichler ..... 2005 17:41.61 ... Anne Chumlea ..... 2003 17:48.93 ... Elissa Ballas ..... 2003 17:49.20a ... Lindsay Grose ..... 2004
<b>10,000-METER RUN</b> ..... 34:39.83 ... Callie Calhoun ..... 1991 36:16.45 ... Suzanne Henke ..... 1991 37:11.49a ... Jaime Flood ..... 2000 37:50.67a ... Rachel Smith ..... 1999 37:51.1 ... Annetta Weber ..... 1979 37:58.37 ... Vivien Aspden ..... 2003 38:16.04 ... Renae Bartolone ..... 1994 39:00.71 ... Anne Chumlea ..... 2003 39:00.96 ... Jennifer Elsing ..... 1992 39:19.6 ... Brenda Pippel ..... 1988	<b>100-METER HURDLES</b> ..... 13.77 ... Dierra Poland ..... 2006 13.91 ... Renea Toliver ..... 1985 14.46 ... Genelle Chapman ..... 2005 14.51 ... Erica Lankford ..... 2001 14.56 ... Rachael McIntosh ..... 2005 14.65 ... Ainsley Thrailkill ..... 2002 14.84* ... Lianne Peterson ..... 1992 14.87 ... Afia Malone ..... 1996 14.87 ... Sarah Rountree ..... 2004 14.95 ... Jana Kokkonen ..... 1994	<b>400-METER HURDLES</b> ..... 62.65 ... Ainsley Thrailkill ..... 2002 62.69 ... Lianne Peterson ..... 1991 62.84* ... Arcolar Harrison ..... 1985 63.06 ... Linda Urrutia ..... 1984 63.53 ... Paula Maffey ..... 2003 64.01 ... Jen Neville ..... 2004 <b>64.02</b> ... <b>Deb Durey</b> ..... <b>2005</b> 64.13 ... Brenda Smith ..... 1993 64.17 ... Jana Kokkonen ..... 1995 64.75 ... Kim Brady ..... 2005	
<b>4x100-METER RELAY</b> ..... 47.61 ... Hodge-Chapman-McIntosh-Durey ..... 2005 47.74* ... Rucker-Harrison-Brown-Conway ..... 1983 47.89 ... Roberts-Fogel-Toliver-et al ..... 1985 48.12 ... DeLuz-Stehwein-Eiland-Banks ..... 1999 48.12 ... Fogel-Harrison-Rucker-Conway ..... 1984 48.34* ... Nelson-Anderson-Rucker-Brown ..... 1982 48.39 ... Eiland-McClain-Deluz-Stehwein ..... 1997 48.59 ... Rountree-Chapman-Adamek-Hodge ..... 2004 48.62 ... Adamek-Crow-Robinson-Hodge ..... 2003 48.72 ... Crow-Bishop-Robinson-Hodge ..... 2002	<b>4x400-METER RELAY</b> ..... 3:41.33 ... Harrison-Rucker-Fogel-Conway ..... 1984 3:43.41 ... Harrison-Rucker-Cleveland-Conway ..... 1983 3:52.66 ... Durey-Robinson-Trichler-Hodge ..... 2005 3:53.74 ... Neville-Chapman-Dawson-Hodge ..... 2004 3:54.32 ... Neville-Hodge-Maffey-Cornell ..... 2003 3:54.49 ... Crow-Dawson-Cornell-Hodge ..... 2002 3:54.65 ... Price-Ford-Conway-Lovy ..... 1982 3:55.49 ... Eiland-Moore-Deluz-McClain ..... 1997 3:55.78 ... Burditt-McCarty-Robinson-Romanko ..... 2007 3:55.84 ... Ramirez-Patel-Kokkonen-Johnson ..... 1995		

KEY FOR TIMES: # - mark converted from yards to metric; \* - mark converted from "hand-timed" to "fully automatic timed."; a - mark converted for altitude.

