



AIR FORCE INVITATIONAL

Indoor Track & Field Meet

Thursday-Saturday, January 23-25, 2014
U.S. AIR FORCE ACADEMY
Cadet Field House

ADVANCE INFORMATION

FACILITY

Cadet Field House at the US Air Force Academy (elevation: 7048'). 6 laps/mile (268m) *Proturf* polyurethane surface; eight (8) 42" lanes on the straight, six (6) 36" lanes on the oval. See NCAA website for 2014 conversions of qualifying standards, which include indexing for both altitude and track size. High jump apron, Horizontal jump and pole vault runways are also polyurethane; the throwing ring is wood. **(NOTE: 1/4" or shorter spikes are required and will be checked).**

ACCESS / SECURITY

Please enter USAFA at the North Entrance (I-25, exit 156) only. Every individual entering the base must be prepared to show a picture ID to the guard at the gate and designate their destination as the Cadet Field House for indoor track meet. Each person should have picture ID with them at all times (except during their competition).

TEAMS

The following NCAA Division I teams have tentatively indicated they will participate: Air Force, BYU, Colorado, Colorado State, UNLV, Northern Colorado and Wyoming.

The following non-NCAA Division I teams have indicated they will participate: Colorado Mesa, CSU-Pueblo, Colorado School of Mines, Metropolitan State, Highlands and Western State.

RULES

NCAA rules will be used in all cases. This meet is open only to collegiate teams and specially invited post-collegiate individuals. Fully Automatic timing (*FinishLynx*) will be used for all races.

SCORING

Separate team scores will be kept for Men's and Women's Division I and Division II. Scoring will be through 8 places per NCAA Rule 7.1.2, i.e., 10 points for 1st place, 8 points for 2nd, 6 for 3rd, 5 for 4th, 4 for 5th, 3 for 6th, 2 for 7th and 1 for 8th. All events will be included in team scoring.

AWARDS

T-shirts will be awarded to event winners (and top collegiate finisher if different), including all 4 members of winning relay teams.

ADMISSION

Admission is free to the public for the Air Force Invitational.

DRESSING FACILITY

Dressing room with showers is available in Cadet Gym only if arranged in advance. Bring your own towels.

TRAINERS

Air Force Academy athletic trainers will be stationed in an auxiliary training room on the track level (near SE stairwell/women's restroom). Your trainers may set up in this facility as well.

ENTRY INFORMATION

ENTRY PROCEDURE

All entries will be submitted online through www.DirectAthletics.com. You will be assigned a secure account for your team(s). Your username and password will be given to you when you enter the site and click to create a new team account.

ENTRY RESTRICTIONS

There are no institutional entry limits.

In the men's and women's high jump, pole vault, 800m, Mile and 3000m Run, there are "non-seeded" and "seeded" sections. Your athletes entered in those events will be seeded into the appropriate section.

1. The "non-seeded" sections will accommodate additional entries and will be contested on Friday, January 24.
2. The "seeded" sections will accommodate the top entries, and will be contested on Saturday, January 25.

You will be notified of your competitors' assigned section by noon MT on Wednesday, January 22. Please call if you need earlier indication necessary to confirm your transportation requirements

Please use the following guidelines for entering your athletes in the field events:

- a. High Jump:
 - i. Women's non-seeded section will start at 1.50m/4'11" and be raised in 5cm increments.
 - ii. Women's seeded section will start at 1.65m/5'5" and be raised in 3cm increments.
 - iii. Men's non-seeded section will start at 1.80m/5'10¾" and be raised in 5cm increments.
 - iv. Men's seeded section will start at 2.00m/6'6¾" and be raised in 3cm increments.
- b. Pole Vault:
 - i. Women's non-seeded section will start at 3.05m/10'0" and be raised in 15cm increments.
 - ii. Women's seeded section will start at 3.65m/11'11¾" and be raised in 10cm increments.
 - iii. Men's non-seeded section will start at 4.30m/14'1½" and be raised in 15cm increments.
 - iv. Men's seeded section will start at 4.90m/16'0¾" and be raised in 10cm increments.
- c. Men's Triple Jump—take-off board is 42'0" from pit; **NO secondary ("taped") board will be used.**
- d. Women's Triple Jump—take-off board is 34'0" from pit; **NO secondary ("taped") board will be used.**
- e. Minimum measurement marks for men's and women's long jump, shot put and weight throw MAY be established if the number of entries in those events exceeds 40.

