



# 2012 AIR FORCE INDOOR TRACK & FIELD

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## SCHEDULE AND RESULTS

**DATE..... COMPETITION**  
**Dec. 9..... Blue and Silver Open**  
..... **No Team Scores**

**Jan. 13..... All-Comers Meet**  
..... **No Team Scores**

**Jan. 20..... @ Nebraska Wesleyan Open**  
..... **No Team Scores**

**Jan. 21.....@ Nebraska adidas Classic**  
..... **Men: 4th | Women: 5th**  
Men's Scores: No. 5 Nebraska 175, No. 15 Iowa 133, Houston 96, Air Force 56.66, Wichita State 34.33; Women's Scores: No. 25 Nebraska 203, Houston 117, Iowa 98, Wichita State 43.50, Air Force 33.50

**Jan. 26-27.....Air Force Indoor Combined Events**  
..... **No Team Scores**

**Jan. 28..... Air Force Team Challenge**  
..... **Men: 3rd | Women: 7th**  
Men's Scores: Colorado State 128.50, Colorado 105, Air Force 70, Long Beach State 61, Utah Valley 57, Wyoming 48, BYU 41.50, Northern Colorado 32; Women's Scores: Colorado State 98, San Diego State 91.50, Colorado 79.50, BYU 68, Wyoming 51, Long Beach State 51, Air Force 45, Utah Valley 45, Northern Colorado 16

**Feb. 3-4.....@ New Mexico Classic**  
..... **No Team Scores**

**Feb. 10-11..... Air Force Invitational**  
..... **USAF Academy, Colo.**

**Feb. 10-11..... @ Husky Classic**  
..... **Seattle, Wash.**

**Feb. 17.....@ Robert Shine Invitational**  
..... **Laramie, Wyo.**

**Feb. 23-25..... @ Mountain West Championships**  
..... **Albuquerque, N.M.**

**Mar. 2-3.....@ National Qualifying Meet**  
..... **South Bend, Ind.**

**Mar. 9-10..... @ NCAA Indoor Championships**  
..... **Boise, Idaho**



## AIR FORCE INVITATIONAL

Friday - Saturday, Feb. 10-11 | USAF Academy, Colo. | Cadet Field House  
Friday Field: 12:30 p.m. | Track: 2 p.m. | Saturday Field: 10 a.m. | Track: 11 a.m.



## FLOTRACK HUSKY CLASSIC

Friday - Saturday, Feb. 10-11 | Seattle, Wash. | Dempsey Indoor Track  
Friday Track: 5:30 p.m. (PST) | Saturday Track: 9 a.m. (PST)

The Air Force track and field team concludes its indoor home schedule this weekend, as it hosts the 22nd annual Air Force Invitational on Friday-Saturday (Feb. 10-11) at the Cadet Field House. The meet, which features athletes from 15 Division I and Division II programs, will begin at 12:30 p.m., on Friday and at 10 a.m. on Saturday. In addition, nine Falcons will travel to Seattle, Wash., for the Flotrack Husky Classic over the Feb. 10-11 weekend.

## MEET INFORMATION

For the first time, the two-day Air Force Invitational will be a non-scoring meet. Joining Air Force will be athletes from Colorado, Colorado State, New Mexico State, Northern Colorado and Wyoming, as well as Adams State, Colorado Mesa, Colorado School of Mines, CSU-Pueblo, Fort Hays State, Grand Canyon, Metro State, Nebraska-Kearney and Western State.

## ABOUT THE COMPETITION

While none of the Division I programs are ranked, several of the Division II programs are listed among the nation's elite. The Grand Canyon men are currently ranked first in the USTFCCA Division II pole, while Adams State is ranked seventh. Nebraska-Kearney (13th), Western State (14th) and Colorado School of Mines (20th) are also ranked in the DII top-25. On the women's side, Grand Canyon and Adams State are ranked second and third, respectively, while Western State is ranked seventh and CSU-Pueblo is ranked 22nd.

## FRIDAY'S SCHEDULE OF EVENTS

12:30 p.m.: Men's Weight Throw, Women's Weight Throw; 12:30 p.m.: Men's Non-Seeded Pole Vault, Women's Non-Seeded Pole Vault; 1:00 p.m.: Men's High Jump; 2:00 p.m.: Women's Long Jump; 2:00 p.m.: Men's Long Jump; 2:00 p.m.: 5000-Meter Run, 400-Meter Dash (Qualifying), Non-Seeded Mile Run, 200-Meter Dash (Qualifying), Non-Seeded 800-Meter Run, Non-Seeded 3000-Meter Run, Distance Medley Relay (women's races first)

## SATURDAY'S SCHEDULE OF EVENTS

10:00 a.m.: Men's Shot Put, Women's Shot Put; 10:00 a.m.: Women's Pole Vault, Men's Pole Vault; 11:00 a.m.: Women's Triple Jump; 11:00 a.m.: Men's Triple Jump; 11:00 a.m.: 60-Meter Hurdles (Qualifying), 60-Meter Dash (Qualifying), Mile Run, 60-Meter Hurdles (Finals), 400-Meter Dash (Finals), 60-Meter Dash (Finals), 800-Meter Run (Finals), 200-Meter Dash (Finals), 3000-Meter Run, Mile Relay (women's races first; all finals will feature a consolation heat, followed by the championship heat); 12:00 p.m.: Women's High Jump

## BUT WAIT, THERE'S MORE

Nine Air Force runners will travel to Seattle, Wash., for the annual Flotrack Husky Classic on Feb. 10-11. Jeremy Drenckhahn and Isaiah Bragg will compete in the 5000-meter run on Friday, Feb. 10, while Alex Zubey, Jim Walmsley, Matt Caldwell (men's mile), Alex Lindsay (men's 800-meter run), Morgan Mosby, Annette Eichenberger (women's 800-meter run) and Melissa Fuerst (women's 3000-meter run) will compete on Saturday, Feb. 11.