# WOMEN'S ALL-TIME OUTDOOR TOP-10 LIST

<b>HIGH JUMP</b> ..... 5'8" .....Gail Conway .....1983 5'8" .....Shannon Averill .....1986 5'7" .....Monica Holzhauer .....1990 5'7" .....LeNetta Banks .....1999 5'6" .....Renea Toliver .....1985 5'6" .....Lori Ritter .....1985 5'6" .....Jen Petykowski .....1996 5'6" .....Dawn Higginbotham .....2004 5'5¾" .....Kristi Lowenthal .....1995 5'5" .....Brittany Edmonds .....2001	<b>POLE VAULT</b> ..... <b>12'9½"</b> .. <b>Melissa Beerse</b> ..... <b>2007</b> 12'0½" .. Ana-Maria Ortega .....2001 <b>11'7¾"</b> .. <b>Michelle Fryling</b> ..... <b>2006</b> 11'7¾" .. Amy Gilliland .....2006 11'5¾" .. Erin Richardson .....2005 10'10" .. Becky Stone .....2007 10'2" .. Jessica Schafer .....2007 10'0" .. Alexis Fear .....2001 9'8" .. Brooke Page .....2000 9'6¼" .. Carolyn White .....2004	<b>LONG JUMP</b> ..... 18'11¾" .. LaTravia Robinson .....2002 18'9½" .. Cathy Roberts .....1985 18'5" .. Mona Wheeler .....1991 18'3¼" .. Domonique Torbert .....2001 18'1" .. Dierra Poland .....2006 18'0½" .. Jeri Nelson .....1980 18'0½" .. Stacey McClain .....1997 <b>17'11½"</b> .. <b>Deb Durey</b> ..... <b>2005</b> 17'11¼" .. Jocelyn Swayze .....1992 17'9 ½" .. Erica Lankford .....2001	<b>TRIPLE JUMP</b> ..... 40'6¼" .. Cathy Roberts .....1985 40'0" .. LaTravia Robinson .....2003 38'7½" .. Casey Johnson .....2006 38'1½" .. Erica Lankford .....2001 37'10½" .. Nikki Gipson .....1999 37'9¼" .. Leslie Darby .....1990 37'8½" .. Katie Joynt .....1998 37'1¼" .. Afia Malone .....1996 36'10" .. Patricia Goodall .....1987 36'7½" .. Brittany Edmonds .....2001
<b>SHOT PUT</b> ..... <b>50'2¾"</b> .. <b>Sara Neubauer</b> ..... <b>2007</b> 48'2" .. Olivia Korte .....2007 45'5½" .. Mary Manning .....1984 45'2¼" .. Dominique Boivin .....2004 42'6¼" .. Jennifer Bozied .....1994 41'5¾" .. Laura Piper .....1992 41'5¼" .. Dierra Poland .....2006 40'6¾" .. Stephanie Halcrow .....1992 40'0¾" .. Priscilla Giddings .....2002 39'7¾" .. Evaine Mansfield .....2000	<b>DISCUS THROW</b> ..... 177'3" .. Olivia Korte .....2007 <b>161'5"</b> .. <b>Sara Neubauer</b> ..... <b>2007</b> 159'6" .. Dominique Boivin .....2004 156'5" .. Mary Manning .....1984 151'3" .. Kristine Muth .....2004 150'8" .. Stephanie Halcrow .....1994 150'3" .. Jessica Perez .....2003 147'8" .. Cherie Griffen .....1998 135'4" .. Cathy Callaghan .....1982 135'0" .. Evaine Mansfield .....2000	<b>HAMMER THROW</b> ..... 177'11" .. Tara Copas .....2000 172'1" .. Dominique Boivin .....2005 170'11" .. Priscilla Giddings .....2003 168'0" .. Gretchen Rhoads .....1997 166'8" .. Olivia Korte .....2006 164'4" .. Beth Inglis .....2002 156'0" .. Kristine Muth .....2005 149'9" .. Eve Douglas .....1996 130'10" .. Jessica Perez .....2004 117'2" .. Evaine Mansfield .....2000	<b>JAVELIN THROW</b> ..... 195'8" .. Dana Pounds .....2006 157'8" .. Jocelyn Dooley .....2003 155'11" .. Casey Bayne .....2007 150'3" .. Lacy DeWall .....2004 149'10" .. Caitie Holliday .....2005 <b>144'0"</b> .. <b>Katie Weber</b> ..... <b>2007</b> <b>139'0"</b> .. <b>Sara Neubauer</b> ..... <b>2007</b> 135'4" .. Brittany Wright .....2005 132'10" .. Lisa Willman .....1990 130'2" .. Yvonne Johnston .....2006
			<b>HEPTATHLON</b> ..... 4728 .....Diane Elwer .....1983 4576 .....Dierra Poland .....2006 4560 .....Katie Joynt .....1998 4352 .....Brittany Edmonds .....2001 <b>4347</b> .. <b>Deb Durey</b> ..... <b>2005</b> <b>4343</b> .. <b>Danielle McCarty</b> ..... <b>2007</b> 4247 .....Mona Wheeler .....1991 3855 .....Ana-Maria Ortega .....1999 3742 .....Lindsay Bengard .....2006 3609 .....Cathy Mullee .....1999