ENTRY DEADLINE

Entries must be received by 11:59 pm MT on **Tuesday, January 21**. No entries will be accepted by phone (except post-collegians—see below).

Any entry **changes** (additions, substitutions, change of event) the day of the meet will be allowed only on a space-available basis, and will be charged a **\$20.00 late entry fee**.

ENTRY FEE

\$15.00 entry fee per individual or max of \$300.00 entry fee per team (\$600.00 for both men's and women's teams). Entry fee may be paid on packet pick-up. Make check payable to **AFAAC**.

COMBINED EVENT ENTRY PROCEDURE

All aspects of entering the Men's Heptathlon (Thursday-Friday) and Women's Pentathlon (Thursday) will be exactly the same as your entry for all other events.

OPEN ATHLETES

Post-graduate *open* or *unattached* athletes may compete only if they have met USATF Indoor Championship qualifying standards in either of the past 2 seasons.

Absolutely No undergraduate open or unattached athletes may compete (e.g., no "redshirts.") **No exceptions.**

Open or unattached competitors can register only by calling Ralph Lindeman, (719) 333-2173.

TECHNICAL INFORMATION

WEIGH-IN'S

Weigh-in's will be done one hour prior to the start of the respective throwing events at the equipment room door (about 20m from the throwing ring).

ACCESS

Every participant will be issued a **wrist band** which will allow them access to the track and field-level. Each team will also be issued a reasonable number of color-coded wrist bands for coaches, trainers and managers. Coaches will not be allowed on the infield in the field event areas.

WARM-UP

Early warm-up (jogging & stretching) can be done on the upper concourse, i.e., around the hockey and basketball arenas, or outdoors, weather permitting. Final warm-up and preparation can be done on the east end of the infield, on the *FieldTurf* surface. Competitors will be allowed at their field event area 30' prior to competition (except pole vault) and on the track 10' prior to their event. Please help us keep non-competitors out of the warm-up area and off the backstretch, where it can become quite crowded.

Throwers may warm-up on the practice ring in the NE corner of the track.

CHECK-IN

Competitors in track events should check-in to the Clerk Table at the East end of the infield NLT 10 minutes before the start of their event. Field event competitors should check-in to their event judge 30 minutes prior to the scheduled start of their event.

QUALIFYING PROCEDURES

Track events from 60 through 400 meters will have qualifying rounds. In all events, the fastest times will qualify for the finals, without respect to place. [Please instruct your athletes that winning a qualifying heat does not ensure qualifying for the final].

In the 60 meters & 60 Hurdles, there will be separate Division I and Division II Finals, with the top 8 times from the qualifying heats in each division advancing to their respective final. In the 200 & 400 meters, there will also be separate Division I and II Finals, with the top 6 times from the qualifying heats in each division advancing to their respective final. Open athletes who make the finals will be seeded into the Division I Final.

The 800 meters, Mile, 3000 meters and Mile Relay will be run in sections. Events run in sections will be seeded by submitted times, with the fastest competitors seeded into latter sections. Competitors from Division I and non-Division I will compete against each other in joint sections of these events, as well as the 5000 meters and Distance Medley Relay. [NOTE: the *non-seeded* sections of the 800 meters, Mile & 3000 meters will be run on Friday, the *seeded* on Saturday].

In the horizontally-measured field events, the 8 collegiate competitors with the longest efforts will advance to the finals + any open competitors who fall in the top 8 after the preliminaries.

STARTING HEIGHTS / BAR RAISE PROGRESSIONS

Women's *Non-seeded High Jump* (Friday, 3:00pm) will start at 1.50m/4'11"; Bar will be raised in 5cm increments.

Men's *Non-seeded High Jump* (Friday, 12:30pm) will start at 1.80m/5'10¾"; Bar will be raised in 5cm increments.

Women's *Non-seeded Pole Vault* (Friday, 12:30pm) will start at 3.05m/10'0" and be raised in 15cm increments.

Men's *Non-seeded Pole Vault* (Friday, 3:00pm) will start at 4.30m/14'1½" and be raised in 15cm increments.