## NOT TO SOUND LIKE A BROKEN RECORD, BUT...

Kassie Gurnell reset her own Academy record in the triple jump for the third time this season – and the second time in two weeks – at the New Mexico Classic, hitting the sand at 39'11¼" to finish fifth. Since the start of the season, Gurnell has added nearly six inches to the previous program standard that had stood since 2003.

## WHAT'S ON DECK

Air Force travels to Laramie, Wyo., for the annual Robert Shine Invitational on Friday, Feb. 17. It will be the squad's final regular season meet before the 2012 Mountain West Indoor Track and Field Championships, which will be held Thursday-Saturday (Feb. 23-25) in Albuquerque, N.M.

**ACADEMY QUICK FACTS**

Location..... USAF Academy, Colo.  
 Founded ..... 1954  
 Enrollment..... 4,000  
 Nickname ..... Falcons  
 Colors ..... Blue and Silver  
 Affiliation ..... NCAA Division I  
 Conference ..... Mountain West  
 Superintendent ..... Lt Gen Michael C. Gould  
 Athletics Director ..... Dr. Hans J. Mueh  
 Department Phone..... 719.333.4008

**HOME INFORMATION**

Indoor Facility..... Cadet Field House Track  
 Elevation ..... 7,048 feet  
 Outdoor Facility..... Cadet Outdoor TF Complex  
 Elevation ..... 6,980 feet

**COACHING STAFF**

Head Coach ..... Ralph Lindeman  
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**JUST TOSSING THIS OUT THERE**

Air Force's throwers had a remarkable weekend at the Albuquerque Convention Center, accounting for six of the best throws in Academy history. The weight throw got the biggest rewrite, as Brian Ford (57'0" sixth), Jared Barke-meyer (56'10" seventh) and Jalen Fooster (56'7" ninth) all impacted the men's all-time list, while Paige Blackburn recorded the second-farthest distance in Academy history (59'1" fourth) for the women's event. In addition, Danielle Tabb debuted in eighth on the women's all-time shot put list after tossing a 44'2", while Sean Herbison moved into the men's top-10 standings after tossing the 10th-best throw (53'11") in Academy history.

**MOVING IN AND MOVING UP**

Several additions were made to the program's record book at the New Mexico Classic. Jen Bremser clocked a time of 17:45.09 (altitude) in the 5000-meter run to debut in fifth, while Alexis Jones-Hardy bettered her 60-meter time of 7.79 to inch closer to the No. 7 spot. The women's relays also accounted for the 10th-fastest times in their respective events, as the 4x400-meter squad of Kassie Gurnell, Bethany Gross, Rachel Thomas and Tasha Mayne clocked a time of 3:58.47, and Mayne, Taylor Drolshagen, Auriele Fain and Katie Carroll combined for a distance medley relay of 12:31.72a. On the men's side, Zach Wood climbed up the high jump standings, as he moved into seventh with a clearance of 6'10", and Manny Smith clocked a 400-meter time of 48.16 to debut in ninth.

**FAST FACT**

Manny Smith became the just the second Falcon since 2000 to impact the Academy's top-10 list in the 400-meter dash. He also moved within just 0.01 of the top-10 list for the 200-meter dash, as he also clocked the 11th-fastest time in program history (21.95) at the New Mexico Classic.

**TAKING FIRST**

The 4x400-meter relay team of Bryce Bergman, Manny Smith, Jake Spuller and Anthony Delgado won the New Mexico Classic in a season-best time of 3:14.89 – a time that was three seconds ahead of the rest of the field, while Alex Lindsay won the 600-meter run for the second time this season with a career-best clock of 1:20.90.

**CAN I GET A REWRITE?**

Kassie Gurnell reset her own Academy record in the triple jump at the Air Force Team Challenge on Jan. 28, as she hit the sand at 39'10" to finish third. That distance, which also increased her Sophomore Class Record that she first set two weeks ago, was a personal improvement of two inches.

**PICKING UP A WIN**

Air Force earned an event title in the long jump during the Team Challenge, as Blue Kearney recorded a career-best distance of 23'5" to better the field by three inches.

**POLE VAULT POWER**

Kimber Shealy became the conference's first pole vaulter to clear the 13-foot bar on Jan. 28, as she placed second with a clearance of 13'1". Shealy, who improved her own Senior Class Record in that event by four inches, took a four-inch lead over the rest of the conference. She paced the Falcons to a pair of top-five finishes, as Tawny Lambuth improved her season-best height by one foot (12'5") to finish fifth.

**FROM THE CAGE**

Recording a career-best distance of 49'2" to finish second in the shot put at the Team Challenge, Paige Blackburn accounted for the second-best throw in Academy history. That distance was a personal improvement of nearly one foot. Air Force collected half of the scoring finishes in the men's shot put, highlighted by Kyle Schwochow's third-place distance of 52'9". Sean Herbison and James Cole finished sixth (52'4") and seventh (51'5"), respectively, while James Chambers placed eighth with a mark of 50'4".

