

AIR FORCE INDOOR TEAM CHALLENGE

Air Force, BYU, Colorado State & Wichita State

U.S. AIR FORCE ACADEMY | *Cadet Field House*

Friday, January 19 (Heptathlon-Pentathlon begin on Thu, Jan 18)



ADVANCE INFORMATION

TEAMS

We're limiting this scoring meet to the following four (4) NCAA Division I men's and women's teams who will compete in a quadrangular competition—Air Force, BYU, Colorado State & Wichita State.

SCORING

This is a scoring competition. In order to give you up to 3 competitions to meet NCAA Division I sponsorship requirements (NCAA Bylaw 20.9.4.3.3), we will score the meet as "double duals" amongst the 4-5 teams, amounting to your team scoring against each of the other 3 teams. Each dual meet will be scored per Rule 7, Section 1, Article 1 of NCAA Rulebook, i.e., 5 points will be awarded for 1st place, 3 for 2nd, 2 for 3rd and 1 for 4th. A maximum of 2 per team will score per event. The 3000-meter event will NOT count in the scoring.

FACILITY

Cadet Field House at the US Air Force Academy (elevation: 7048'); 6 laps/mile (268m) Proturf polyurethane surface; eight (8) lanes on the straight, six (6) lanes on the oval. High jump, horizontal jumps and pole vault runways are all polyurethane raised runways; throwing ring is wood.

PRACTICE

Cadet Field House will be open to your athletes for practice on Thursday evening and Friday morning.

DRESSING FACILITY

Dressing room /showers available if arranged in advance NLT Wed, Jan 17. Bring your own locks & towels.

TRAINERS

Air Force Academy athletic trainers will be stationed in a Satellite training room on the track level (near SW stairwell/women's restroom). Your trainers may set up in this facility as well.

ENTRY INFORMATION

ENTRY PROCEDURE

All entries will be managed online. Log on to www.directathletics.com and click on "entering as a team." No faxed or e-mailed entries will be accepted. There are no entry fees.

ENTRY LIMITATIONS

NOTE: None. Please do not use any entry marks besides those entered in TFRRS. In the Mile Relay, we will allow "B" teams, but NOT "C" teams. No "open" or "unattached" entries will be permitted in the meet.

ENTRY DEADLINE

Entries must be received by 11:59 pm MST on **Tuesday, January 16**. After that date and time, please make any changes, corrections or substitutions in your entries by e-mailing ralph.lindeman@usafa.edu anytime prior to Friday, or reporting such to Head Scorer, Jim Chapman, on your arrival at the Field House on Friday.

TECHNICAL INFORMATION

RULES

NCAA rules will be used in all cases.

LOGISTICS

Check-in at the East doors to *Cadet Field House* on your arrival on Thursday or Friday afternoon. (If you come to the track for practice Wednesday evening or Thursday morning, we can issue your “packet” at that time). All competitors will be issued a wristband which will allow them access to the competition-level of the Field House.

Color-coded wristbands will also be issued to a reasonable number of coaches, trainers and managers with official duties on request, which will allow them access to competition, warm-up and viewing areas as well.

WARM-UP

Early warm-up (jogging & stretching) can be done outdoors, weather permitting. Final warm-up and preparation can be done on the east end of the infield, on the *FieldTurf* surface. Warm-up can also be done on the backstretch while the 60 meters and Hurdle events are being staged on the homestretch.

Warm-up for throwing events can be done at the “net” in the NE corner of the Field House—throwers will be allowed only one warm-up throw in the competition ring prior to competition. Competitors will be allowed at their field event area 60' prior to competition (except pole vault—90') for initial events at each field event venue, and immediately after conclusion of previous event for subsequent field events. Please help us keep non-competitors out of the warm-up area and off the backstretch, where it can become quite crowded.

WEIGH-IN'S

Weigh-in's will be done one hour prior to the start of the respective throwing events at the equipment room door (about 30m from the throwing ring).

CHECK-IN

Competitors in track events should check-in to the clerk (and be issued their hip numbers at the east end of the infield NLT ten (10) minutes before the start of their event. Field event competitors should check-in to their event judge thirty (30) minutes prior to the scheduled start of their event.

PREFERRED LANES

For sections of the 200 meters, competitors will be placed in lanes 3-6 (random draw), with the competitors seeded into sections from fastest to slowest, i.e., lanes 1-2 will be open.

For sections of the 400 meters, competitors will be placed in lanes 2-6 (random draw), with the competitors seeded into sections from fastest to slowest, i.e., lane 1 will be open.