Women's *Seeded High Jump* (Saturday, 1:30pm) will start at 1.60m/5'3"; Bar will be raised in 5cm increments to at least 1.75—additional bar raise increments will be published on Wednesday, January 22.

Men's *Seeded High Jump* (Saturday, 10:00am) will start at 1.95m/6'4¾" and will be raised in 5cm increments to at least 2.00—additional bar raise increments will be published on Wednesday, January 22.

Men's *Seeded Pole Vault* (Saturday, 1:30pm) will start at 4.90m/16'0¾" and be raised in 10cm increments to at least 5.20m—additional bar raise increments will be published on Wednesday, January 22.

Women's *Seeded Pole Vault* (Saturday, 10:00am) will start at 3.65m/11'11¾" and be raised in 10cm increments to 4.00m/13'1½"—additional bar raise increments will be published on Wednesday, January 22.

RESULTS

Results of each event will be posted on the bulletin board in the SW corner of the Field House (track-level) and will be available to coaches shortly after the last event each day. Final results will be posted to the Air Force Academy athletic department website at <http://www.goairforcefalcons.com>.



INVITATIONAL

HISTORY

MEET RECORDS

MEN

<u>Event</u>	<u>Record</u>	<u>Holder, Affiliation</u>	<u>Year</u>
60 meters	6.63	Kenneth Andam, BYU	2000
200 meters	20.51	Josephus Howard, Texas Tech	1998
400 meters	46.07	Kevin Little, US West TC	1996
800 meters	1:48.33	Einars Tupiritis, Wichita State	1997
Mile Run	4:13.02	Matt Gonzales, New Mexico	2004
3000 meters	8:31.71	Craig Dixon, Reebok TC	1994
5000 meters	14:33.46	Richard Kosgei, Barton Country CC	1994
60 Hurdles	7.58	Ron Bramlett, Alabama	2002
Mile Relay	3:13.03	Texas Tech	1998
Distance Medley	10:12.08	Colorado	2001
High Jump	7'7¼" (tie)	Mark Boswell, Texas/Matt Hemingway, USWTC	2000
Pole Vault	18'2.5"	Pat Manson, unat	2001
Long Jump	26'3½"	Miguel Pate, Alabama	2002
Triple Jump	53'7"	Quincy Howe, Wyoming	2002
Shot Put	68'5¼"	C.J. Hunter, US West TC	1994
Weight Throw	72'6¼"	Kevin Mannon, unat, Laramie, WY	2000
Heptathlon	5555	Paul Speer, Wichita State	2004

WOMEN

<u>Event</u>	<u>Record</u>	<u>Holder, Affiliation</u>	<u>Year</u>
60 meters	7.13	Philomene Mensah, Canada	2000
200 meters	23.57	Aspen Burkett, Illinois	1996
400 meters	52.88	Jessica Fox, Wyoming	2004
800 meters	2:11.61	Janet Trujillo, Nike	2001
Mile Run	4:53.54	Sara Gorton, Colorado	2001
3000 meters	9:50.97	Sarah Toland, Nike	2002
5000 meters	17:31.56	Kim Bosen, Adams State	2000
60 Hurdles	8.04c	Trecia Roberts, Joe Gentry TT	1997
Mile Relay	3:41.25	Wyoming	2004
Distance Medley	12:01.29	Colorado	2002
High Jump	6'4¾"	Ada Robinson, BYU	2011
Pole Vault	14'9½"	Melinda Owen, unat (USOTC)	2011
Long Jump	21'3½"	Janay DeLoach (Colorado State)	2010
Triple Jump	42'1½"	Colleen Gillies, Auburn	1997
Shot Put	60'9¼"	Jessica Cross, unat, Laramie, WY	2000
Weight Throw	75'8¼"	Dawn Ellerbe, NYAC	2000
Pentathlon	3826	Jennifer Hoppe, unat., Nacogdoches, TX	2000



