



# AIR FORCE INVITATIONAL

## Indoor Track & Field Meet

Friday-Saturday, January 26-27, 2018  
U.S. AIR FORCE ACADEMY  
Cadet Field House

### ADVANCE INFORMATION

#### **FACILITY**

Cadet Field House at the US Air Force Academy (elevation: 7048'). 6 laps/mile (268m) *Proturf* polyurethane surface; eight (8) 42" lanes on the straight, six (6) 36" lanes on the oval. See NCAA website for 2018 conversions of qualifying standards, which include indexing for both altitude and track size. High jump apron, Horizontal jump and pole vault runways are also polyurethane; throwing ring is wood. **(NOTE: 1/4" or shorter spikes are required and will be checked).**

#### **ACCESS / SECURITY**

Please enter USAFA at the North Entrance (I-25, exit 156) only. Every individual entering the base must be prepared to show a picture ID to the guard at the gate and designate their destination as the Cadet Field House for indoor track meet. Each person should have picture ID with them at all times (except during their competition).

#### **TEAMS**

The following NCAA Division I teams have tentatively indicated they will participate: Air Force, Colorado, Fresno State, Nebraska, Northern Colorado, Oral Roberts, San Jose State and Wyoming.

We will accept up to three (3) non-NCAA Division I teams. We are limiting the number of non-DI teams to 50% of the number of DI teams for Division I Sport Sponsorship purposes.

#### **RULES**

NCAA rules will be used in all cases. This meet is open only to collegiate teams and specially invited post-collegiate individuals. Fully Automatic timing (*FinishLynx*) will be used for all races.

#### **SCORING**

All participating collegiate institutions will be scored in one Division. Scoring will be through 8 places per NCAA Rule 7.1.2, i.e., 10 points for 1<sup>st</sup> place, 8 points for 2<sup>nd</sup>, 6 for 3<sup>rd</sup>, 5 for 4<sup>th</sup>, 4 for 5<sup>th</sup>, 3 for 6<sup>th</sup>, 2 for 7<sup>th</sup> and 1 for 8<sup>th</sup>. All events will be included in team scoring. Post collegiate and open competitors will not count in scoring.

#### **AWARDS**

Watches will be awarded to overall event winners (and top collegiate finisher if different), including all 4 members of winning relay teams.

#### **ADMISSION**

Admission is free to the public.

#### **DRESSING FACILITY**

Dressing room with showers is available in Cadet Gym only if arranged by Wednesday, January 18. Bring your own towels.

#### **TRAINERS**

Air Force Academy athletic trainers will be stationed in an auxiliary training room on the track level (near SE stairwell/women's restroom). Your trainers may set up in this facility as well.

# ENTRY INFORMATION

## ENTRY PROCEDURE

All entries will be submitted online through [www.DirectAthletics.com](http://www.DirectAthletics.com). You will be assigned a secure account for your team(s). Your username and password will be given to you when you enter the site and click to create a new team account.

## ENTRY RESTRICTIONS

There are no institutional entry limits.

In the men's and women's high jump, pole vault, 800m, and Mile Run, there are "non-seeded" and "seeded" sections. Your athletes entered in those events will be seeded into the appropriate section. If you have a preference of seeded vs non-seeded sections for individual athletes you've entered, please e-mail [ralph.lindeman@usafa.edu](mailto:ralph.lindeman@usafa.edu) NLT the entry deadline and express your preferences. Effort will be made to accommodate all individual requests.

1. The "seeded" sections will accommodate the top entries, and will be contested on Saturday, January 27.
2. The "non-seeded" sections will accommodate additional entries and will be contested on Friday, January 26.

You will be notified of your competitors' assigned section by noon MT on Wednesday, January 24. Please call if you need earlier indication necessary to confirm your transportation requirements

Please use the following guidelines for entering your athletes in the field events:

- a. High Jump:
  - i. Women's *non-seeded* section will start at 1.50m/4'11" and be raised in 5cm increments.
  - ii. Women's *seeded* section will start at 1.65m/5'5" and be raised in 3cm increments.
  - iii. Men's *non-seeded* section will start at 1.80m/5'10½" and be raised in 5cm increments.
  - iv. Men's *seeded* section will start at 1.95m/6'4¾" and be raised in 3cm increments.
- b. Pole Vault:
  - i. Women's *non-seeded* section will start at 3.05m/10'0" and be raised in 15cm increments.
  - ii. Women's *seeded* section will start at 3.65m/11'11¾" and be raised in 10cm increments.
  - iii. Men's *non-seeded* section will start at 4.30m/14'1½" and be raised in 15cm increments.
  - iv. Men's *seeded* section will start at 4.90m/16'0¾" and be raised in 10cm increments.
- c. Men's Triple Jump—take-off board is 42'0" from pit; **NO secondary ("taped") board will be used.**
- d. Women's Triple Jump—take-off board is 34'0" from pit; **NO secondary ("taped") board will be used.**
- e. Minimum measurement marks for men's and women's long jump, shot put and weight throw MAY be established if the number of entries in those events exceeds 40.

