



ATLANTIC COAST CONFERENCE

2011 CROSS COUNTRY

ACC Cross Country Release No. 10 - FINAL

SEASON SUMMARY

FLORIDA STATE LEADS FOUR ACC WOMEN'S TEAMS WITH A FOURTH-PLACE FINISH

NC STATE 10TH, FLORIDA STATE 12TH IN MEN'S COMPETITION

North Carolina's Kendra Schaaf finishes 15th & NC State's Ryan Hill ninth to lead individual honors

ATLANTIC COAST CONFERENCE

Cross Country Contact: Brian Morrison
PO Drawer ACC
Greensboro, N.C. 27417-6724

COACHES

Boston College..... Men's - Matt Kerr
Women's - Randy Thomas
Clemson..... Lawrence Johnson
Duke..... Men's - Norm Ogilvie
Women's - Kevin Jermyn
Florida State..... Men's - Bob Braman
Women's - Karen Harvey
Georgia Tech..... Alan Drosky
Maryland..... Andrew Valmon
Miami..... Amy Deem
North Carolina..... Peter Watson
NC State..... Men's - Rollie Geiger
Women's - Laurie Henes
Virginia..... Jason Vigilante
Virginia Tech..... Ben Thomas
Wake Forest..... John Millar

CONTACTS

Boston College..... Josh Lentine
617-552-2094..... lentinej@bc.edu
Clemson..... Philip Sikes
864-656-2114..... philips@clemson.edu
Duke..... Leslie Gaber
919-684-2633..... lgaber@duaa.duke.edu
Florida State..... Bob Thomas
850-644-0615..... bthomas2@fsu.edu
Georgia Tech..... Betsy Devine
404-894-5445..... bdevine@athletics.gatech.edu
Maryland..... Doug Dull
301-314-7064..... ddull@umd.edu
Miami..... Scott Zavitz
305-284-3244..... szavitz@miami.edu
North Carolina..... Abbey Doran
919-962-2123..... abbeyjoy@live.unc.edu
NC State..... Bruce Winkworth
919-515-2102..... bruce_winkworth@ncsu.edu
Virginia..... Tom Fenstermaker
434-982-5500..... fenstermaker@virginia.edu
Virginia Tech..... Jim Rodriguez
540-231-1494..... jmrodrig@vt.edu
Wake Forest..... Brittany Adams
336-758-5640..... adambl8@wfu.edu

2011 Women's NCAA Championship

31 Teams	R1	R2	R3	R4	R5	Total
1. Georgetown.....	3	33	36	44	46	162
2. Washington.....	5	12	42	45	66	170
3. Villanova.....	1	4	37	40	99	181
4. Florida State.....	20	23	32	54	58	189
5. Oregon.....	2	51	55	59	114	281
6. Vanderbilt.....	27	29	72	75	79	282
7. Iowa State.....	7	11	22	78	172	290
8. West Virginia.....	6	19	47	88	137	297
9. New Mexico.....	28	60	65	68	101	322
10. Stanford.....	15	24	53	84	156	332
12. Boston College.....	38	57	61	83	108	347
20. Virginia.....	16	63	106	132	149	466
23. NC State.....	43	50	56	183	186	518

Top 5 Individuals: 1-Sheila Reid, Villanova (19:42); 2-Jordan Hasay, Oregon (19:42); 3-Emily Infeld, Georgetown (19:45); 4-Bogdana Mimic, Villanova (19:46); 5-Katie Flood, Washington (19:48).

Florida State (4th)

Hannah Brooks.....	Sr.	20	20:19
Amanda Winslow.....	Jr.	25	20:25
Violah Legat.....	Jr.	32	20:36
Aubree Worden.....	Fr.	54	20:51
Colleen Quigley.....	Fr.	58	20:53

Boston College (12th)

Jillian King.....	Jr.	38	20:42
Liv Westphal.....	Fr.	57	20:53
Hope Krause.....	Sr.	61	20:54
Bridget Dahlberg.....	Jr.	83	21:08
Elizabeth O'Brien.....	So.	108	21:19

Virginia (20th)

Morgane Gay.....	Sr.	16	20:10
Anna Corrigan.....	Sr.	63	20:55
Chelsea Ley.....	Fr.	106	21:18
Kathleen Stevens.....	Fr.	132	21:31
Katherine Walker.....	So.	149	21:44

NC State (23rd)

Andie Cozzarelli.....	Sr.	43	20:45
Laura Hoer.....	So.	50	20:49
Joanna Thompson.....	Fr.	56	20:52
Erin Mercer.....	Jr.	183	22:08
Samantha Norman.....	So.	186	22:09

ACC Individual - Women

Kendra Schaaf, UNC.....	Sr.	15	20:00
Madeline Morgan, Duke.....	Jr.	89	20:55
Julie Fricke, Md.....	Jr.	150	21:24

(Finish denotes overall individual competition)

2011 Men's NCAA Championship

31 Teams	R1	R2	R3	R4	R5	Total
1. Wisconsin.....	3	13	19	27	35	97
2. Oklahoma State.....	7	8	22	39	63	139
3. Colorado.....	5	16	20	38	65	144
4. BYU.....	10	18	45	62	68	203
5. Stanford.....	1	14	43	50	99	207
6. Oklahoma.....	21	32	42	47	71	213
7. Indiana.....	29	34	49	53	92	257
8. Portland.....	17	26	57	74	85	259
9. Iona.....	2	30	33	89	111	265
10. NC State.....	9	11	69	96	97	282
12. Florida State.....	12	23	41	107	165	348

Top 5 Individuals: 1-Chris Derrick, Stanford (28:58); 2-Leonard Korir, Stanford (29:03); 3-Mohammed Ahmed, Wisconsin (29:07); 4-Diego Estrada, Northern Arizona (29:25); 5-Richard Medina, Colorado (29:28).