**HEADING TO NEW HEIGHTS**

Travis Smith cleared 6'9" to finish third in the high jump at the Air Force Team Challenge and move into 10th on the program's all-time list. Smith, who tied with classmate Zach Wood on the all-time list, became second jumper in three weeks to impact that event's top-10 list ... a list that hadn't had a single change for 15 years prior to Wood's addition at the All-Comers Meet.

**A CAREER DAY**

Lesly Torres had a career day in the pentathlon at the Air Force Indoor Combined Events Meet, collecting a personal-best 3,438-point total – a career improvement of over 150 points. In addition to moving into third on the program's list in the pentathlon with a new Junior Class Record, Torres also moved up to seventh on the all-time list in the 60-meter hurdles after clocking a career-best time of 9.04. Torres also collected career-best marks in the high jump (5'7"), 800-meter run (2:45.89), long jump (17'6") and shot put (32'3").

**MEN'S REGIONAL INDEX**

Week 3 USTFCCCA Rankings (Feb. 6)

TEAM .....	PTS
1. BYU .....	413.67
2. Texas Tech.....	346.81
3. Air Force.....	257.64
4. Northern Arizona .....	232.97
5. Montana State .....	230.35
6. Colorado State .....	192.02
7. Southern Utah.....	176.40
8. New Mexico .....	163.18
9. Utah Valley.....	127.81
10. Texas-El Paso.....	108.59
11. Utah State .....	99.97
12. Colorado .....	97.55
13. Wyoming.....	74.19
14. Northern Colorado.....	66.79
15. Idaho State.....	61.77

**WOMEN'S REGIONAL INDEX**

Week 3 USTFCCCA Rankings (Feb. 6)

TEAM .....	PTS
1. Texas Tech.....	422.87
2. BYU .....	351.29
3. Texas-El Paso.....	185.28
4. Utah State .....	180.34
5. Weber State .....	169.21
6. Nevada .....	137.65
7. New Mexico .....	135.33
8. New Mexico State .....	129.38
9. Air Force.....	124.35
10. Utah .....	123.68
11. Colorado State .....	120.02
12. Montana .....	113.57
13. Idaho State.....	105.00
14. Wyoming.....	99.85
15. Colorado .....	92.04

**MOVING ON UP**

Backed by career-best marks in four of the first five events, Michael Tibbs totaled a personal-best 5,249 points to finish second in the heptathlon at the Air Force Indoor Combined Events Meet and move into third on the Academy's all-time list. En route to improving his overall score by 235 points, Tibbs won the shot put and tied for first on the pole vault, while collecting career-best marks in the 60-meter dash (7.25), 60-meter hurdles (8.45), long jump (22'6½") and high jump (6'2¾").

**MULTI-TASKING**

The multi-event athletes made some major revisions to the program's all-time list following the Air Force Indoor Combined Events Meet on Jan. 26-27. Lesly Torres accounted for the third-best pentathlon total in Academy history (3,438 points), while Phaelen French moved into sixth with a career-best 3,171 points. On the men's side, Michael Tibbs moved into third on the heptathlon all-time list following a 5,249-point performance, while Evan McDowell tallied the ninth-best total (4,644 points) in his collegiate debut. In addition, Kobi Rex had a 4,572-point outing at the AFICE meet, which is the 11th-best total in program history.

**DRENCKHAHN EARNS CONFERENCE AWARD**

Jeremy Drenckhahn was named the Mountain West Athlete of the Week following a stellar weekend in Nebraska. He bettered the field by nearly 21 seconds to easily win the 5000-meter event at the adidas Classic on Jan. 21 – one day after earning the top collegiate spot in the 3000-meter run (8:18.18) at the Nebraska Wesleyan Invitational.

**DID YOU KNOW?**

By claiming the Jan. 24 MW Athlete of the Week award, Jeremy Drenckhahn became the first Air Force runner to earn the weekly indoor honor since hurdler Sean Temple in 2004, as the last eight selections have come from field athletes. In fact, he is only the third runner ever to be selected by the conference during the indoor season.

**GOING THE DISTANCE**

Air Force claimed event titles in the two longest distances of the adidas Classic, as Jim Walmsley and Jeremy Drenckhahn won the 3000-meter and 5000-meter races, respectively. Walmsley clocked a time of 8:13.65 to win the 3000-meter run by three seconds, while Drenckhahn crossed the finish line of the 5000-meter run in 14:26.40 to better the field by 21 seconds.

**TAKING SECOND**

With a distance of 57'9¾", Paige Blackburn recorded the second-best weight throw mark in Academy history on Jan. 21. Blackburn, who finished second in the weight throw at the adidas Classic, improved her career-best distance in that event by nearly two feet.

**RECORD BOOK REWRITES**

The men's weight throw also received a rewrite at the adidas Classic, as Brian Ford moved into ninth on the all-time list with a 55'4¾". On the women's side, Rachel Herald moved into a tie for ninth in the high jump (5'6"), while Annette Eichenberger debuted on the 800-meter list with the 10th-fastest time in Academy history (2:16.59).