INVITATIONAL

EVENT SCHEDULE

Thursday, January 23

1:00 pm	Women's	60m Hurdles	Pentathlon
1:15 pm	Men's	60m Dash	Heptathlon
1:45 pm	Women's	High Jump	Pentathlon
2:00 pm	Men's	Long Jump (2 runways)	Heptathlon
3:15 pm	Men's	Shot Put (2 rings)	Heptathlon
4:15 pm	Women's	Shot Put (2 rings)	Pentathlon
4:30 pm	Men's	High Jump	Heptathlon
5:30 pm	Women's	Long Jump (2 runways)	Pentathlon
6:30 pm	Women's	800m run	Pentathlon

Friday, January 24

9:00 am	Men's	60m Hurdles	Heptathlon
9:45 am	Men's	Pole Vault (2 pits)	Heptathlon
30' after Hept PV	Men's	1000m Run	Heptathlon
12:30 pm	Men's	35# Weight Throw	Trials & Final
12:30 pm	Women's	Pole Vault (non-seeded)	Final
12:30 pm	Men's	High Jump (non-seeded)	Final
2:00 pm	Women's	Long Jump	Trials & Final
2:00 pm	Men's	Long Jump	Trials & Final
2:00 pm	Women's	5000m Run	Final
2:25 pm	Men's	5000m Run	Final
2:45 pm	Women's	400m Dash	Qualifying
3:00 pm	Men's	Pole Vault (non-seeded)	Final
3:00 pm	Women's	High Jump (non-seeded)	Final
3:00 pm	Women's	20# Weight Throw	Trials & Final
3:15 pm	Men's	400m Dash	Qualifying
3:45 pm	Women's	Mile Run (non-seeded)	Section(s)
4:00 pm	Men's	Mile Run (non-seeded)	Section(s)
4:15 pm	Women's	200m Dash	Qualifying
4:45 pm	Men's	200m Dash	Qualifying
5:15 pm	Women's	800m Run (non-seeded)	Section(s)
5:30 pm	Men's	800m Run (non-seeded)	Section(s)
5:45 pm	Women's	Distance Medley	Final
6:00 pm	Men's	Distance Medley	Final

Saturday, January 25

10:00 am	Men's	Shot Put	Trials & Final
10:00 am	Women's	Pole Vault (Seeded)	Final
10:00 am	Men's	High Jump (Seeded)	Final
11:00 am	Women's	Triple Jump	Trials & Final
11:00 am	Men's	Triple Jump	Trials & Final
11:00 am	Women's	60m Hurdles	Qualifying
11:25 am	Men's	60m High Hurdles	Qualifying
11:50 am	Women's	60m Dash	Qualifying
12:00 pm	Women's	High Jump	Final
12:15 pm	Men's	60m Dash	Qualifying
12:40 pm	Women's	Mile Run (Seeded Sections)	Final
12:50 pm	Men's	Mile Run (Seeded Sections)	Final
1:00 pm	Women's	Shot Put	Trials & Final
1:00 pm	Women's	60m Hurdles (non-Division I)	Final
1:05 pm	Women's	60m Hurdles (Division I)	Final
1:10 pm	Men's	60m Hurdles (non-Division I)	Final
1:15 pm	Men's	60m Hurdles (Division I)	Final
1:25 pm	Women's	400m Dash (non-Division I)	Final
1:30 pm	Women's	400m Dash (Division I)	Final
1:30 pm	Men's	Pole Vault (Seeded)	Final
1:30 pm	Women's	High Jump (Seeded)	Final
1:40 pm	Men's	400m Dash (non-Division I)	Final
1:45 pm	Men's	400m Dash (Division I)	Final
2:00 pm	Women's	60m Dash (non-Division I)	Final
2:05 pm	Women's	60m Dash (Division I)	Final
2:10 pm	Men's	60m Dash (non-Division I)	Final
2:15 pm	Men's	60m Dash (Division I)	Final
2:25 pm	Women's	800m Run (Seeded Sections)	Final
2:40 pm	Men's	800m Run (Seeded Sections)	Final
2:55 pm	Women's	200m Dash (non-Division I)	Final
3:00 pm	Women's	200m Dash (Division I)	Final
3:05 pm	Men's	200m Dash (non-Division I)	Final
3:10 pm	Men's	200m Dash (Division I)	Final
3:20 pm	Women's	3000m Run	Final
3:40 pm	Men's	3000m Run	Final
4:00 pm	Women's	Mile Relay	Section(s)
4:15 pm	Men's	Mile Relay	Section(s)