NC State (10th)

Ryan Hill.....	Sr.	9	29:38
Andrew Colley.....	So	11	29:40
Bobby Moldovan.....	Sr.	69	30:46
Matt Sonnenfeldt.....	Jr.	96	30:59
Adam Henken.....	Sr.	97	30:59

Florida State (12th)

David Forrester.....	Jr.	12	28:41
Michael Fout.....	Sr.	23	30:00
Breandan O'Neill.....	Sr.	41	30:25
Jacob Zivec.....	So.	107	31:08
Seth Proctor.....	Sr.	165	31:50

ACC Individual - Men

Mark Amirault, UVa.....	Sr.	27	29:56
Will Mulherin, VT.....	Jr.	30	29:58
Jake Hurysz, UNC.....	So.	62	30:29

(Finish denotes overall individual competition)

2011 ACC Cross Country

2011 In Review

CLEMSON, S.C. - Florida State earned its fourth straight women's title, while NC State claimed the men's crown for the second time in the last three years at Saturday's ACC Cross Country Championships, held at Musser Farms in Clemson.

The Seminoles did not produce the individual champion on the women's side, but their top five runners all finished between second and sixth place to total 20 points on Saturday. Amanda Winslow led Florida State as the runner-up with a 6,000-meter time of 20:12.3, followed immediately by Hannah Brooks (20:16.8), Jessica Parry (20:20.9), Violah Lagat (20:22.4) and ACC Freshman of the Year Colleen Quigley (20:32.9).

"This was a total team effort," said Florida State Head Coach Karen Harvey. "We were pretty confident coming into today's race. This never gets old. We are very proud to represent Florida State University and the Seminoles. We really needed to run this race. Maybe being ranked No. 1, we were a little distracted, but this is the first step. We are looking forward to Nov. 21 (National Championship Meet)."

Kendra Schaaf of North Carolina ran away with the individual women's title, her first ACC championship in cross country. She breezed to a 6k time of 19:45.3, easily breaking the course record at Clemson's Musser Farms venue.

The men's championship was the 16th overall for NC State and the 15th under the direction of Head Coach Rollie Geiger. The Wolfpack also had the top two individual finishers in champion Ryan Hill and runner-up Andrew Colley.

Hill won his first ACC title with an 8,000-meter time of 23:06.3, also a course record. Colley was close behind at 23:09.2. NC State's final three scorers placed 15th through 17th, giving the Wolfpack the four-point edge over defending champion Florida State.

"It never gets old hat," Geiger said. "This was a great team effort today. It's so important where your 3-4-5 runners finish. You can go 1-2 and still not win. We're proud of Ryan Hill, a very talented young man. He is committed and likes to win. It's important to have student-athletes who are committed to the program and the University."

Hill became the 12th individual men's ACC Cross Country Champion from NC State, and the first since Chris Kollar won the gold medal in 2007.

Florida State's AJ Del Valle was named ACC Freshman of the Year for the men after he crossed the finish line in 21st position. He posted a time of 24:06.9 over the 8K competition.

NC State, Florida State claim ACC Cross Country titles

**Wolfpack men capture 2nd ACC crown in 3 years, 16th overall
Seminoles win fourth-straight women's title by a 59-point margin
NC State's Ryan Hill & North Carolina's Kendra Schaaf claim individual honors**

2011 ACC Cross Country Championships In Review

October 29, 2011, Musser Farms Cross Country Course, Clemson, S.C.



Led by the 1-2 finish of Ryan Hill and Andrew Colley, **NC State** placed five runners in the top 17 en route to capturing its second ACC men's cross country title in three years and its 16th overall ... the Wolfpack totaled 51 points, edging second-place Florida State (55) by four points ... North Carolina (84) was third while Virginia Tech and Duke tied for fourth with 116 points ... in becoming the 12th ACC individual champion from NC State, Hill, a senior from Hickory, N.C., set a course record, finishing the 8k race in 23:06.3 ... Colley was close behind at 23:09.2.

2011 ACC Men's Team Results

Teams	R1	R2	R3	R4	R5	Tot.
1. NC State	1	2	15	16	17	51
2. Florida State	4	5	12	13	21	55
3. North Carolina	6	9	14	27	28	84
4. Virginia Tech	7	10	30	34	35	116
Duke	11	22	23	24	36	116
6. Virginia	3	26	42	47	51	169
7. Wake Forest	18	41	46	52	55	212
8. Maryland	32	39	43	58	60	232
9. Georgia Tech	33	38	49	57	62	239
10. Clemson	8	56	66	67	71	268
11. Boston College ..	31	45	65	68	72	281
12. Miami	64	70	77	80	81	372

Top 14 ACC Men Individual Finishers

1. Ryan Hill, Sr., NC State	23:06.1
2. Andrew Colley, So., NC State	23:09.2
3. Mark Amirault, Sr., Virginia	23:10.8
4. Mike Fout, Sr., Florida State	23:11.2
5. David Forrester, Jr., Florida State	23:13.5
6. Jake Hurysz, So., North Carolina	23:15.8
7. William Mulhern, Jr., Virginia Tech	23:19.3
8. Ty McCormack, So., Clemson	23:28.2
9. Adam Cunningham, Sr., North Carolina	23:40.9
10. Michael Hammond, Jr., Virginia Tech	23:45.0
11. Andrew Bodeur, Jr., Duke	23:45.3
12. Breandan O'Neill, Sr., Florida State	23:45.5
13. Seth Proctor, Sr., Florida State	23:47.4
14. John Raneri, r-Fr., North Carolina	23:56.5

Led by junior Amanda Winslow's second-place finish, **Florida State** placed five runners among the top six and captured its fourth straight ACC title with a 59-point edge over second-place Boston College (20-to-79) ... Virginia and NC State tied for third (111) while North Carolina (118) was fifth ... North Carolina's Kendra Schaaf took individual honors finishing the 6k race in a course-record time of 19.45.3, 27 seconds ahead of FSU's Winslow ... Schaaf, a senior from Craven, Saskatchewan, Canada, became the eighth North Carolina women's runner to claim the individual ACC title.