**I'LL TAKE FIRST**

Air Force claimed five first-place finishes at the Nebraska Wesleyan Invitational, including sweeps of the 400-meter dash and 600-meter run titles. Manny Smith and Bethany Gross won the 400-meter titles of their respective races, while Alex Lindsay and Tasha Mayne teamed up for the Falcons' sweep of the 600-meter run. Morgan Mosby rounded out the event winners with a first-place finish in the 1000-meter run.

**CAUTION, FALLING RECORDS!**

Kassie Gurnell set a new Academy record in the triple jump record, as she recorded a career-best distance of 39'8½" to win the Air Force All-Comers Meet on Jan. 13. With that mark, Gurnell broke the program's 2003 record by three inches, while resetting the Sophomore Class Record that she first set in December.

**HIGHER AND HIGHER**

Zach Wood cleared a career-best 6'9¾" to win the high jump at the Air Force All-Comers Meet and move into 10th on the Academy's all-time list. He is the Falcons' first high jumper since 2003 – and only the second since 1997 – to impact the men's top-10 list in that event.

**MAKING A MARK**

Two additions were made to the all-time standings at the Air Force All-Comers Meet. Sophomore Jalen Fooster bettered his distance in the weight throw to 55'2¾" and moved into ninth on the men's all-time list, while freshman Alexis Jones-Hardy improved her eighth-place standing on the women's 60-meter dash with a time of 7.85

**MEN'S USTFCCCA RANKINGS**

Week 3 Rankings (Feb. 6)

TEAM .....	PTS
1. Arkansas.....	196.57
2. Florida.....	177.90
3. LSU.....	115.70
4. Texas.....	100.28
5. Arizona.....	91.78
6. Florida State.....	90.15
7. Stanford.....	82.67
8. Texas A&M.....	78.37
9. Virginia Tech.....	77.14
10. Minnesota.....	74.05
11. Oklahoma.....	66.50
12. Indiana.....	63.78
13. Nebraska.....	60.62
14. BYU.....	60.21
15. Ohio State.....	56.97
16. Kansas State.....	56.68
17. Wisconsin.....	54.67
18. Mississippi State.....	54.40
19. Mississippi.....	53.58
20. Iowa.....	50.39
21. Oregon.....	45.88
22. Georgia.....	37.40
23. Auburn.....	31.17
24. Arizona State.....	32.03
25. Iona.....	31.43

**WOMEN'S USTFCCCA RANKINGS**

Week 3 Rankings (Feb. 6)

TEAM .....	PTS
1. Oregon.....	196.96
2. LSU.....	144.07
3. Clemson.....	135.97
4. Arkansas.....	125.83
5. Central Florida.....	102.75
6. Texas.....	100.18
7. BYU.....	91.78
8. Texas Tech.....	73.80
9. Texas A&M.....	71.02
10. Arizona.....	56.66
11. Southern Illinois.....	55.17
12. Florida State.....	54.46
13. Georgia.....	53.59
14. Iowa State.....	53.21
15. Baylor.....	51.78
16. Southern Miss.....	50.72
17. Tennessee.....	49.13
18. Ohio State.....	46.37
19. Oklahoma.....	44.12
20. Connecticut.....	42.06
21. Arizona State.....	41.51
22. Stony Brook.....	40.85
23. Stanford.....	39.17
24. Kansas.....	39.07
25. Michigan.....	37.06

**MAKING A MARK**

Two additions were made to the all-time standings at the Air Force All-Comers Meet. Sophomore Jalen Fooster bettered his distance in the weight throw to 55'2¼" and moved into ninth on the men's all-time list, while freshman Alexis Jones-Hardy improved her eighth-place standing on the women's 60-meter dash with a time of 7.85.

**MAKING A MARK**

Two additions were made to the all-time standings at the Air Force All-Comers Meet. Sophomore Jalen Fooster bettered his distance in the weight throw to 55'2¼" and moved into ninth on the men's all-time list, while freshman Alexis Jones-Hardy improved her eighth-place standing on the women's 60-meter dash with a time of 7.85.

**JUST THROWING IT AROUND**

Air Force won three of the four throwing event titles at the Air Force All-Comers Meet. Paige Blackburn matched a season-best throw of 56'0½" to win the weight throw by four feet, while tallying a season-best shot put mark of 46'6¼" to win that event by over one foot. On the men's side, Sean Herbison used a career-best throw of 53'8¼" to win the shot put.

**FALCONS PACE CONFERENCE IN NATIONAL RANKINGS**

The men's track and field team was ranked 39th in the U.S. Track and Field and Cross Country Coaches Association (USTFCCCA) Preseason Rankings. The Falcons lead the Mountain West, ranking ahead of Boise State (45th), New Mexico (53rd), TCU (85th), Wyoming (119th) and Colorado State (unranked). The men are also the top-ranked service academy and the highest ranked program among DI programs in Colorado.

**SIMMONS CLAIMS INAUGURAL 2011-12 MW HONOR**

Rob Simmons earned the Mountain West's first Athlete of the Week award of the season on Dec. 13, after using a career-best pole vault height of 17'8½" to earn the top collegiate finish at the Blue and Silver Open. Simmons, who improved his personal clearance by eight inches, tied for the top overall spot and moved into third on the program's all-time list.

**"LES" IS MORE**

Lesly Torres made two additions to the program's top-10 record book during the season-opening meet on Dec. 9. The junior moved from seventh to fourth in the Academy's all-time high jump, while debuting in ninth on the 60-meter hurdles list. Torres cleared a career-best 5'7" to finish second in the high jump, while clocking a career-best time of 9.20 to finish sixth in the hurdles.

