



AIR FORCE OPEN

Indoor Track & Field Meet

High School events!

SATURDAY, FEBRUARY 4, 2017

U.S. AIR FORCE ACADEMY

Colorado Springs, CO

Cadet Field House

MEET INFORMATION

- Compete on one of the finest indoor track & field facilities in the U.S.!
- Top-flight competition from Prep ranks nationwide!
- Every participant receives an "AIR FORCE OPEN" T-shirt!
- First class award *watches* to winner of each event...
- Special awards to top performers in boys and girls track & field events!

ENTRY INFORMATION

- Enter online at www.directathletics.com; No phone or fax entries will be accepted;
- Entry standards & limitations will be available online at www.directathletics.com and posted on our website at www.goairforcefalcons.com
- You will be required to pay an entry fee with your credit card online;
- Entry fee is **\$25.00** per individual; there is NO additional entry fee for added events. To run a relay team, ALL four (4) members of the relay team must have entered individually.
- All entries must be received at www.directathletics.com by Tuesday, January 31, 11:59 p.m. MT.
- Late entries will be charged a **\$35.00 late entry fee** per individual the day of the meet.

SCHEDULE OF EVENTS

Field Events

10:00 am	Boys Pole Vault (start: 10'0")
10:00 am	Girls Long Jump
10:00 am	Boys Long Jump
10:00 am	Girls High Jump (start: 4'2")
11:00 am	Boys Shot Put
1:00 pm	Girls Triple Jump
1:00 pm	Boys Triple Jump
1:00 pm	Boys High Jump (start: 5'4")
1:30 pm	Girls Shot Put
1:30 pm	Girls Pole Vault (start: 8'0")

This is a *tentative* time schedule;
Minor adjustments may be made
once entries are final,
and will be posted online
at www.goairforcefalcons.com

Track Events

9:55 am	National Anthem	
10:00 am	Girls 60m (33") Hurdles	Prelims
10:20 am	Boys 60m (39") Hurdles	Prelims
10:40 am	Girls 60m Dash	Prelims
11:10 am	Boys 60m Dash	Prelims
11:40 am	Girls Mile Run	Sections
12:00 pm	Boys Mile Run	Sections
12:20 pm	Girls 60m (33") Hurdles	Final
12:25 pm	Boys 60m (39") Hurdles	Final
12:30 pm	Girls 60m Dash	Final
12:35 pm	Boys 60m Dash	Final
12:45 pm	Girls 400m Dash	Sections
1:15 pm	Boys 400m Dash	Sections
1:45 pm	Girls 800m Run	Sections
2:10 pm	Boys 800m Run	Sections
2:35 pm	Girls 200m Dash	Sections
3:10 pm	Boys 200m Dash	Sections
3:45 pm	Girls 2-Mile Run	Final
4:05 pm	Boys 2-Mile Run	Final
4:25 pm	Girls Mile Relay	Sections
4:45 pm	Boys Mile Relay	Sections



QUESTIONS?

Call our office:

(719) 333-9501

or

e-mail beau.walker@usafa.edu

or

visit our website at

www.goairforcefalcons.com



SATURDAY, FEBRUARY 4, 2017

Advance Information

FACILITY

Cadet Field House at the US Air Force Academy (elevation: 7048'); 6 laps/mile (268m) *Proturf* polyurethane surface; eight (8) 42" lanes on the straight, six (6) 36" lanes on the oval. High jump apron, Horizontal jump and pole vault runways are also polyurethane; the throwing ring is wood.

NOTE: 1/4" or shorter spikes are required and will be checked. We will NOT have spikes for sale.

ACCESS / SECURITY

Please enter USAFA at the North Entrance (I-25, exit 156) only. Every individual entering the base must be prepared to show a picture ID to the guard at the gate and designate their destination as the Cadet Field House for indoor track meet. Each person should have picture ID with them at all times (except during their competition).

On arrival at Cadet Field House please park in the East lot and enter through the East doors. Every participant will be issued a wristband when checking-in which will allow access to field-level.

