

MEN'S VARSITY SPORTS STRENGTH & POWER RECORDS

Test	Cadet-Athlete	Mark	Year-Set	Sport
Clean	Derbigny, C.	315	'07	Baseball
	Parker, G.	270	'09	Basketball
	Korecki, T.	235	'11	Boxing
	Norman, J.	419	'99	Football
	Mathis, S.	295	'09	Hockey
	Gilbreath, B.	285	'09	Lacrosse
	Duenes, M.	285	'09	Lacrosse
	Mennell, M.	285	'96	Soccer
	Hauk, L.	260	'98	Swim/Dive
	Buckingham, J.	250	'07	Tennis
	Drye, R.	363	'11	Track/Field
	McGill, M.	243	'00	Water Polo
	Skarstedt, K.	330	'04	Wrestling
Squat	Derbigny, C.	500	'07	Baseball
	El-Amin, J.	375	'08	Basketball
	Korecki, T.	330	'11	Boxing
	Carter, R. & Lannigan, A.	375	'07	Cheer
	Moore, J.	650	'95	Football
	Priewe, J.	455	'03	Hockey
	Fisher, L.	420	'09	Lacrosse
	Mennell, M.	385	'96	Soccer
	Clark, C.	365	'09	Swim/Dive
	A. Lineberry.	320	'11	Tennis
	Drye, R.	575	'11	Track/Field
	Geiger, B. / Churnside, A.	345	'09	Water Polo
	Skarstedt, K.	497	'04	Wrestling
Bench	Derbigny, C.	345	'07	Baseball
	Brakeville, A.	290	'11	Basketball
	Korecki, T.	280	'11	Boxing
	Davis, E.	495	'94	Football
	Zwiers, S.	350	'02	Hockey
	Garst, J.	315	'00	Lacrosse
	Guyette, B.	315	'06	Soccer
	Devemark, D.	305	'99	Swim/Dive
	Veerathanongdech, A.	260	'05	Tennis
	Cherkinsky, J.	400	'02	Track/Field
	Argel, D.	310	'01	Water Polo
	Oesar, K.	335	'11	Wrestling
	VJ	Derbigny, C.	42.5"	'06
Johnson, A.		40"	'08	Basketball
Spranger, C.		31.5"	'11	Boxing
Palmer, L.		42"	'02	Football
Volkening, A.		35.5"	'08	Hockey
Duenes, M.		37.5"	'09	Lacrosse
Dougherty, D.		34"	'95	Soccer

	Leslie, C.	32"	'09	Swim/Dive
	Wilhelm, L.	30"	'11	Tennis
	Hurdle, I.	43"	'07	Track/Field
	Geiger, B.	34"	'10	Water Polo
	Oesar, K.	36"	'11	Wrestling
Pro Shuttle	Bast, A.	3.93	'11	Baseball
	Fletcher, T.	3.66	'10	Basketball
	Hajner, J.	3.99	'08	Hockey
	Guyette, B.	4.16	'06	Soccer
	Santiago, J.	3.83	'09	Track/Field
	Ikehara, K.	4.25	'09	Wrestling
	Wilhelm, L.	4.15	'11	Tennis
	Dawson, R.	4.50	'09	Swim
Long Jump	Loosen, E.	9'4"	'09	Baseball
	Washington, E.	10'7"	'08	Basketball
	Spranger, C./Alora, J.	9'3"	'11	Boxing
	Mathis, S.	9'10.5"	'08	Hockey
	French, T.	9'5"	'09	Wrestling
	Wilhelm, L.	9'11"	'11	Tennis
	Della Pia, J.	9'1"	'10	Soccer
	Arlington, D.	9'2"	'10	Swim/Dive
	Ford, B.	9'10"	'10	Track/Field
	Geiger, B.	9'1"	'10	Water Polo
30 yd	Hulce, S.	3.53	'11	Baseball
40 yd	Brown, Q.	4.23	'99	Football
Strength Index	Derbigny, C.	689	'07	Baseball
	Johnson, A.	512	'08	Basketball
	Korecki, T.	573	'11	Boxing
	Beard, N.	809	'00	Football
	Hajner, J.	605	'09	Hockey
	Markos, R.	611	'00	Lacrosse
	Zindell, G.	558	'95	Soccer
	Bergman, A.	506	'05	Swim/Dive
	Veerathanongdech, A.	482	'05	Tennis
	Drye, R.	698	'11	Track/Field
	McGill, M.	561	'00	Water Polo
	Skarstedt, K.	663	'04	Wrestling

**WOMEN'S VARSITY SPORTS STRENGTH & POWER RECORDS**

Test	Cadet-Athlete	Mark	Year-Set	Sport
Clean	Loveless, D.	171	'09	Basketball
	Koeppen, K.	150	'08	Soccer
	Eddy, S.	142	'10	Swim
	Morgan, K.	126	'05	Tennis
	Neubauer, S.	230	'09	Track/Field
	Jefferson, L.	180	'04	Volleyball
Squat	Loveless, D.	255	'08	Basketball
	Leake, M.	205	'07	Cheer
	Wilson, C.	205	'11	Soccer
	Ceranski, A.	210	'11	Swim
	Cassman, S.	200	'11	Tennis
	Neubauer, S.	325	'09	Track/Field
	Remple, J.	275	'00	Volleyball
Bench	Fortna, S.	165	'97	Basketball
	Lockerby, S.	155	'11	Soccer
	Ceranski, A.	155	'10	Swim/Dive
	Cassman, S.	135	'11	Tennis
	Burke, C.	195	'10	Track/Field
	Remple, J.	180	'98	Volleyball
VJ	Steele, A.	29.5"	'04	Basketball
	Finch, S.	27"	'08	Soccer
	Omizo, C.	27"	'05	Swim/Dive
	Morgan, K.	21"	'05	Tennis
	Blackburn, P.	28.5"	'11	Track/Field
	Dunn, T.	31.5"	'06	Volleyball
Pro Shuttle	Gross, B.	4.2	'09	Basketball
Long Jump	Gross, B.	8'	'09	Basketball
	Wilson, C.	7'9"	'11	Soccer
	Blackburn, P.	8'07"	'11	Track/Field
Strength Index	Quinn, K.	440	'97	Basketball
	Finch, S.	376	'08	Soccer
	Omizo, C.	353	'05	Swim/Dive
	Wilson, L.	327	'05	Tennis
	Pounds, D.	495	'05	Track/Field
	Effland, B.	429	'99	Volleyball