2011 ACC Women's Team Results

Team Finishes	R1	R2	R3	R4	R5	Tot.
1. Florida State	2	3	4	5	6	20
2. Boston College	7	15	18	19	20	79
3. Virginia	14	17	21	23	38	113
NC State	8	12	16	36	41	113
5. North Carolina	1	25	27	30	35	118
6. Clemson	24	31	32	33	39	159
7. Duke	11	22	28	46	54	161
8. Virginia Tech	26	34	37	40	43	180
9. Maryland	13	45	59	70	71	258
10. Wake Forest	9	56	64	66	69	264
11. Georgia Tech	58	63	65	68	74	328
12. Miami	60	67	79	81	82	369

Top 14 Women's Individual Finishers

1. Kendra Schaaf, Sr., North Carolina	19:45.3
2. Amanda Winslow, Jr., Florida State	20:12.3
3. Hannah Brooks, Gr., Florida State	20:16.8
4. Jessica Parry, Jr., Florida State	20:20.9
5. Violah Lagat, Jr., Florida State	20:22.4
6. Colleen Quigley, Fr., North Carolina	20:32.9
7. Jillian King, Sr., Boston College	20:37.0
8. Andire Cozzarelli, Sr., NC State	20:37.7
9. Nicole Irving, So., Wake Forest	20:38.1
10. Kayleigh Tyerman, Jr., Florida State	20:41.4
11. Madeline Morgan, Jr., Duke	20:42.8
12. Joanna Thompson, Fr., NC State	20:44.3
13. Julie Fricke, Jr., Maryland	20:46.8
14. Barbara Strehler, Jr., Virginia	20:47.0

2011 ACC Cross Country

Individual Champion

- Men -

Name, School	Date	Race	Time
Sean Proctor, FSU.....	S2	8k	25:29
Morgan Pearson, Duke	S10	7,900m	25:01
Ty McCormack, Clem.....	S16	8k	23:56
Greg Dame, NCS.....	S16	5k	14:57
Ryan Hill, NCS.....	O19	8k	23:06
<i>ACC Championship</i>			
Lewis McPherson	N5	5k	14:59
Ryan Hill, NCS.....	N12	10k	29:48
<i>NCAA Southeast Regional</i>			
David Forrester, FSU.....	N12	10k	30:43
<i>NCAA South Regional</i>			

2011 All-Region

Mark Amirault, Virginia
 Andrew Brodeur, Virginia
 Patrick Campbell, NC State
 Andrew Colley, NC State
 Adam Cunningham, North Carolina
 David Forrester, Florida State
 Michael Fout, Florida State
 Michael Hammond, Virginia Tech
 Ryan Hill, NC State
 Jake Hurysz, North Carolina
 Ty McCormack, Clemson
 Bobby Moldovan, NC State
 Will Mulherin, Virginia Tech
 Breandon O'Neill, Florida State
 Seth Proctor, Florida State
 Kikanae Punyua, Maryland
 Matt Sonnenfeldt, NC State
 Jacob Zivec, Florida State

2011 USTFCCCA Division

I Cross Country All-Americans

David Forrester, Florida State
 Michael Fout, Florida State
 Ryan Hill, NC State
 Andrew Colley, NC State
 Mark Amirault, Virginia
 Will Mulherin, Virginia Tech

Individual Champion

- Women -

Name, School	Date	Race	Time
Anna Corrigan, UVa.....	S9	5k	18:04
Nicole Irving, WF.....	S10	5k	18:23
Jillian King, BC.....	S17	5k	17:21
Suejin Ahn, Duke.....	S17	5k	17:40
Julie Fricke, Md.....	O14	6k	22:10
Nicole Irving, WF.....	O14	5k	17:43
Kendra Schaaf, UNC.....	O29	6k	19:45
<i>ACC Championship</i>			
Colleen Schmidt, Duke.....	N5	5k	17:57
Kendra Schaaf, UNC.....	N12	6k	19:52
<i>NCAA Southeast Regional</i>			
Amanda Winslow, FSU.....	N12	6k	20:33
<i>NCAA South Regional</i>			

2011 All-Region

Suejin Ahn, Duke
 Hannah Brooks, Florida State
 Anna Corrigan, Virginia
 Andie Cozzarelli, NC State
 Julie Fricke, Maryland
 Morgane Gay, Virginia
 Laura Hoer, NC State
 Nicole Irving, Wake Forest
 Jillian King, Boston College
 Alyssa Kulik, Clemson
 Violah Lagat, Florida State
 Chelsea Ley, Virginia
 Madeline Morgan, Duke
 Madalyn Nuckols, Virginia Tech
 Jessica Parry, Florida State
 Colleen Quigley, Florida State
 Kim Ruck, Clemson
 Kendra Schaaf, North Carolina
 Joanna Thompson, NC State
 Kayleigh Tyerman, Florida State
 Liv Westphal, Boston College
 Amanda Winslow, Florida State
 Aubree Worden, Florida State