Coaches who have 4 or more athletes completing entered will be issued a wristband which will allow them access to the seating on the mezzanine level and to track-level, where they will be allowed on the backstretch (outside lane 6). Coaches will be allowed in the warm-up area on the east end of the infield. They will NOT be allowed in the field event venues on the infield.

PACKET PICK UP

Packets for clubs and teams can be picked up on Saturday beginning at 8:00 a.m. at the East doors to the Field House. Packets will include: (1) Final Instructions; (2) facility diagram; (3) start lists; (4) wrist bands and (5) competitor numbers with t-shirt coupon.

AWARDS

Every athlete will receive a T-shirt at check-in. The winner of each individual and all 4 members of winning relay teams event will each receive a distinctive award watch.

There will also be special awards for the outstanding performance by a boy and girl in both track events and field events (4 special awards). These awards will be chosen based on highest current national rank of a performance in this meet.

ADMISSION

Spectators arriving at Cadet Field House by 12:00 noon will be charged admission at \$5.00 for adults, \$2.00 for students. Those arriving after 12:00 noon will pay \$12.00 for adults, \$9.00 for students that is being charged for the Air Force Academy's home Men's Basketball game vs. Wyoming, which starts at 2:00 p.m..

TRAINERS

USAFA athletic trainers will be stationed in a satellite training room on the track level (near SW stairwell) for emergency care. Ice will NOT be provided. Preventative taping will only be done if athlete provides their own tape.



Entry Information

ENTRY PROCEDURE

All entries will be submitted online through www.DirectAthletics.com. Your username and password will be given to you when you enter the site and click to create a new account.

AFFILIATIONS

Athletes may enter with their high school **OR** club affiliation, or as "unattached" individuals. Please comply with CHSAA or your own state high school federation guidelines regarding use of school uniform and equipment.

ENTRY RESTRICTIONS

There are no minimum entry standards, however, PLEASE note the starting heights when entering athletes in the high jump and pole vault. Do not enter athletes in the high jump or pole vault unless they're capable of clearing starting heights.

Boy's High Jump 5' 4"

Girl's High Jump 4' 2"

Boy's Pole Vault 10' 0"

Girl's Pole Vault 8' 0"

ENTRY FEE

You will be required to pay your entry fee online using a credit card; entry fee is \$25.00 per individual. To enter a relay team, **ALL** four (4) members of any relay teams entered must have entered as an individual. All entries must be received at www.directathletics.com by Tuesday, January 31, 11:59 p.m. MST.

No phone or fax entries will be accepted. Late entries may be made IN PERSON on Saturday at the score table on the mezzanine level, but will be charged a **\$35.00 late entry fee** per individual.

START LISTS

"Entry Lists" will be posted online at www.goairforcefalcons (Track & Field homepage) by 12:00 noon on Thursday. "Start Lists" will be posted online at www.goairforcefalcons (Track & Field homepage) by 12:00 noon on Friday.

Technical Information

RULES

National High School Federation rules will be enforced. Fully automatic timing will be used for all races. We will run 39" hurdles for the boys and 33" hurdles for the girls. The Boys will throw the 12 lb. shot and girls will throw the 4k shot. We will provide a limited number of shots to be shared by any competitors needing them.

PRACTICE

Cadet Field House will NOT be open and available for practice on Friday evening due to the Air Force Academy's home indoor quadrangular meet.

WEIGH-IN'S

Weigh-in's will be done one hour prior to the start of the respective shot put events at the equipment room door (about 20m from the throwing ring).

WARM-UP

Early warm-up may be done outdoors, weather permitting. Final warm-up and preparation can be done on the east end of the infield, on the *FieldTurf* surface. Competitors will be allowed at their field event area 30' prior to competition and on the track 10' prior to their event. Please help us keep non-competitors out of the warm-up area and off the backstretch, where it can be quite crowded.

CHECK-IN

Competitors in track events should check-in to the clerk-of-the-course at Clerk Platform on the East end of the infield no later than 10 minutes before the start of their event. Field event competitors should check-in to their event judge 30 minutes prior to the scheduled start of their event.