QUALIFYING PROCEDURES

Qualifying rounds will be run for the 60 meters and 60m Hurdles. In those events, advancement will be on time only. For scoring purposes, times of non-qualifiers may be used from qualifying round to complete scoring.

All other track events will be staged in sections.

In the horizontal jumps and throws, the eight (8) competitors with the best marks will advance to the finals.

STARTING HEIGHTS / BAR RAISE PROGRESSIONS

The men's high jump will open at 1.80m/5'10¾"; women's high jump at 1.50m/4'11". Bar will initially be raised in 5cm increments; increments will be decreased to 3cm as competition progresses to higher heights.

The men's pole vault will open at 4.30m/14'1¼"; women's pole vault at 3.20m/10'6". Bar will initially be raised in 15cm increments; increments will be decreased to 10cm as competition progresses to higher heights.

RESULTS

Results of each event will be posted on the bulletin board in the SW corner of the Field House (track-level) and will be available to coaches shortly after the last event. “Live Results” will also be accessible on the internet as each event is scored. Final results will also be posted to the Air Force Academy website at www.goairforcefalcons.com.

HEPTATHLON-PENTATHLON INFORMATION

ENTRIES

Entries from BYU, Colorado State and Wichita State will be guaranteed entry. Additional competitors may be added to fill the fields to approx. 18 men and 18 women.

SCORING

The Men's Heptathlon and women's Pentathlon will NOT be included in team scoring for the quadrangular meet, i.e., double duals.

SCHEDULE OF EVENTS

THURSDAY, JANUARY 18

1:00 p.m.	Men's Heptathlon 60 meters
1:15 p.m.	Women's Pentathlon 60m Hurdles
~ 1:40 p.m.	Men's Heptathlon Long Jump (2 runways, pits)
~ 2:00 p.m.	Women's Pentathlon High Jump
~ 2:10 p.m.	Men's Heptathlon Shot Put
~ 3:30 p.m.	Men's Heptathlon High Jump
~ 4:30 p.m.	Women's Pentathlon Shot Put
~ 5:45 p.m.	Women's Pentathlon Long Jump (2 runways, pits)
~ 6:45 p.m.	Women's Pentathlon 800 meters

FRIDAY, JANUARY 19

11:00 a.m.	Men's Heptathlon 60m Hurdles
~ 11:45 a.m.	Men's Heptathlon Pole Vault (2 runways, pits)
~ 2:00 p.m.	Men's Heptathlon 1000 meters

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TIME SCHEDULE

FIELD EVENTS

3:00 pm	Women's Weight Throw	Trials & Final
3:00 pm	Women's Pole Vault	Final
4:00 pm	Men's Long Jump (S Runway)	Trials & Final
4:00 pm	Women's Long Jump (N Runway)	Trials & Final
4:00 pm	Women's High Jump	Final
after W's WT	Men's Weight Throw	Trials & Final
after W's HJ	Men's High Jump	Final
after M's PV	Men's Pole Vault	Final
after M's LJ	Men's Triple Jump	Trials & Final
after W's LJ	Women's Triple Jump	Trials & Final
after M's WT	Women's Shot Put	Trials & Final
after W's SP	Men's Shot Put	Trials & Final

TRACK EVENTS

4:55 pm	<i>National Anthem</i>	
5:00 pm	Women's 60m Hurdles	Qualifying Heats
5:08 pm	Men's 60m Hurdles	Qualifying Heats
5:16 pm	Women's 60 meters	Qualifying Heats
5:24 pm	Men's 60 meters	Qualifying Heats
5:30 pm	Women's Mile Run	Final (sections as needed)
5:40 pm	Men's Mile Run	Final (sections as needed)
5:50 pm	Women's 60 Hurdles	Final
5:55 pm	Men's 60 Hurdles	Final
6:05 pm	Women's 400 meters	Final (sections as needed)
6:20 pm	Men's 400 meters	Final (sections as needed)
6:35 pm	Women's 60 meters	Final
6:40 pm	Men's 60 meters	Final
6:45 pm	Women's 800 meters	Final (sections as needed)
6:55 pm	Men's 800 meters	Final (sections as needed)
7:05 pm	Women's 200 meters	Final (sections as needed)
7:20 pm	Men's 200 meters	Final (sections as needed)
7:35 pm	Women's 3000 meters	Final
7:50 pm	Men's 3000 meters	Final
8:10 pm	Women's Mile Relay	Final (sections as needed)
8:25 pm	Men's Mile Relay	Final (sections as needed)