**DID YOU KNOW?**

Lesly Torres became just the second Falcon since 2005 to impact the top-10 list for the 60-meter hurdles.

**IT'S A CLASS ACT**

Two members of the women's team set Class Records during the season-opening meet on Dec. 9. Kimber Shealy improved the program's Senior Class standard in the pole vault to 12'9½", while Kassie Gurnell tallied a Sophomore Class record in the triple jump with a clearance of 39'5".

**OH, WHAT A NIGHT!**

The Academy record book received a major rewrite during the Blue and Silver Open. Kassie Gurnell recorded the second-best triple jump distance in program history at 39'5", while Wren Bonner debut in fifth on the all-time pole vault list during her first collegiate meet with a jump of 12'9½". Lesly Torres, who moved into fourth on the program's high jump list (5'7"), also recorded the ninth-best time ever in the 60-meter hurdles at 9.20. In addition, Alexis Jones-Hardy began her collegiate career with the eighth-fastest 60-meter time in Academy history (7.87) and Becca Bauman entered the all-time list for the weight throw (10th) with a distance of 48'7¼".

**BUT WAIT, THERE'S MORE**

Two members of the men's team also impacted the program record book during the first meet of the 2011-12 season. Rob Simmons cleared 17'8½" in the pole vault to move into third on that event's all-time list, while Jalen Fooster matched the 10th-best weight throw in program history with a toss of 54'11¼".

**WHO'S BACK**

The Falcons' indoor roster includes two Academy record holders (weight throw: Rob Drye; 1000-meter run: Morgan Mosby) and seven all-conference athletes (2011: Drye, Cale Simmons, Michael Tibbs, Jim Walmsley; 2010: Chase Cooper, Uzor Udensi, Zach Wood). In addition, the roster also includes two members of last year's All-American distance medley relay team (Anthony Delgado, Nick White) and two of the four runners that claimed the program's first conference title in the 4x400-meter relay (Delgado, Manny Smith).

**LEADING THE WAY**

Eight Falcons will serve as captains of the 2011-12 Air Force track and field team. Bryce Bergman, Rob Drye, Jim Walmsley and Alex Zubey will represent the men's team, while Paige Blackburn, Emily Cotharn, Auriele Fain and Kimber Shealy will captain the women's squad.

**A FAMILY AFFAIR**

The men's 2012 team boasts three sets of brothers – including two sets of twins. Air Force's sibling connection includes the Owens (Gage and Gavin), the Perkins (twins Charlie and Zach) and the Simmons (twins Cale and Rob).

**A LOCAL FLAVOR**

The Falcons have 15 athletes that hail from the state of Colorado, including five – junior Jen Bremser (Sand Creek HS), freshman Kobi Rex (Lewis Palmer HS), senior Rachel Thomas (Falcon HS), sophomore Libby Westfall (Pine Creek HS) and senior Nick White (Falcon HS) – that are from the Colorado Springs area.

**NEW FACE ON THE SIDELINE**

Air Force added 1996 Olympic gold medalist Allen Johnson to its coaching staff for the 2011-12 season. Johnson, who will coach the Falcons' sprint and hurdle athletes, won the 110-meter hurdles at the Atlanta Games. He also claimed gold medals in that event at seven IAAF World Outdoor Championship meets and in the 60-meter hurdles at three indoor world championships. Johnson will be joined on the coaching staff by head coach Ralph Lindeman, associate head coach Scott Irving and assistant coaches Juli Benson and Scott Steffan.