RESULTS

Results of each event will be posted on the bulletin board in the SW corner of the Field House (track-level) as well as on a portable bulletin board on the concourse level of the Field House, and will be posted shortly after the last event of the day to the Air Force athletic department website at <http://www.goairforcefalcons.com>

QUALIFYING, ADVANCEMENT PROCEDURES

The 60m dash and 60m hurdles events will have qualifying rounds. Since seeding is difficult this early in the indoor season, the fastest times will qualify for the finals, without respect to place. [Please instruct your athletes that winning a qualifying heat does not ensure qualifying for the final].

All other track events will be run in sections. Events run in sections will be seeded by submitted times, with the fastest competitors seeded into latter sections.

In the horizontal jumps and throws, the 8 competitors with the longest efforts will advance to the finals

STARTING HEIGHTS / BAR RAISE PROGRESSIONS

Boy's high jump competition will start at 5'4" and bar will be raised in 2" increments;

Girl's high jump competition will start at 4'2" and bar will be raised in 2" increments.

Boy's pole vault competition will start at 10'0" and bar will be raised in 6" increments

Girl's pole vault competition will start at 8'0" and bar will be raised in 6" increments.

LONG JUMP – TRIPLE JUMP TAKE-OFF BOARDS

Boys' Long Jump take-off board is 12'0" from the landing pit and will not be altered.

Girls' Long Jump take-off board is 10'0" from the landing pit and will not be altered.

Boys' Triple Jump take-off board is 34'0" from the landing pit and will not be altered.

Girls' Triple Jump take-off board will be taped on the runway 25'0" from the landing pit and will not be altered.



Meet Records

GIRLS

<u>EVENT</u>	<u>RECORD</u>	<u>RECORD-HOLDER</u>	<u>AFFILIATION</u>	<u>YEAR</u>
60 Meters	7.22*	Aleisha Latimer	Colorado Flyers	1997
200 Meters	24.06	Aleisha Latimer	Colorado Flyers	1996
400 Meters	55.34	Lauren Gale	Discovery Canyon/Speed TC	2016
800 Meters	2:11.90	Katie Rainsberger	Air Academy/Kokopelli Kids	2016
Mile Run	4:58.15	Elise Cranny	Niwot	2013
2 Mile Run	11:57.11	Erin Norton	Grandview	2014
60m Hurdles	8.43	Emily Sloan	Rock Canyon	2016
Mile Relay	4:01.10	Colorado Flyers		1995
2 Mile Relay	10:38.46	Evergreen		2010
High Jump	5'6"	MacKenzie Miller	Heritage	1995
Pole Vault	13'7¼"	Andrea Willis	TCA/Above the Bar	2016
Long Jump	19'5½"	Maya Evan	Vista Peak HS/Angel Flight TC	2016
Triple Jump	38'9¾"	Danielle Williams	Colorado Flyers	1994
Shot Put	50'11"	Collinous Newsome	Colorado Flyers	1994

BOYS

60 Meters	6.62*	Courtney Hysaw	Montbello	1997
200 Meters	21.81	Alejandro Goldston	Volcano Vista HS, ABQ, NM	2016
400 Meters	48.50	Zane Vanderberg	Boulder Fairview	2014
800 Meters	1:55.19	Zac Petrie	Valor Christian	2014
Mile Run	4:19.87	Cerake Geberkidane	Denver East	2014
2 Mile Run	9:36.36	Bobby Nichols	Regis	2009
60m Hurdles	7.86	Norman Grimes	Canyon HS, Amarillo, TX	2015
Mile Relay	3:28.27	Joe Gentry TC		1995
2 Mile Relay	9:35.93	Evergreen TC		2010
High Jump	6'10"	Matt Rice	Platte River TC	1989
Pole Vault	16'3"	Connor McLean	Willamette (OR) Striders	2014
Long Jump	23'0½"	William Flowers	Rangeview	1994
Triple Jump	48'4¼"	Tony Carodine	Widefield	2012
Shot Put	66'10¼"	Mason Finley	Buena Vista	2009

* = converted from 55m time using NCAA standard, i.e., 1.0749 for W's 60 meters, 1.0771 for M's 60 meters, 1.0755 for W's 60m Hurdles and 1.0766 for M's 60m Hurdles