2011 USTFCCCA Division

I Cross Country All-Americans

Hannah Brooks, Florida State
 Amanda Winslow, Florida State
 Kendra Schaaf, North Carolina
 Morgane Gay, Virginia

Performers of the Week

Men

S6	Sean Proctor, Florida State
S13	Morgan Pearson, Duke
S20	Ty McCormack, Clemson
S27	Ryan Hill, NC State
O4	Mike Fout, Florida State
	Michael Hammond, Virginia Tech
O11	Jordan Hamm, Boston College
O18	Ryan Hill, NC State
O29	*Ryan Hill, NC State
N7	Lewis McPherson, NC State

Women

S6	Nicole Irving, Wake Forest
S13	Anna Corrigan, Virginia
S20	Nicole Irving, Wake Forest
S27	Mariana Lucena, North Carolina
O4	Amanda Winslow, Florida State
O11	Bridget Dahlberg & Hope Krause, Boston College
O18	Amanda Winslow, Florida State
O29	*Kendra Schaaf, North Carolina
N7	Colleen Schmidt, Duke

*denotes ACC Championship

ACC Freshman of the Year

Men.....	AJ Del Valle, Florida State
	Miami, Fla.
Women	Colleen Quigley, Florida State
	St. Louis, Mo.

ACC Coach of the Year

Men's.....	Rollie Geiger, NC State
Women's.....	Karen Harvey, Florida State

All-Atlantic Coast Conference - Men

Mark Amirault, Sr., Virginia; Andrew Bodeur, Jr., Duke; Andrew Colley, So., NC State; Adam Cunningham, Sr., North Carolina; David Forrester, Jr., Florida State; Mike Fout, Sr., Florida State; Michael Hammond, Jr., Virginia Tech; Ryan Hill, Sr., NC State; Jake Hurysz, So., North Carolina; Ty McCormack, So., Clemson; William Mulhern, Jr., Virginia Tech; Breandon O'Neill, Sr., Florida State; Seth Proctor, Sr., Florida State; John Raneri, r-Fr., North Carolina.

All-Atlantic Coast Conference - Women

Hannah Brooks, Gr., Florida State; Andie Cozzarelli, Sr., NC State; Julie Fricke, Jr., Maryland; Nicole Irving, So., Wake Forest; Violah Lagat, Jr., Florida State; Madeline Morgan, Jr., Duke; Jessica Parry, Jr., Florida State; Colleen Quigley, Fr., North Carolina; Kendra Schaaf, Sr., North Carolina; Barbara Strehler, Jr., Virginia; Joanna Thompson, Fr., NC State; Kayleigh Tyerman, Jr., Florida State; Amanda Winslow, Jr., Florida State.

2011 ACC Cross Country

MEN'S RESULTS

BOSTON COLLEGE

	Dartmouth Invitational 4.5 Miles (2 of 4)	Iona Meet of Champions 8k (8 of 19)	New England Championships 8k (16 of 43)	Mayor's Cup 5k (no team)	ACC Championship 8k (11 of 12)	Northeast Regional 10k (14 of 33)
Jordan Hamm	11-23:03	18-25:51	15-25:13	2-15:37	31-24:22	29-32:18
Louis Serafini	8-22:48	22-26:00	20-25:20	3-15:45	45-24:39	52-32:41
James Glover	14-23:24	57-26:40	145-27:06	8-16:19	65-25:24	107-33:37
Richard Lucas			162-27:17	6-16:16		110-33:40
Anthony Bellitti	12-23:12	58-26:40	75-26:15	4-16:05	68-25:33	120-33:50
Akash Chougule					72-25:47	
Jack Linehan	19-23:39	69-26:49				

CLEMSON

	Eye Opener Festival 8k (1 of 18)	Clemson Invitational 8k (7 of 12)	Notre Dame Invitational 8k (22 of 26)	Wisconsin Invitational 8k (39 of 39)	ACC Championship 8k (10 of 12)	Southeast Regional 10k (17 of 32)
Ty McCormack	2-25:44	1-23:56	32-24:48	209-25:40	8-23:28	18-30:38
Aaron Ramirez	6-26:03	32-25:03	127-25:47	250-26:34	67-25:28	70-31:58
Jonathan Sunde		34-25:05	141-25:56	226-26:00	56-25:04	86-31:58
Marty Maloney					66-25:28	112-32:46
James Dwyer		49-25:31	166-26:20	231-26:06		141-33:27
Scott Stanley	8-26:11			255-26:38	71-25:42	
Nathan Hendershot	13-26:39	50-25:32	159-26:12			
Tim Tyler	18-26:48					

DUKE

	James Madison Invitational 8k (1 of 7)	Roy Griak Invitational 8k (10 of 24)	Great American XC Festival 8k (1 of 4)	Panorama Farms Invitational 8k (2 of 10)	ACC Championship 8k (4 of 12)	3 Stripe Red Shirt Invite 5k (3 of 4)	Southeast Regional 10k (6 of 32)
Andrew Brodeur		32-24:48		8-24:45	11-23:45		22-30:49
Domenick Dematteo	3-25:11	76-25:24		7-24:43	24-24:11		40-31:14
Stephen Clark	2-25:07				22-24:08		42-31:15
Brian Atkinson	5-25:13	48-25:03		10-25:01	23-24:10		43-31:16
Morgan Pearson	1-25:01	44-24:58			36-24:26		50-31:28
Shaun Thompson		66-25:14		18-25:18		11-15:13	
Christian Britto			4-25:23			13-15:21	
Nate McClafferty			7-25:45			18-15:41	
Brian Schoepfer						21-15:49	
Brendon Pierson						24-15:55	
Josh Brewer				16-25:13			
Lucas Talavan-Becker			2-24:54				
Joseph Elsagr			3-25:16				
Phil Fairleigh			5-25:37				
Mike Moverman	4-25:12						

