

**2006 NCAA DIVISION II OUTDOOR TRACK AND FIELD
MEN'S QUALIFYING STANDARDS
(SEA LEVEL)**

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
100 Meters	10.34	—	10.65	—
200 Meters	20.85	—	21.45	—
400 Meters	46.50	46.1	48.00	47.6
800 Meters	1:49.80	1:49.5	1:53.00	1:52.7
1,500 Meters#	3:47.00	3:46.7	3:54.00	3:53.7
Mile#	4:05.16	4:04.8	\$	@
3,000-Meter Steeplechase#	9:00.00	8:59.7	9:26.00	9:25.7
5,000 Meters#	14:00.00	13:59.7	14:50.00	14:49.7
10,000 Meters#	29:30.00	29:29.7	31:10.00	31:09.7
110-Meter Hurdles	13.90	—	14.70	—
400-Meter Hurdles	51.70	51.3	53.30	52.9
400-Meter Relay	40.25	39.9	41.30	40.9
440-Yard Relay	40.45	40.1	41.50	41.1
1,600-Meter Relay	3:09.40	3:09.1	3:14.40	3:14.1
Mile Relay	3:10.60	3:10.3	3:15.60	3:15.3
	METRIC	IMPERIAL	METRIC	IMPERIAL
High Jump	2.16	7'1"	2.09	6'10-1/4"
Pole Vault	5.18	17'	4.80	15'9"
Long Jump	7.62	25'	7.10	23'3-1/2"
Triple Jump	15.54	51'	14.45	47'5"
Shot Put	18.25	59'10-1/2"	15.90	52'2"
Discus	53.34	175'	48.76	160'
Javelin	66.44	218'	59.44	195'
Hammer	59.45	195'	52.30	171'7"
Decathlon	6,920 points		6,350 points	

#—Altitude adjustment available.

\$—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:11.70 (251.70 seconds) in the mile. $251.70 \div 1.08 = 233.01$ seconds (3:53.01) for 1,500 Meters. Athlete becomes a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

@—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:13.0 (253.0 seconds) in the mile. $253.0 \div 1.08 = 234.3$ seconds (3:54.3) for 1,500 Meters. Athlete is not a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

**2006 NCAA DIVISION II OUTDOOR TRACK AND FIELD
WOMEN'S QUALIFYING STANDARDS
(SEA LEVEL)**

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
100 Meters	11.50	—	12.10	—
200 Meters	23.80	—	24.80	—
400 Meters	54.00	53.6	56.60	56.2
800 Meters	2:08.00	2:07.7	2:15.00	2:14.7
1,500 Meters#	4:27.00	4:26.7	4:44.00	4:43.7
Mile#	4:48.36	4:48.1	\$	@
3,000 Meters#	9:40.00	9:39.7	10:18.00	10:17.7
3,000-Meter Steeplechase#	10:20.00	10:19.7	11:27.00	11:26.7
5,000 Meters#	16:40.00	16:39.7	17:50.00	17:49.7
10,000 Meters#	35:00.00	34:59.7	37:55.00	37:54.7
100-Meter Hurdles	13.80	—	14.65	—
400-Meter Hurdles	59.00	58.6	1:03.30	1:02.9
400-Meter Relay	45.50	45.1	47.50	47.1
440-Yard Relay	45.70	45.3	48.10	47.7
1,600-Meter Relay	3:42.00	3:41.7	3:52.00	3:51.7
Mile Relay	3:43.20	3:42.9	3:53.20	3:52.9
	METRIC	IMPERIAL	METRIC	IMPERIAL
High Jump	1.79	5'10-1/2"	1.69	5'6-1/2"
Pole Vault	4.00	13'1-1/2"	3.55	11'7-3/4"
Long Jump	6.25	20'6-1/4"	5.69	18'8"
Triple Jump	12.50	41'1/4"	11.60	38'3/4"
Shot Put	15.24	50'	13.26	43'6"
Discus	50.60	166'	44.00	144'4"
Javelin	47.24	155'	40.54	133'
Hammer	56.38	185'	48.40	158'9"
Heptathlon	5,250 points		4,475 points	

#—Altitude adjustment available.

\$—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 5:03.85 (303.85 seconds) in the mile. $303.85 \div 1.08 = 281.34$ seconds (4:41.34) for 1,500 Meters. Athlete is not a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)

@—Time must be converted to 1,500 Meters by dividing by 1.08. Example: Athlete timed in 4:59.4 (299.4 seconds) in the mile. $299.4 \div 1.08 = 277.2$ seconds (4:37.2) for 1,500 Meters. Athlete becomes a provisional qualifier. (Note: When the mile is contested at a site where an altitude adjustment is available, subtract the adjustment for the mile from the actual time and then convert the adjusted time to 1,500 meters.)