NAME	YR	EVENTS	HOMETOWN (HIGH SCHOOL)
Ted Artz	Jr.	800m, 1500m	Indian Harbor Beach, Fla. (Satellite)
Dan Bailey	So.	1500m, 5000m	Cream Ridge, N.J. (Christian Brother)
Jared Barkemeyer	Sr.	DT, HT, SP	Los Lunas, N.M. (Belen)
Matt Bell	Jr.	5000m, 10000m	Denver, Colo. (George Washington)
Bryce Bergman	Sr.	110mH, 400mH	New Bremen, Ohio (New Bremen)
Elliott Beski	So.	PV	Greenwood Village, Colo. (Mullen)
Dan Bieber	So.	400m	Cherokee, Iowa (Washington)
Brendon Birdsell	Jr.	DT, HT	Tustin, Calif. (Beckman)
Isaiah Bragg	So.	5000m, 10000m	Springfield, Ohio (Emmanuel Christian)
Nate Bratka	So.	DT, SP, HT, JT	West Liberty, Ohio (West Liberty-Salem)
Matt Caldwell	So.	800m, 1500m	Centennial, Colo. (Smoky Hill)
James Chambers	Jr.	DT, HT, SP	Wichita Falls, Texas (Rider)
Zach Christenson	Fr.	1500m, 5000m	Safety Harbor, Fla. (Countryside)
Riley Coates	Fr.	1500m, 5000m	Rapid City, S.D. (Stevens)
James Cole	Sr.	DT, HT, SP	Bozeman, Mont. (Bozeman)
Drew Coleman	Jr.	100m, 200m	Cedar Park, Texas (Vista Ridge)
Chase Cooper	Jr.	PV	Centennial, Colo. (Smoky Hill)
Shane Cox	Jr.	DT, HT, SP	Fremont, Neb. (Fremont)
Michael Craig	So.	200m, 400m	Orrville, Ohio (Orrville)
Anthony Delgado	Jr.	400m, 200m	Austin, Texas (LAS Academy)
Jeremy Drenckhahn	Jr.	5000m, 10000m	Plymouth, Minn. (Wayzata)
Rob Drye	Sr.	SP, DT, HT	Las Vegas, Nev. (Shadow Ridge)
Edmond Duvall	Fr.	110mH	Marvin, N.C. (Marvin Ridge)
Cameron Edwards	Jr.	800m, 1500m	Park City, Utah (Park City)
Carl Eifert	So.	3000mSC, 5000m	Peachtree City, Ga. (McIntosh)
Ronnie Elly	Fr.	800m, 1500m	Stafford, Va. (Mountain View)
Jalen Fooster	So.	HT, DT, SP	Marietta, Ga. (Marietta)
Brian Ford	Jr.	DT, SP, HT	Alamosa, Colo. (Alamosa)
Carson Fugal	So.	5000m, 10000m	Park City, Utah (Park City)
Sam Gagliano	Fr.	110mH, LJ, HJ	Waxahachie, Texas (Waxahachie)
Kyle Gartrell	Fr.	TJ	Yakima, Wash. (Riverside Christian)
Brad Hackert	So.	Decathlon	Thomaston, Conn. (Thomaston)
Jake Hawkins	So.	1500m, 5000m	Derry, N.H. (Pinkerton Academy)
Sean Herbison	Sr.	SP, DT, HT	West Saint Paul, Minn. (St. Croix Lutheran)
Tyler Jordan	So.	HJ	Ramona, Calif. (Mountain Valley)
Blue Kerney	Fr.	LJ, TJ	Lakewood, Wash. (Lakes)
William Kent	So.	HT, DT, SP	Marietta, Ga. (George Walton Comp)
Siotame Latu	Fr.	400m	Eugene, Ore. (South Eugene)
Mikey Lauritzen	So.	JT	Camas, Wash. (Camas)
Alex Lindsay	So.	800m, 1500m	Rochester Hills, Mich. (Rochester Adams)
Max Lutton	Sr.	400m, 200m	Puyallup, Wash. (Franklin Pierce)
James MacAndrew	Jr.	100m, 200m	Mansfield, Texas (Pantego Christian)
Justin Manchester	Jr.	400m Hurdles	Panama City, Fla. (Bay)
Evan McDowell	Fr.	HJ, Decathlon	Hudsonville, Mich. (Hudsonville)
Bryce Mitchell	Fr.	110mH, 400mH	Albuquerque, N.M. (Cibola)
Elliot Myers	Fr.	1500m, 5000m	Yorba Linda, Calif. (Esperanza)
Sam O'Hair	Jr.	1500m, 5000m	Rocklin, Calif. (Rocklin)
Gage Owens	Jr.	800m, 1500m	McAllister, Mont. (Ennis)
Gavin Owens	So.	3000mSC, 5000m	McAllister, Mont. (Ennis)
Seth Pelletier	Jr.	1500m, 5000m	Wells, Maine (Home School)
Charlie Perkins	So.	1500m, 5000m	Alameda, Calif. (Alameda)
Zach Perkins	Fr.	1500m, 5000m	Alameda, Calif. (Alameda)
David Ptacek	So.	400m	Allegan, Mich. (Hudson)
Andrew Quallio	Jr.	1500m, 5000m	Jacksonville, Fla. (Zama American)
Kobi Rex	Fr.	HJ, Decathlon	Colorado Springs, Colo. (Lewis Palmer)
Casey Riggs	Fr.	110mH, 400mH	Loveland, Colo. (Loveland)
Cort Rogers	So.	PV	Whitefish, Mont. (Whitefish)
Kyle Schwochow	Sr.	SP, DT	Brookville, Ohio (Brookville)
Cale Simmons	Jr.	PV	Rocklin, Calif. (Rocklin)
Rob Simmons	Jr.	PV	Rocklin, Calif. (Rocklin)
Manny Smith	Sr.	400m, 200m	Alpharetta, Ga. (Milton)
Travis Smith	Jr.	HJ	Clovis, Calif. (Buchanan)
Jake Spuller	Fr.	200m, 400m	Dexter, Mich. (Detroit Catholic Central)
Michael Tibbs	Jr.	Decathlon, PV	Rogers, Ark. (Rogers)
Uzor Udensi	Jr.	200m, 400m	San Antonio, Texas (Central Catholic)
Joey Uhle	Fr.	PV	Powell, Ohio (Olentangy Liberty)

**FIRST-PLACE FINISHES (MEN)**

**ANTHONY DELGADO**

300-Meter Dash ..... 9 Dec.

**JEREMY DRENCKHAHN**

3000-Meter Run ..... (20 Jan.)

5000-Meter Run ..... 21 Jan.

**SEAN HERBISON**

Shot Put ..... 13 Jan.

**BLUE KEARNEY**

Long Jump ..... 28 Jan.

**ALEX LINDSAY**

600-Meter Run ..... 20 Jan., 3 Feb.

**CALE SIMMONS**

Pole Vault ..... (13 Jan.), (3 Feb.)

**ROB SIMMONS**

Pole Vault ..... 9 Dec.

**MANNY SMITH**

400-Meter Dash ..... 20 Jan., 4 Feb.