FLORIDA STATE

	Covered Bridge Invitational 8k (2 of 11)	Clemson Invitational 8k (1 of 12)	Seminole Invitational 8k (2 of 17)	Notre Dame Invitational 8k (2 of 26)	Pre-Nationals Meet 8k (5 of 35)	ACC Championship 8k (2 of 12)	South Regional 10k (1 of 24)	NCAA Championship 10k (12 of 31)
David Forrester	4-25:47			18-24:33	5-24:09	5-23:11	1-30:43	12-29:41
Michael Fout		3-24:13		3-24:01	6-24:14	4-23:11	2-30:46	23-30:00
Breandan O'Neill					27-24:46	12-23:45	4-30:57	41-30:25
Jacob Zivec		7-24:28	9-25:59	29-24:27	78-25:32		15-31:42	107-31:08
Seth Proctor	1-25:29	6-24:24	10-25:59	20-24:34	70-25:25	13-23:47	18-31:46	165-31:50
Al del Valle		8-24:32				21-24:06		
Wes Rickman		4-24:16		23-24:39				
Marc Akbar			7-25:49					
Jacob Brooks	14-26:13		8-25:54					
Sean Quinn	19-26:24		14-26:23					
Dominick Cabrera	21-26:28							

2011 ACC Cross Country

MEN'S RESULTS

GEORGIA TECH

	Georgia Bulldog Invitational 8k (2 of 11)	Clemson Invitational 8k (6 of 12)	Charlotte Invitational 8k (4 of 34)	Crimson Classic 8k (1 of 15)	ACC Championship 8k (9 of 12)	South Regional 10k (6 of 24)
DJ McMillan	6-25:15	12-24:44	16-24:58		33-24:23	25-31:51
Shawn Roberts	12-25:58	19-24:47	17-24:58	10-25:30	49-24:45	32-32:18
Patrick Barron	10-25:31	10-24:41	7-24:34	5-25:10	40-24:31	54-33:00
Niall Longobardi		42-25:34		27-25:52	62-25:19	61-33:15
Oblandu Igwe	19-26:30	53-25:38				62-33:15
Alex Clifford			48-25:42	23-25:48	57-25:09	
Eric Powers				65-26:42		
Joe Fulton	16-26:15		47-25:35			

MARYLAND

	Mount St. Mary's Duals 5k (4-1-1)	Navy Invitational 8k (8 of 10)	Paul Short Invitational 8k (28 of 45)	Blue & Gold Invitational 8k (1 of 7)	ACC Championship 8k (8 of 12)	Mid-Atlantic Regional 10k (9 of 25)
Kikanae Punyua				2-26:07	32-24:23	20-31:07
Tyler Stump	8-15:38		131-25:45		60-25:14	44-31:49
Nick Regan	16-15:45		165-25:57	5-26:50		62-32:14
Noan Neeman		44-25:38	160-25:54	3-26:10	43-24:35	63-32:16
Craig Morgan	11-15:42	40-25:30			58-25:11	72-32:29
Alex Willett	13-15:43	34-25:20			39-24:32	
Brian Faherty				7-27:27		
Theo Dorsman		45-25:38		9-27:44		
Sean O'Leary	6-15:37	41-25:34	206-26:20			
Kyle Graves			215-26:29			

MIAMI

	FGCU Invitational 4 mile (2 of 4)	USF Invitational 8k (2 of 11)	Mountain Dew Invitational 8k (5 of 17)	Princeton Invitational 8k (11 of 17)	ACC Championship 8k (12 of 12)
Greg Kaczka	5-21:01	3-25:59	37-26:46	30-25:31	64-25:23
Connor Adams	7-21:10	13-26:18	40-26:52	62-26:10	70-25:35
Phillip Wood	12-21:30		80-28:29	73-26:28	77-26:03
Luke Fontaine	3-20:42	2-25:54	32-26:37	65-26:18	80-26:22
Sean Pezzulo		29-26:58		93-27:10	81-26:28
Jacee Jarnigan	11-21:29	15-26:32	56-27:26		

NORTH CAROLINA

	North Carolina Invitational 5k (1 of 3)	Mountain Dew Invitational 5k (3 of 17)	Wisconsin Invitational 8k (20 of 39)	ACC Championship 8k (3 of 12)	3 Stripe Red Shirt Invite 5k (1 of 4)	Southeast Regional 10k (5 of 32)
Jake Hurysz		5-24:54	32-24:19	6-23:15		7-30:11
Adam Cunningham		6-24:55	48-24:30	9-23:40		17-30:56
John Raneri	3-15:07	13-25:16	131-25:01	14-23:55		35-31:08
Mohamed Abushouk						48-31:24
Matt Valeriani	2-14:56	14-25:25	161-25:14		2-15:03	55-31:55
Jack Driggs					3-15:06	
Steve Magnuson					4-15:08	
Ryan Walling	4-15:13				6-15:12	
Bryan Noreen	6-15:27				12-15:44	
Blake Williams				27-24:15		
Isaac Presson				28-24:15		
Scott Morgan		9-25:05	129-25:00			