## ENTRY DEADLINE

Entries must be received by 11:59 pm MT on **Tuesday, January 23**. No entries will be accepted by phone (except post-collegians—see below).

Any entry **changes** (additions, substitutions, change of event) the day of the meet will be allowed only on a space-available basis, and will be charged a **\$10.00 late entry fee**.

## ENTRY FEE

\$15.00 entry fee per individual or max of \$300.00 entry fee per team (\$600.00 for both men's and women's teams). Entry fee may be paid on packet pick-up. Make check payable to **AFAAC**.

## OPEN ATHLETES

Post-graduate *open* or *unattached* athletes may compete only if they have met USATF Indoor Championship qualifying standards in either of the past 2 seasons.

Open or unattached competitors who are post-collegians can register **ONLY** by calling Ralph Lindeman, (719) 333-2173.

## TECHNICAL INFORMATION

### WEIGH-IN'S

Weigh-in's will be done one hour prior to the start of the respective throwing events at the equipment room door (about 20m from the throwing ring).

### ACCESS

Every participant will be issued a **wrist band** which will allow them access to the track and field-level. Each team will also be issued a reasonable number of color-coded wrist bands for coaches, trainers and managers. Coaches will not be allowed on the infield in the field event areas.

### WARM-UP

Early warm-up (jogging & stretching) can be done on the upper concourse, i.e., around the hockey and basketball arenas, or outdoors, weather permitting. Final warm-up and preparation can be done on the east end of the infield, on the *FieldTurf* surface. Competitors will be allowed at their field event area 30' prior to competition (except pole vault, 60') and on the track 10' prior to their event. Please help us keep non-competitors out of the warm-up area and off the backstretch, where it can become quite crowded.

Throwers may warm-up on the practice ring in the NE corner of the track.

### CHECK-IN

Competitors in track events should check-in to the Clerk Table at the East end of the infield NLT 10 minutes before the start of their event. Field event competitors should check-in to their event judge 30 minutes prior to the scheduled start of their event.

### QUALIFYING PROCEDURES

60 meters and 60m Hurdles will have qualifying round on Friday, semi-finals and final on Saturday. From the qualifying round, heat winners and next fastest will advance to a 2-section semi-final round. From the semi-finals, top 3 in each heat + next 2 fastest will advance to final.

The 200 and 400 meters will have qualifying rounds on Friday, from which the competitors with the top 6 times will advance to Saturday's Final.

The 800 meters, Mile, and Mile Relay will be run in sections. Events run in sections will be seeded by submitted times, with the fastest competitors seeded into latter sections. [NOTE: the *non-seeded* sections of the 800 meters & Mile will be run on Friday, the *seeded* on Saturday].

Both the 5000 and 3000 meters will be run as one-section finals, with the 5000 on Friday and the 3000 on Saturday.

In the horizontally-measured field events, the 8 collegiate competitors with the longest efforts will advance to the finals + any open competitors who fall in the top 8 after the preliminaries.

### STARTING HEIGHTS / BAR RAISE PROGRESSIONS

Women's *Non-seeded High Jump* (Friday, 3:00pm) will start at 1.50m/4'11"; Bar will be raised in 5cm increments.

Men's *Non-seeded High Jump* (Friday, 12:30pm) will start at 1.80m/5'10¾"; Bar will be raised in 5cm increments.

Women's *Non-seeded Pole Vault* (Friday, 12:30pm) will start at 3.05m/10'0" and be raised in 15cm increments.

Men's *Non-seeded Pole Vault* (Friday, 3:00pm) will start at 4.30m/14'1½" and be raised in 15cm increments.

Women's *Seeded High Jump* (Saturday, 1:30pm) will start at 1.65m/5'5"; Bar will be raised in 5cm increments to at least 1.75—additional bar raise increments will be published on Wednesday, January 21.

Men's *Seeded High Jump* (Saturday, 10:00am) will start at 1.95m/6'4¾" and will be raised in 5cm increments to at least 2.00—additional bar raise increments will be published on Wednesday, January 21.