500-Meter Dash ..... 9 Dec.

**JIM WALMSLEY**

Mile Run ..... (13 Jan.)

3000-Meter Run ..... 21 Jan.

**ZACH WOOD**

High Jump ..... 13 Jan.

**ALEX ZUBEY**

1000-Meter Run ..... (20 Jan.)

Mile Run ..... 9 Dec.

**RELAYS**

4x400-Meter Relay ..... 4 Feb.

Two-Mile Relay ..... 9 Dec.

Dates in parenthesis indicate top collegiate finisher

NAME	YR	EVENTS	HOMETOWN (HIGH SCHOOL)
Tim Urista	So.	JT	Rosebury, Ore. (Douglas)
Jim Walmsley	Sr.	1500m, 5000m	Scottsdale, Ariz. (Horizon)
Nick White	Sr.	800m, 1500m	Peyton, Colo. (Falcon)
Lance Wolfsmith	So.	5000m, 3000mSC	Morgan Hill, Calif. (Ann Sobrato)
Zach Wood	Jr.	HJ	Bowen, Ill. (Southeastern)
Alex Zubey	Sr.	1500m, 800m	Tamaqua, Pa. (Tamaqua Area Senior)

NAME	YR	EVENTS	HOMETOWN (HIGH SCHOOL)
Jackie Ahloo	So.	SP, DT, HT	Stockton, Calif. (St. Mary's)
Jess Barton	Sr.	PV	Wrightstown, Wis. (Franklin)
Becca Bauman	So.	DT, SP, HT	Post Falls, Idaho (Post Falls)
Paige Blackburn	Sr.	JT, DT, HT, SP	Soldotna, Alaska (Soldotna)
Amanda Blain	So.	5000m	Spearfish, S.D. (Mankato East)
Wren Bonner	Fr.	PV, 100mH, LJ	Laguna Park, Texas (Whitney)
Jen Bremser	Jr.	3000mSC	Colorado Springs, Colo. (Sand Creek)
Katie Carroll	Sr.	1500m, 800m	San Antonio, Texas (Winston Churchill)
Erica Carson	Fr.	400m, 200m	San Antonio, Texas (Ronald Reagan)
Ashley Christ	So.	JT	Peoria, Ill. (Peoria Christian)
Heather Connick	Fr.	1500m, 5000m	Pembroke, Mass. (Pembroke)
Emily Cotharn	Sr.	400mH	Cory, Colo. (Cedaredge)
Adrianna Dong	So.	800m, 1500m	Phoenix, Ariz. (North Canyon)
Taylor Drolshagen	Fr.	1500m, 5000m	Muskego, Wis. (Muskego)
Annette Eichenberger	So.	800m, 1500m	West Chicago, Ill. (West Chicago Community)
Rebecca Esselstein	Fr.	800m, 1500m	Dayton, Ohio (Archbishop Alter)
Aurielee Fain	Sr.	800m, 1500m	Billings, Mont. (Billings Senior)
Michelle Ferguson	Fr.	800m, 1500m	Lakeville, Minn. (Lakeville North)
Nichole Freeman	Fr.	JT	Mandeville, La. (Mandeville)
Phaelen French	Sr.	Heptathlon	Austin, Colo. (Delta)
Melissa Fuerst	Jr.	800m, 1500m	Blue Springs, Mo. (Blue Springs)
Rachel Gebauer	Sr.	SP, HT	Ossineke, Mich. (Alpena)
Bethany Gross	Jr.	400m, LJ	Alexandria, S.D. (Hanson)
Carley Gross	So.	5000m	Tustin, Calif. (Foothill)
Kassie Gurnell	So.	TJ, Heptathlon	Pearland, Texas (Westbury Christian)
Christine Hagan	Fr.	800m, 1500m	Kings Park, N.Y. (Kings Park)
Jamie Hart	So.	HJ, Heptathlon	Westminster, Colo. (Stanley Lake)
Emily Hazen	Fr.	5000m	Kennewick, Wash. (Richland)
Rachel Herald	So.	HJ	Rockford, Mich. (Rockford)
Alexis Jones-Hardy	Fr.	LJ, 100mH	Lilburn, Ga. (Parkview)
Kate Kanetzky	Jr.	5000m, 10000m	Buda, Texas (Jack C. Hays)
Tawny Lambuth	Sr.	PV, 100m	Auburn, Calif. (Placer)
Teresa Loya	So.	SP, DT, HT	Santa Maria, Calif. (St. Joseph)
Morgan Malone	Fr.	100m, 200m	San Antonio, Texas (Ronald Reagan)
Tasha Mayne	So.	800m, 1500m	Pflugerville, Texas (Hendrickson)
Kadie McNamara	Fr.	SP, DT, HT	Phoenix, Ariz. (Desert Vista)
Bizzy Mellado	Jr.	PV	South Barrington, Ill. (William Fremd)
Katy Moorkamp	Jr.	DT, HT, SP	Wildwood, Mo. (Lafayette)
Morgan Mosby	Jr.	800m, 400m	Evergreen, Colo. (Mullen)
Alana Piccone	So.	JT	Roseville, Calif. (St. Francis)
Alexa Ramsier	Sr.	5000m	Dallas, Texas (Plano West Senior)
Regan Rogers	So.	HJ	Wellsboro, Pa. (Wellsboro Area)
Marie Rossillon	Fr.	400mH	Albuquerque, N.M. (Eldorado)
Stephaney Saari	So.	800m, 1500m	San Antonio, Texas (Ronald Reagan)
Sierra Schepper	Fr.	100mH, 400mH	Rapid City, S.D. (Stevens)
Kimber Shealy	Sr.	PV	Kennesaw, Ga. (Kennesaw Mountain)
Heather Shepard	So.	400m	Flower Mound, Texas (Happy Hill Academy)
Paige Shirley	So.	PV	Jacksonville, Fla. (Epsicopal)
Kim Smith	So.	Javelin	Kirtland, N.M. (Kirtland Central)
Jordyn Stoddard	Sr.	Triple Jump	Aliso Viejo, Calif. (Aliso Niguel)
Rachel Sykes	Fr.	5000m	Mt. Airy, Md. (South Carroll)
Danielle Tabb	Fr.	Shot Put, Discus, Hammer	Spanaway, Wash. (Bethel)
Rachel Thomas	Sr.	400m Hurdles	Colorado Springs, Colo. (Falcon)
Lesly Torres	Jr.	High Jump, Heptathlon	Los Lunas, N.M. (Los Lunas)
Libby Westfall	So.	Pole Vault	Colorado Springs, Colo. (Pine Creek)