2011 ACC Cross Country

MEN'S RESULTS

NC STATE

	Adidas Challenge 5k (1 of 9)	Roy Griak Invitational 8k (1 of 24)	Wisconsin Invitational 8k (11 of 39)	ACC Championship 8k (1 of 12)	3 Stripe Red Shirt Invite 5k (2 of 4)	Southeast Regional 10k (1 of 32)	NCAA Championship 10k (10 of 31)
Ryan Hill		2-23:44	2-23:26	1-23:06		1-29:48	9-29:38
Andrew Colley				2-23:09		4-29:59	11-29:40
Bobby Moldovan	3-14:58	12-24:28	103-24:51			14-30:27	69-30:46
Matt Sonnenfeldt		25-24:44				25-30:52	96-30:59
Adam Henken	4-14:59	22-24:38	85-24:44	17-23:57			97-30:59
Patrick Campbell		35-24:48	69-24:38	15-23:56		24-30:51	
Lewis McPherson					1-14:59		
Michael Mansy					5-15:10		
John Harwell					9-15:33		
Matt Schick					10-15:35		
Trey Geiger					14-15:50		
Brian Himelright	5-14:59		115-24:54	16-23:56			

VIRGINIA

	Lou Onesty Open 8k (2 of 7)	Paul Short Invitational 8k (10 of 45)	Panorama Farms Invitational 8k (1 of 10)	ACC Championship 8k (6 of 12)	Cavalier Open 8k (no score)	Southeast Regional 10k (9 of 32)
Mark Amirault		12-24:49	2-24:18	3-23:10		3-29:58
Robby Andrews		99-25:32	11-25:06	26-24:12		33-31:05
Drew Paisley		45-25:08	9-24:56	42-24:33		63-31:48
David Wilson	11-26:20	129-25:44		51-24:46		68-31:55
Colin Mearns				47-24:41		71-32:00
Sintayehu Tave	13-26:35				5-25:19	
Bryan Lewis	14-27:01				20-26:33	
T.J. Hobart					26-27:10	
Brett Johnson					35-28:09	
Lance Roller					36-28:09	
Chris Foley		13-24:32	3-24:23			
David Cotton			14-25:12			
Thomas Porter	12-26:26					

VIRGINIA TECH

	Clemson Invitational 8k (2 of 12)	Charlotte Invitational 8k (1 of 35)	Pre Nationals Meet 8k (9 of 35)	ACC Championship 8k (t4 of 12)	Hokie Open 6k (no score)	Southeast Regional 10k (4 of 32)
Will Mulhern	17-24:46	5-24:32	16-25:11	7-23:19		5-29:59
Michael Hammond		4-24:28	50-25:11	10-23:45		19-30:43
Leoule Degfae				35-24:26		34-31:06
Jason Berman	16-24:46		106-25:47			49-31:26
Thomas Curtin				30-24:20		54-31:33
Brayden Burleigh			62-25:19		1-18:26	
Grant Pollock	18-24:46				2-18:59	
Joseph Murray					3-19:03	
Chris Walizer					4-19:12	
Jason Cusack	15-24:46	6-24:33	95-25:41	34-24:23		
Ryan Hagen	14-24:46	8-24:39				
Kevin Dowd		12-24:45				

WAKE FOREST

	Covered Bridge Invitational 8k (7 of 11)	Clemson Invitational 8k (4 of 12)	Charlotte Invitational 8k (3 of 34)	Blue Ridge Open 8k (2 of 10)	ACC Championship 8k (7 of 12)	Southeast Regional 10k (13 of 32)
Garret Drogosch		10-24:34	10-24:41	2-24:38	18-23:59	37-31:10
Nate Guthals						81-32:11
Paul Loeser	2-25:40	36-25:08	14-24:50		46-24:40	90-32:22
Tom Morrison		24-24:56		9-25:30	55-25:03	91-32:24
Alex Rose	41-27:13	30-25:01	20-25:01	8-25:26	41-24:33	95-32:29
Tom Finneran	30-26:40	33-25:03	29-25:12	14-25:37	52-24:48	
Anthony Marois	40-27:07		40-25:25	24-25:49		
Jake Graham	38-26:58					

2011 ACC Cross Country

WOMEN'S RESULTS

BOSTON COLLEGE

	Dartmouth Invitational 2.9 mile (2 of 5)	UMass Invitational 5k (1 of 5)	Paul Short Invitational 6k (11 of 45)	New England Championship 5k (1 of 39)	Wisconsin Invitational 6k (13 of 44)	ACC Championship 6k (2 of 12)	Northeast Regional 6k (2 of 36)	NCAA Championship 6k (12 of 31)
Jillian King		1-17:21	86-22:04		92-21:16	7-20:37	10-21:04	38-20:42
Liz Westphal				5-17:48	96-21:17	15-20:48	19-21:20	57-20:53
Hope Krause		3-17:22	43-21:20	4-17:46	71-21:10	18-20:56	29-21:30	61-20:54
Bridget Dahlberg		2-17:21	37-21:17	3-17:46	61-21:05	19-20:58	26-21:28	83-21:08
Elizabeth O'Brien		5-17:52	57-21:36	9-18:05	115-21:26	20-21:00	43-21:54	108-21:19
Allison Stasiuk				17-18:24				
Brittany Winslow		6-18:00	91-22:07					
Madeline Wallace	6-17:30							
Heather Garcia	11-17:42							
Danielle Winslow	12-17:44							
Moiria Kenny	13-17:49							
Katherine O'Keefe	15-17:53							

CLEMSON

	Eye Opener Festival 5k (2 of 20)	Clemson Invitational 6k (1 of 12)	Charlotte Invitational 5k (7 of 28)	Wisconsin Invitational 6k (24 of 44)	ACC Championship 6k (6 of 12)	Southeast Regional 10k (4 of 35)
Alyssa Kulik		4-21:00	23-17:32	76-21:07	24-21:07	8-20:34
Natalie Anthony	5-18:10	7-21:15	52-17:51	124-21:26	32-21:16	27-21:05
Kate Borowicz		9-21:17	30-17:38	88-21:09	31-21:14	43-21:05
Cara Talty	12-18:36					44-21:33
Kim Ruck		5-21:04	50-17:50	128-21:27	33-21:16	25-21:03
Elsye Borisko	11-18:29		112-18:18	143-21:34	39-21:24	
Alyssa Henshaw	14-18:52	20-21:44				
Walker Marion	13-18:37					