Women's *Seeded Pole Vault* (Saturday, 10:00am) will start at 3.65m/11'11¼" and be raised in 10cm increments to 4.00m/13'1½"—additional bar raise increments will be published on Wednesday, January 21.

Men's *Seeded Pole Vault* (Saturday, 1:30pm) will start at 4.90m/16'0¾" and be raised in 10cm increments to at least 5.20m—additional bar raise increments will be published on Wednesday, January 21.

### RESULTS

Results of each event will be posted on the bulletin board in the SW corner of the Field House (track-level) and will be available to coaches shortly after the last event each day. "Live Results" will be available—you'll be given the website in "Coaches' Final Notes." Final results will be posted to the Air Force Academy athletic department website at

<http://www.goairforcefalcons.com>.



# INVITATIONAL

## HISTORY

### MEET RECORDS

#### MEN

| <u>Event</u>    | <u>Record</u> | <u>Holder, Affiliation</u>                  | <u>Year</u> |
|-----------------|---------------|---|-------------|
| 60 meters       | 6.63          | Kenneth Andam, BYU                          | 2000        |
| 200 meters      | 20.51         | Josephus Howard, Texas Tech                 | 1998        |
| 400 meters      | 46.07         | Kevin Little, US West TC                    | 1996        |
| 800 meters      | 1:48.33       | Einars Tupiritis, Wichita State             | 1997        |
| Mile Run        | 4:09.19       | Patrick Corona, Air Force                   | 2016        |
| 3000 meters     | 8:31.71       | Craig Dixon, Reebok TC                      | 1994        |
| 5000 meters     | 14:33.46      | Richard Kosgei, Barton Country CC           | 1994        |
| 60 Hurdles      | 7.58          | Ron Bramlett, Alabama                       | 2002        |
| Mile Relay      | 3:13.03       | Texas Tech                                  | 1998        |
| Distance Medley | 10:12.08      | Colorado                                    | 2001        |
| High Jump       | 7'7¼" (tie)   | Mark Boswell, Texas & Matt Hemingway, USWTC | 2000        |
| Pole Vault      | 18'6½" (tie)  | Cale Simmons, USAF-WCAP & Mike Arnold, un   | 2016        |
| Long Jump       | 26'3½"        | Miguel Pate, Alabama                        | 2002        |
| Triple Jump     | 53'7"         | Quincy Howe, Wyoming                        | 2002        |
| Shot Put        | 68'5¼"        | C.J. Hunter, US West TC                     | 1994        |
| Weight Throw    | 72'6¼"        | Kevin Mannon, unat, Laramie, WY             | 2000        |
| Heptathlon      | 5621          | Chase Dalton, BYU                           | 2014        |

#### WOMEN

| <u>Event</u>    | <u>Record</u> | <u>Holder, Affiliation</u>       | <u>Year</u> |
|-----------------|---------------|----------------------------------|-------------|
| 60 meters       | 7.13          | Philomene Mensah, Canada         | 2000        |
| 200 meters      | 23.57         | Aspen Burkett, Illinois          | 1996        |
| 400 meters      | 52.88         | Jessica Fox, Wyoming             | 2004        |
| 800 meters      | 2:09.56       | Violah Lagat, adidas             | 2014        |
| Mile Run        | 4:49.98       | Laura Thweatt, Boulder TC        | 2014        |
| 3000 meters     | 9:41.78       | Laura Thweatt, Boulder TC        | 2014        |
| 5000 meters     | 17:31.56      | Kim Bosen, Adams State           | 2000        |
| 60 Hurdles      | 8.04c         | Trecia Roberts, Joe Gentry TT    | 1997        |
| Mile Relay      | 3:41.25       | Wyoming                          | 2004        |
| Distance Medley | 12:01.29      | Colorado                         | 2002        |
| High Jump       | 6'4¾"         | Ada Robinson, BYU                | 2011        |
| Pole Vault      | 15'1¼"        | Jenn Suhr, adidas                | 2014        |
| Long Jump       | 22'3½"        | Janay DeLoach (Nike)             | 2013        |
| Triple Jump     | 42'1½"        | Colleen Gillies, Auburn          | 1997        |
| Shot Put        | 60'9¼"        | Jessica Cross, unat, Laramie, WY | 2000        |
| Weight Throw    | 75'8¼"        | Dawn Ellerbe, NYAC               | 2000        |
| Pentathlon      | 4190          | Erica Bougard, Mississippi State | 2013        |