**FIRST-PLACE FINISHES (WOMEN)****PAIGE BLACKBURN**

Shot Put ..... 13 Jan., 4 Feb.  
Weight Throw ..... 13 Jan.

**WREN BONNER**

Pole Vault ..... 9 Dec.

**MELISSA FUERST**

1000-Meter Run ..... 9 Dec.

**BETHANY GROSS**

400-Meter Dash ..... 20 Jan.

**KASSIE GURNELL**

Triple Jump ..... 13 Jan.

**TAWNY LAMBUTH**

Pole Vault ..... (4 Feb.)

**TASHA MAYNE**

600-Meter Run ..... 20 Jan.

**MORGAN MOSBY**

1000-Meter Run ..... 20 Jan.

**KIMBER SHEALY**

Pole Vault ..... (13 Jan.), (4 Feb.)

Dates in parenthesis indicate top collegiate finisher

**WEEKLY AWARDS**

**MW ATHLETE OF THE WEEK**.....  
 Dec. 13.....Rob Simmons  
 Jan. 24 .....Jeremy Drenckhahn

**AIR FORCE ATHLETE OF THE WEEK**.....  
 Jan. 17 .....Kassie Gurnell

**RECORD BOOK ADDITIONS (MEN)**

**ALL-TIME TOP-10**.....  
 3rd Michael Tibbs ..... Heptathlon (5249)  
 4th Rob Simmons.....Pole Vault (17'8½")  
 6th Brian Ford .....Weight Throw (57'0")  
 6th Evan McDowell..... Heptathlon (4644)  
 7th Zach Wood ..... High Jump (6'10¼")  
 7th Jared Barkemeyer... Weight Throw (56'10¼")  
 9th Manny Smith ..... 400 Meters (48.16)  
 9th Jalen Fooster ..... Weight Throw (56'7¼")  
 10th Sean Herbison ..... Shot Put (53'11")

**CLASS RECORDS**.....

**RECORD BOOK ADDITIONS (WOMEN)**

**ALL-TIME TOP-10**.....  
 1st Kassie Gurnell .....Triple Jump (39'11¼")  
 2nd Regan Rogers..... High Jump (5'8")  
 2nd Paige Blackburn .....Shot Put (49'2¼")  
 2nd Paige Blackburn ..... Weight Throw (59'1¼")  
 3rd Lesly Torres.....Pentathlon (3438)  
 5th Jen Bremser ..... 5000 Meters (17:45.09a)  
 5th Lesly Torres..... High Jump (5'7")  
 5th Wren Bonner .....Pole Vault (12'9½")  
 6th Morgan Malone .....200 Meters (25.82)  
 6th Phaelen French.....Pentathlon (3171)  
 8th Alexis Jones-Hardy..... 60 Meters (7.79)  
 8th Danielle Tabb..... Shot Put (44'2¼")  
 8th Becca Bauman ..... Weight Throw (50'9½")  
 9th Lesly Torres..... 60m Hurdles (9.20)  
 9thT Rachel Herald ..... High Jump (5'6")  
 10th A Eichenberger .....800 Meters (2:16.59)  
 10th Team..... 4x400 Relay (3:58.47)  
 10th Team..... DM Relay (12:31.12a)

**CLASS RECORDS**.....

So. Kassie Gurnell .....Triple Jump (39'11¼")  
 Jr. Lesly Torres.....Pentathlon (3438)  
 Sr. Kimber Shealy .....Pole Vault (13'1½")

**NATIONAL RANKINGS (MEN)**

**TFRRS.ORG - TOP 50**  
 Pl Name .....Event (Mark)  
 5 Rob Simmons .....Pole Vault (17'8½")  
 23 Cale Simmons..... Pole Vault (17'2¼")  
 25 Team ..... DM Relay (9:54.82a)  
 32 J Drenckhahn .....5000-Meter Run (14:26.40)  
 38 Michael Tibbs..... Heptathlon (5249)

**NATIONAL RANKINGS (WOMEN)**

**TFRRS.ORG - TOP 50**  
 Pl Name .....Event (Mark)  
 33 Kimber Shealy .....Pole Vault (13'1½")