DUKE

	NC Central Duals 4k (1-0)	Coastal Carolina Invitational 5k (1 of 8)	Paul Short Invitational 6k (11 of 45)	Penn State Invitational 6k (4 of 29)	ACC Championship 6k (7 of 12)	3 Stripe Red Shirt Open 5k (1 of 2)	Southeast Regional 6k (5 of 35)
Madeline Morgan		2-17:48	27-21:10	7-21:26	11-20:42		6-20:28
Suejin Ahn	5-16:00	1-17:40	20-21:03	8-21:39	28-21:11		24-21:02
Julianna Miller		7-18:21	112-22:23		46-21:44		41-21:27
Colleen Schmidt				39-22:38		1-17:57	52-21:42
Esther Vermeer		3-18:04	60-21:39	14-21:51	22-21:03		55-21:45
Gabby Levac						2-18:02	
Adrienne Soo						3-18:20	
Chloe Maleski						4-18:22	
Ashley Brasovan						6-18:48	
Amanda Truelove				23-22:13	54-22:02		
Lindsey Olivere		6-18:16	124-22:32				
Cydney Ross	1-14:58						
Virginia Hine	2-15:20						
Ashley Berry	4-15:59						
Leslie Morrison	6-16:00						

FLORIDA STATE

	Covered Bridge Invitational 5k (3 of 12)	Auburn Invitational 4k (5 of 13)	Clemson Invitational 6k (2 of 12)	Seminole Invitational 5k (2 of 17)	Notre Dame Invitational 5k (1 of 28)	Pre-Nationals Meet 6k (1 of 37)	ACC Championship 6k (1 of 12)	South Regional 6k (1 of 27)	NCAA Championship 6k (4 of 31)
Hannah Brooks			10-21:17		10-17:16	8-20:48	3-20:16	2-20:34	20-20:19
Amanda Winslow			13-21:28		4-17:06	4-20:44	2-20:12	1-20:33	25-20:25
Violah Lagat			11-21:19		16-17:22	7-20:47	5-20:22	3-20:35	32-20:36
Aubree Worden									54-20:51
Collen Quigley					18-17:24	13-21:03	6-20:32	13-20:55	59-20:53
Kayleigh Iyerman			12-21:25					15-20:57	
Jessica Parry			8-21:16		6-17:11	14-21:03	4-20:20		
Chelsi Woodruff	4-18:41			4-18:00					
Kaitlyn Iselborn	8-18:53			6-18:09					
Linden Hall	12-19:01			9-18:13					
Kailand Cosgrove		7-15:07		15-18:41					
Kara Taylor	52-20:18			16-18:51					
Katherine McKeekin		9-15:13							
Lauren Gelzinis		19-15:37							
Kendall Andrews		42-16:44							
Shelby Salimone		48-17:01							

2011 ACC Cross Country

WOMEN'S RESULTS

GEORGIA TECH

	Georgia Bulldog Invitational 5k (3 of 8)	Clemson Invitational 6k (7 of 12)	Charlotte Invitational 5k (10 of 36)	Crimson Classic 5k (9 of 25)	ACC Championship 6k (11 of 12)	South Regional 6k (17 of 27)
Mary Kowack	27-19:31		40-18:19	61-19:08	58-22:14	71-22:21
Kelly Meyer	30-19:37	49-23:09		63-19:12	65-22:58	96-22:58
Rachel Hammond					63-22:51	107-23:06
Maureen McMeekin				51-18:56		120-23:21
Katie Townsend		42-22:47	67-18:40	40-18:47	74-23:33	124-23:27
Katie Vance		39-22:44	63-18:38	57-19:03	68-23:06	
Megan Breitbart	28-19:33	53-23:29	82-18:52			
Laura Nelson	35-20:06		88-19:01			
Lauren Young		56-23:43				
Diana Pressel	32-19:55					

MARYLAND

	Mount St. Mary's Duals 5k (5-1)	Navy Invitational 6k (6 of 11)	Paul Short Invitational 6k (20 of 45)	Blue & Gold Invitational 6k (1 of 7)	ACC Championship 6k (9 of 12)	Mid-Atlantic Regional 6k (9 of 29)
Julie Fricke			26-21:10	1-22:10	13-20:46	13-22:06
Ashley Cromartie			103-22:14	2-22:41	45-21:42	34-22:58
Myah Hicks	4-18:34	11-22:39	118-22:30		59-22:16	51-23:18
Bridget Nolan		40-23:52	260-23:55	19-25:25		98-24:20
Halsey Sinclair	11-19:19	43-23:55		4-24:09	70-23:09	121-24:46
Anna Roth	3-18:24	12-22:42	141-22:41		71-23:19	
Caitlin Orr				9-24:35		
Michelle Hess	12-19:21	34-23:42				
Julie Sinkovitz	15-19:31					

MIAMI

	FGCU Invitational 5k (1 of 4)	South Florida Invitational 5k (8 of 13)	Mountain Dew Invitational 5k (7 of 19)	Princeton Invitational 6k (9 of 11)	ACC Championship 6k (12 of 12)
Lindsi Arrington	2-18:52	15-18:33	17-18:21	14-22:59	60-22:19
Brooke Dovell	3-19:10	12-18:27	35-19:12	24-23:36	67-23:04
Allison Ludwick	8-19:58	42-19:45	56-19:46	58-25:13	79-24:19
Casey Crist	9-19:58	50-19:54	62-20:00	49-24:52	81-24:20
Jennifer Estime		66-20:38	96-20:55	69-26:18	83-27:02
Ally Finical	7-19:58				