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U.S. AIR FORCE ACADEMY

Cadet Field House

### SCHEDULE of EVENTS

#### Friday, January 26

##### FIELD EVENTS

|         |         |                                  |                |
|---------|---------|----------------------------------|----------------|
| 1:00 pm | Men's   | 35# Weight Throw                 | Trials & Final |
| 1:00 pm | Women's | Pole Vault ( <i>non-seeded</i> ) | Final          |
| 1:00 pm | Men's   | High Jump ( <i>non-seeded</i> )  | Final          |
| 1:30 pm | Women's | Long Jump                        | Trials & Final |
| 1:30 pm | Men's   | Long Jump                        | Trials & Final |
| 3:00 pm | Women's | 20# Weight Throw                 | Trials & Final |
| 3:00 pm | Women's | High Jump ( <i>non-seeded</i> )  | Final          |
| 3:30 pm | Men's   | Pole Vault ( <i>non-seeded</i> ) | Final          |

##### TRACK EVENTS

|         |         |                                |                       |
|---------|---------|--------------------------------|-----------------------|
| 1:00 pm | Women's | 5000 meters                    | Final                 |
| 1:25 pm | Men's   | 5000 meters                    | Final                 |
| 1:45 pm | Women's | 60m Hurdles                    | 1 <sup>st</sup> Round |
| 2:00 pm | Men's   | 60m High Hurdles               | 1 <sup>st</sup> Round |
| 2:15 pm | Women's | 60m Dash                       | 1 <sup>st</sup> Round |
| 2:30 pm | Men's   | 60m Dash                       | 1 <sup>st</sup> Round |
| 2:45 pm | Women's | 400m Dash                      | Qualifying            |
| 3:00 pm | Men's   | 400m Dash                      | Qualifying            |
| 3:15 pm | Women's | Mile Run ( <i>non-seeded</i> ) | Section(s)            |
| 3:25 pm | Men's   | Mile Run ( <i>non-seeded</i> ) | Section(s)            |
| 3:40 pm | Women's | 200m Dash                      | Qualifying            |
| 4:05 pm | Men's   | 200m Dash                      | Qualifying            |
| 4:30 pm | Women's | 800m Run ( <i>non-seeded</i> ) | Section(s)            |
| 4:45 pm | Men's   | 800m Run ( <i>non-seeded</i> ) | Section(s)            |

#### Saturday, January 27

##### FIELD EVENTS

|          |         |                              |                |
|----------|---------|------------------------------|----------------|
| 11:30 am | Men's   | Shot Put                     | Trials & Final |
| 11:30 am | Women's | Pole Vault ( <i>Seeded</i> ) | Final          |
| 11:30 am | Men's   | High Jump ( <i>Seeded</i> )  | Final          |
| 12:00 pm | Women's | Triple Jump                  | Trials & Final |
| 12:00 pm | Men's   | Triple Jump                  | Trials & Final |
| 1:30 pm  | Women's | Shot Put                     | Trials & Final |
| 2:00 pm  | Men's   | Pole Vault ( <i>Seeded</i> ) | Final          |
| 2:00 pm  | Women's | High Jump ( <i>Seeded</i> )  | Final          |

##### TRACK EVENTS

|         |         |                                     |            |
|---------|---------|-------------------------------------|------------|
| 1:00 pm | Women's | 60m Hurdles                         | Semi-Final |
| 1:10 pm | Men's   | 60m Hurdles                         | Semi-Final |
| 1:20 pm | Women's | 60m Dash                            | Semi-Final |
| 1:30 pm | Men's   | 60m Dash                            | Semi-Final |
| 1:40 pm | Women's | Mile Run ( <i>Seeded Sections</i> ) | Final      |
| 1:55 pm | Men's   | Mile Run ( <i>Seeded Sections</i> ) | Final      |
| 2:10 pm | Women's | 60m Hurdles                         | Final      |
| 2:20 pm | Men's   | 60m Hurdles                         | Final      |
| 2:30 pm | Women's | 400m Dash                           | Final      |
| 2:40 pm | Men's   | 400m Dash                           | Final      |
| 2:50 pm | Women's | 60m Dash                            | Final      |
| 2:55 pm | Men's   | 60m Dash                            | Final      |
| 3:00 pm | Women's | 800m Run ( <i>Seeded Sections</i> ) | Final      |
| 3:10 pm | Men's   | 800m Run ( <i>Seeded Sections</i> ) | Final      |
| 3:20 pm | Women's | 200m Dash                           | Final      |
| 3:25 pm | Men's   | 200m Dash                           | Final      |
| 3:30 pm | Women's | 3000m Run                           | Final      |
| 3:45 pm | Men's   | 3000m Run                           | Final      |
| 4:00 pm | Women's | Mile Relay                          | Section(s) |
| 4:15 pm | Men's   | Mile Relay                          | Section(s) |