NORTH CAROLINA

	North Carolina Invitational 4k (1 of 3)	Mountain Dew Invitational 5k (2 of 19)	Wisconsin Invitational 6k (14 of 44)	ACC Championship 6k (5 of 12)	3 Stripe Red Shirt Invite 6k (2 of 2)	Southeast Regional 6k (3 of 35)
Kendra Schaaf			8-20:18	1-19:45		1-19:52
Mariana Luena	3-14:39	4-17:51	103-21:19	27-21:10	10-19:36	28-21:06
Lianne Farber	5-15:10	6-17:53	110-21:24	25-21:09	7-18:51	29-21:09
Jacque Taylor	1-14:34	10-18:01	58-21:03	35-21:17	12-19:36	37-21:19
Anne LeHardy		7-17:58	175-21:47	30-21:13	11-19:36	38-21:24
Karley Rempel					5-18:26	
Carter Norbo	2-14:37	8-17:58				
Julie Swaim	6-24:49					

2011 ACC Cross Country

WOMEN'S RESULTS

NC STATE

	Adidas Challenge 5k (1 of 10)	Roy Griak Invitational 6k (15 of 26)	Great American XC Festival 5k (2 of 5)	Wisconsin Invitational 6k (12 of 44)	ACC Championship 6k (13 of 12)	Southeast Regional 6k (2 of 35)	NCAA Championship 6k (23 of 31)
Andie Cozzarelli		40-21:38		34-20:49	8-20:37	7-20:30	43-20:45
Laura Hoer					16-20:50	18-20:56	50-20:49
Joanna Thompson	3-17:19	19-21:14		54-21:01	12-20:44	13-20:40	56-20:52
Erin Mercer		95-22:13		79-21:12	41-21:35	30-21:09	183-22:08
Smantha Norman			10-18:41				186-22:09
Kenyetta Iyevbele	7-17:43			142-21:38	36-21:18	45-21:34	
Tiayonna Blackman	5-17:40	125-22:39		112-21:24			
Allison Hofmann			11-18:52				
Natalie Rich			13-19:23				
Marika Walker			14-19:25				
Amira Chowyuk			21-21:06				
Ryanna Henderson	12-18:02	141-22:57					
Erika Alpeter	10-17:45						

VIRGINIA

	Lou Onesty Open 5k (1 of 6)	Paul Short Invitational 6k (5 of 45)	Panorama Farms Invitational 6k (1 of 9)	ACC Championship 6k (13 of 12)	Cavalier Open 5k (no score)	Southeast Regional 6k (1 of 35)	NCAA Championship 6k (20 of 31)
Morgane Gay		10-20:55				3-20:17	16-20:10
Anna Corrigan	1-18:04	40-21:19	6-21:24	38-21:22		10-20:39	63-20:55
Chelsea Ley	4-18:13		4-21:17	17-20:54		19-20:56	106-21:18
Kathleen Stevens	2-18:13	49-21:26		21-21:00		35-21:19	132-21:31
Katherine Walker		36-21:16	11-21:47	23-21:06			149-21:44
Chelsea France			8-21:35			40-21:26	
Ariel Karabinus					5-18:11		
Laurel McMillan					7-18:50		
Tasia Potasinski					12-19:35		
Venessa Fabrizio					14-19:58		
Jennifer Weatherly					18-20:21		
Barbara Strehler	3-18:13	17-21:01	3-21:17	14-20:37			
Rosemary Barber	5-18:29						

VIRGINIA TECH

	Clemson Invitational 6k (4 of 12)	Charlotte Invitational 5k (1 of 36)	Pre-Nationals Meet 6k (11 of 37)	ACC Championship 6k (8 of 12)	Hokie Open 4.8k (no score)	Southeast Regional 6k (6 of 35)
Madalyn Nuckols		19-17:45	74-22:12	43-21:39		23-21:00
Courtney Dobbs	23-21:50	18-17:45	101-22:33	37-21:19		39-21:23
Sammy Dow	25-21:50			34-21:16		42-21:31
Taylor Crosson	22-21:50	23-17:51		26-21:10		46-21:35
Sarah Rapp	23-21:50	16-17:41	42-21:47	40-21:33		49-21:39
Stephanie Cario					1-18:10	
Lauren Pinkston					2-18:20	
Ginny Jones					4-18:48	
Frances Dowd					6-18:58	
Camille Bouver					7-19:07	
Paige Kvartunas			91-22:26			
Alex Watt	26-21:50	22-17:47	95-22:33			

WAKE FOREST

	Covered Bridge Invitational 5k (2 of 12)	Clemson Invitational 6k (5 of 12)	Charlotte Invitational 5k (3 of 36)	Blue Ridge Open 5k (2 of 10)	ACC Championship 6k (10 of 12)	Southeast Regional 6k (13 of 35)
Nicole Irving	1-18:23	2-20:46	2-16:54	1-17:43	9-20:38	14-20:42
Melanie Powers	7-18:52	15-21:32	25-17:52	6-18:17	56-22:06	47-21:36
Allison Homer	5-18:48		45-18:23	11-18:30	69-23:08	110-22:31
Casey Fowler		50-23:09	56-18:30	40-19:15		121-22:40
Kaitlyn Oliver	45-20:07	51-23:20		31-19:06	64-22:56	130-22:47
Aubrey Waggoner	16-19:20	37-22:33	47-18:23		77-23:49	